

Our Lady of Mount Carmel Catholic Church

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priest

Fr. Lawrence Seyer, **Pastor**

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, **Pastor Emeritus**

Father Maurice O'Mahony, **Pastor Emeritus**

Parish Office

1300 East Valley Road

Santa Barbara, California 93108

Phone 805/969-6868 Fax 805/565-5959

Hours: 9am to 12pm and 1:30pm to 5pm

website: www.mtcarmelsb.com

email: dellastrada1300@gmail.com

Masses

Daily 7:45 AM

Saturday 7:45 AM Vigil Mass - 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12 Noon

Holy Day Mass Vigil Mass - 5:30 PM

7:45 AM— 9:00 AM (School Mass) - 5:30 PM

Confessions: Saturdays 3:30 - 4:15 PM (In Side Chapel)

Baptisms: Sundays (after the 12 Noon Mass)

Religious Education

Sister Rosalie Callen, C.S.J.

srrosalie@mountcarmelschool.net

805/969-4868

Youth Ministry

Sarah Mack - Youth Minister

olmcsb93108@gmail.com

High School Confirmation - 'El Camino'

Middle School Youth Group - 'The 'M&M's' _

Young Adult Ministry - 'MCYA' _

805/574-9941

Weddings

Dori Macias - Wedding Coordinator

olmcweddings@gmail.com

Please call the Parish Office at least six months before the proposed wedding date.

805/969-6868

Our Lady of Mount Carmel School

530 Hot Springs Road - Santa Barbara, 93108

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

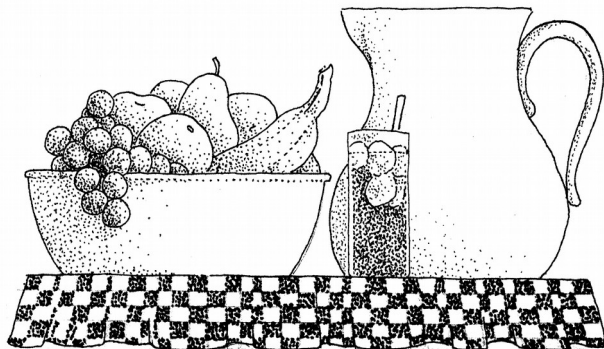
805/969-5965

Secular Order of Carmelites

Evelyn Duimovich

Meets 2nd Sat. of each month

805/969-3858

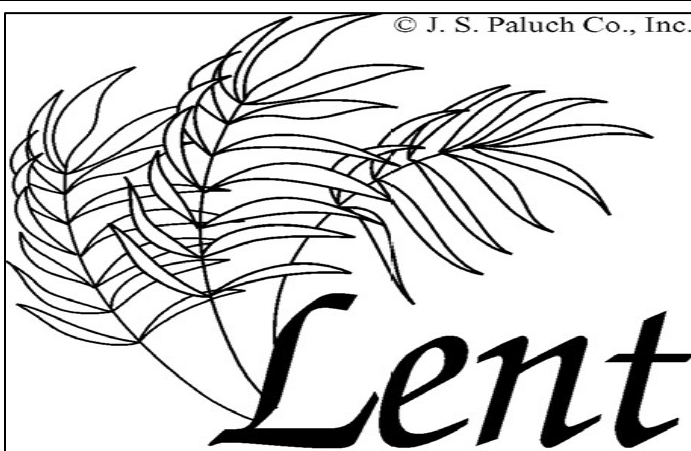


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**Sixth Sunday in Ordinary Time
February 11, 2018**

Whether you eat or drink, or
whatever you do,
do everything for the glory of God.

— 1 Corinthians 10:31



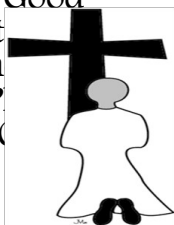
PARISH LENTEN ACTIVITIES

Adoration

After the 5:30 pm Mass on Ash Wednesday and then every Wednesday during Lent.

Stations of the Cross

Every Friday during Lent except Good Friday. Stations start at 6 pm in the Parish Hall, followed by Soup & Supper in the Parish Hall. **Soup makers are needed.** Please contact Sr. Kathleen Patrice at 866-4868 if you can make soup.



Enhanced Stations of the Cross and Soup & Supper

The Parish Council will be leading the Stations of the Cross and preparing a beautiful Cioppino Soup Dinner with wonderful garlic bread. This will be on Friday, March 9th, with Stations at 6:00 pm followed by the soup & supper in the Parish Hall.

Lenten Night of Reflection

The Parish will be hosting a Night of Reflection and Prayer on February 26th at 7pm. More information to follow in upcoming bulletins.



