

Our Lady of Mount Carmel Catholic Church

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priest

Fr. Lawrence Seyer, **Pastor**

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, **Pastor Emeritus**

Father Maurice O'Mahony, **Pastor Emeritus**

Parish Office

1300 East Valley Road

Santa Barbara, California 93108

Phone 805/969-6868 **Fax** 805/565-5959

Hours: 9am to 12pm and 1:30pm to 5pm

website: www.mtcarmelsb.com

email: dellastrada1300@gmail.com

Masses

Daily 7:45 AM

Saturday 7:45 AM Vigil Mass - 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12 Noon

Holy Day Mass Vigil Mass - 5:30 PM

7:45 AM— 9:00 AM (School Mass) - 5:30 PM

Confessions: Saturdays 3:30 - 4:15 PM (*In Side Chapel*)

Baptisms: Sundays (after the 12 Noon Mass)

Religious Education

805/