Ashes will be blessed and distributed at the 7:45 am, 9:00 am (our school Mass) and the 5:30 pm Mass on Ash Wednesday, February 14th.

Ash Wednesday and the Fridays in Lent are days of abstinence from meat for everyone who is 14 years or older. Ash Wednesday and Good Friday are also days of fasting for people between the ages of 18 thru 59. They are asked to eat only one full meal and two partial meals on these two days.



Lenten Prayer for Ash Wednesday

God of goodness and mercy,
Hear my prayer as I begin this Lenten journey with you. Let me be honest with myself as I look into my heart and soul, noticing the times I turn away from you. Guide me as I humbly seek to repent and return to your love.

May humility guide my efforts to be reconciled with you and live forever in your abundant grace.

Transform me this Lent, heavenly Father. Give me the strength to commit myself to grow closer to you each day.

Amen



Lent is a favorable season for opening the doors to all those in need and recognizing in them the face of Christ."

~~ Pope Francis

WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community and ministries, please call or stop by our Parish Office. Our office hours are Monday thru Friday, 8:30am - 12 noon and from 1:30pm - 5pm. Our office phone number is 805/969-6868. Or email us at olmcweddings@gmail.com.

And please join us for cappuccino, coffee and donuts in the side courtyard after the 10am Mass every Sunday.



Our Lady of
Mount Carmel

Our Lady of Mount Carmel
be with you always.
be the star that guides you
and never disappears from
your horizon.

May she lead you now, throughout your life,
and at its completion to a safe haven.

Pope John Paul II

Parishioner Registration Form

Name _____
Name _____
Address _____
City _____
Zip _____ Phone (____) _____
email _____
email _____

Check One:

- ☐ New Parishioner ☐ New Address
☐ Would like Offertory Envelopes
☐ Moving out of Parish

Please place the form into the Offertory basket or bring it by the Parish Office.

Welcome

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
World Marriage Day The Marriage Day. World husband and wife as head of unit of society. It salutes the illness, sacrifice and joy in the time today to tell your marriage means to you. Marriage by attending the next Worldwide Marriage Encounter Weekend: Feb 9-11 in Canoga Park or April 27-29 in Simi Valley. For more information contact Ed & Jo Lara at 818/848-6729 or go to www.twocanlove.org.

We help make good marriages better.



Prayer for our Marriage

Heavenly Father, we thank You for your tremendous gift of the Sacrament of Marriage. Enable us to grow in our intimacy with You and with each other. Teach us the beauty of forgiveness so we may become more and more one in heart, mind and body. Strengthen our communication with each other, and help us become living signs of your love. Help us to be examples of commitment, love, and service to our families and children. Make us a sign of the unity which Jesus prays for at the Last Supper. We open ourselves to the guidance of your Holy Spirit, who empowers us to love in Jesus' name and walk in His footsteps. Amen

Sponsored by 



CITATION OF THE ROSARY

Rosary is recited everyday in the Main Church after the 7:45 am Mass.

Everyone is welcome.

Whole Community Faith Sharing

Reflection: Jesus is traveling throughout Galilee teaching and curing. Crowds have heard of his ability to heal and come to him. Being a leper, as we hear in the first reading, is a terrible sentence of suffering and banishment. The leper who seeks out Jesus in this gospel reading is a desperate man hoping for a miracle. Moved with pity, Jesus cures the leper and asks to keep this healing a secret. This does not happen due to great joy.

Question: When I feel especially blessed by God, what do I do about it?

Faith Response: I will share how Jesus has touched my life with someone this week.

10 Activities for Catholic Families to Do During Lent and Holy Week

Attend Mass on Ash Wednesday

Wear your ashes out into the world
as a witness of our faith.

Make at least one of your
meatless Friday meals
together as a family ~

This can be a great testimonial
for younger children as you
remember one of the unique
features of our Faith.

Commit to reading the Bible
(even if it's a Children's
version) every day together as a
family.

On Holy Thursday,
do a foot washing with your
family members.

Attend weekly Stations of the
Cross and Adoration

Make cards of
encouragement to those in
the parish's RCIA program ~

After a lot of study and prayer,
some of them will be received
into the Church at the Easter
Vigil.

Attend Some of the Holy
Week Services/Masses
at the Parish.

Choose a Lenten Sacrifice to Do As a
Family ~ Is there something your family can
sacrifice that might help another family in need?
Consider donating what you might spend

on a meal out to the
food pantry instead?

Ministry Assignments

SATURDAY ~ Feb. 10th

4:30 PM

Lector ~ Martin Bell

Eucharistic Ministers ~ Kathleen Flynn & Jack Stratford

SUNDAY ~ Feb. 11th

8:00 AM

Lector ~ Eloise Srednicki

Eucharistic Ministers ~ Glen & Missy Mueller

10:00 AM

Lector ~ John Kelly

Euch. Ministers ~ Wendy Gragg, Robert Sailors, Mary Press, Carolyn Groth-Marnat, Eustacchio Guadagnini, Frederic Cogburn, Roger & Miny Willmon

12:00 PM

Lector ~ Kathy Wilson

Eucharistic Ministers ~ Rafael & Jessie Victoria

Mass Intentions

SAT. Feb. 10th

7:45 AM Elaine Enick +

4:30 PM Guido Fenu +

SUN. Feb. 11th

8:00 AM Emmett Jones +

10:00 AM For All Our Parishioners

12:00 PM Juan Ortiz +

MON. Feb. 12th

7:45 AM Paul Jarchow +

TUES. Feb. 13th

7:45 AM Guido Fenu +

WED. Feb. 14th

7:45 AM John Rosecrance +

5:30 PM For All Our Parishioners

THURS. Feb. 15th

7:45 AM Int. of Oliver O'Donnell

FRI. Feb. 16th

7:45 AM Dr. Jerry Kay +

SAT. Feb. 17th

7:45 AM Edward & Eloise Mueller +

4:30 PM Gino & Rosetta Guadagnini +

SUN. Feb. 18th

8:00 AM Karine Degli-Eposti +

10:00 AM For All Our Parishioners

12:00 PM Jim Murphy +

Blessed are they who
hope in the Lord.

You Are Supported in Your Time of Loss

The Parish Staff & Clergy of Our Lady of Mount Carmel Parish want you to know that we are here to serve you at the time you might suffer the loss of a loved one.

Please contact the Parish Office immediately upon the death of a family member so that we can begin to pray for you, your loved one, and make us aware of your needs in the coming days.

Please Pray For The Sick Of Our Parish

Tyler Hester, Marilyn Schuermann, Robert Munoz, Roger Cass, Richard Steiler, Cliff Purcell, Mark Morehart, Sergio Gonzales Beltran, Alicia Bolonis, Jane Burkemper, Theresa Rohter and Kim Cantin.

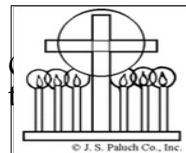
***Do you know of someone who is no longer in need of being on our list?** Wish to add **immediate** family? Does someone need to be visited? Please call our Parish Office at 805/969-6868.*

CATHOLIC CHARITIES FOOD PANTRY



Catholic Charities Food Pantry continues to be in need. We always remember those who may be in need between jobs and those whose income is a basic need. **Your continued support is appreciated.** Food and clothing donations are accepted and placed off in the baskets in the back of the Church, in the Side Chapel or at the Rectory Office. **Thank you for your generosity!**

"Whatever you do for one of my brothers, you do for me." Matthew 25:39



SHRINE CANDLES

Candles are purchased during the weekday in the Shrine. The donation is \$4. Thank you.

Parish Giving
Week of Jan. 21st & 28th
Envelope & Plate \$3415



May God bless you for your commitment and continued support of our Parish community.



Our Parish, we strive to offer our young adults a place to "Belong, Believe, Become."



FAITH FORMATION PROGRAM
Protecting children in an engaging, loving, and learning environment.

"El Camino"



High School Confirmation Group

We explore our faith & journey to the Rite of Confirmation through topical discussion, music, debate, multimedia & art. Meets two Sundays a month, from 11am to 12:30pm.

Session/ Program Information

◇ Feb. 11th Rite of Acceptance & Election

◇ March 4th Vocations session with Fr. Lawrence

"Sanctus" High School CORE Team

◇ Feb. 2nd—4th (To be rescheduled)
Leaders at Winter Camp @ Lake Hughes

"M & M's"



Middle School Youth Group

Open to all 6th ~ 8th graders from All
Meets on Wednesdays, once per month, from 6:30 ~ 8pm.

Events

◇ March 7th Study Break

What do you stand for? Faith & Courage
For more info, please text/call/email Sarah Mack - Youth Minister

◇ April 11th 805.574.9941

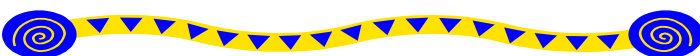
Memo Girls/Boys @ Gossip & Friendship

Safeguard Our Children

Did You Know?

Commit to Building Family Values and Protecting Vulnerable Children

Children are exposed to many words, expressions, actions, and beliefs through their experiences. This is how they learn to become adults, and learn how to live in the world around them. Children turn to their parents for guidance. Strong family values modeled at home help children sustain their faith and teach them to live as children of God. Recommit to your families - listen to your children, model good behavior and virtue, and raise them in faith. Pray to Mary for help, and ask for guidance in raising your children as she did. Visit a copy of the complete VIRTUS® article "Model Counsel Protect the Vulnerable" at www.archla.org/protecting.



Online Giving

Sign up today at
www.mtcarmesb.com

How great is God's love for us!
Your generous giving shows your love for God and God's Church.

Scripture By Heart February 'LOVE'

Love does no harm to its neighbor.

- Romans 13:10a

School News

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Next Monthly School Tour

THIS Tuesday • February 13th

If you know a family seeking a Catholic education for their children, this is a great opportunity to get to know our school and meet the principal. Contact the school office to reserve your spot! (805) 969-5965.

Be sure to check out our newly redesigned website to learn more about our school —

www.mountcarmelschool.net

Follow us on Facebook to see regular updates from our school community!

Community Faith Academics

Academic excellence taught in the Catholic tradition since 1944. Proud to provide a well-rounded education that includes technology, fine arts, physical education and foreign language.



JOIN US FOR A TOUR THE 2ND
TUESDAY OF EACH MONTH AND
LEARN ABOUT THE
GREAT THINGS HAPPENING AT

**OUR LADY OF
MOUNT CARMEL SCHOOL**

Reserve your spot today! (805) 969-5965

MOUNTCARMELSCHOOL.NET @MOUNTCARMELSCHOOLSFB

TODAY'S READINGS

First Reading — The leper will dwell apart, making an abode outside the camp (Leviticus 13:1-2, 44-46).

Psalm — I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation (Psalm 32).

Second Reading — Do everything for the glory of God (**1 Corinthians 10:31 — 11:1**).

Gospel — The leprosy left him immediately, and he was made clean (Mark 1:40-45).

SAINTS AND SPECIAL OBSERVANCES

Sunday: World Marriage Day
Monday: Lincoln's Birthday
Tuesday: Mardi Gras; Shrove Tuesday
Weds:
Ash Wednesday ~ Fast & Abstinence
Valentine's Day
Friday: Abstinence

Chinese New Year 4716

TREASURES FROM OUR TRADITION

Today's Gospel centers on the plight of a leper and Jesus' response of healing. In Hawaii, the bacterium that causes leprosy probably entered from China in the mid-1800s, and the native islanders were susceptible to the dreaded disease. In 1866, the government literally dumped the sufferers on a remote and virtually inaccessible island peninsula with towering cliffs. Thrown off ships into the sea, the sick people were told to swim for the beach and head for caves, and for seven years the only supplies were similarly cast into the sea to drift ashore. It was then, 1873, that a thirty-three-year-old Belgian priest, Damien de Veuster, went voluntarily to Kalaupapa. Before long, he cajoled the government into funding his mission and its hospital, built a village with proper homes and sanitation, and recruited Mother Marianne Cope to bring sisters from Syracuse, New York, to nurse the sick. Damien, who eventually died of leprosy, has been canonized, and Mother Marianne as well.

Although leprosy has been curable since the 1940s, today a few patients remain in their lifelong home, now a national historic site. The peninsula is still utterly isolated from the outside world, and the speed limit for the few cars there is 5 mph since there's nowhere to go! The hospital is still well-staffed and equipped, but access is regulated and visitors must take an official tour, often involving a descent down the cliffs by "Molakai mule." There are few places on earth that evoke the healing power of Jesus, or our call to follow the Healer, more than Damien's beloved island mission.

— Rev. James Field, Copyright © J. S. Paluch Co.

Create a pure heart for me O God;
renew a steadfast spirit within me.

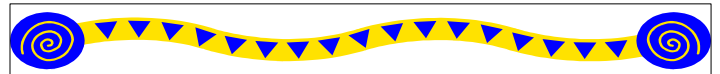
Scapular of Our Lady of Mt. Carmel

There is a tradition—which may not be historical—that Mary appeared to Saint Simon Stock, a leader of the Carmelites, and gave him a scapular, telling him to promote devotion to it. The scapular is a modified version of Mary's own garment. It symbolizes her special protection and calls the wearers to consecrate themselves to her in a special way. The scapular reminds us of the gospel's call to prayer and penance—a call that Mary models in a splendid way.

Hope for Troubled Marriages

Retrouvaille (REH-tro-v-eye) is a peer marriage ministry program that has helped thousands of married couples who are experiencing disillusion or misery in their marriage, even separated or divorced, rediscover a loving marriage relationship. The program begins with a weekend stay followed by a series of post-weekend sessions.

For information, including cost, or to register for the next Los Angeles program beginning with a weekend on December 8-10, please call 909-900-5465 or 6006@retrouvaille.org. For more information, visit HelpOurMarriage.com.



Religious Education Sessions

Every Sunday • 8:40am to 9:50am

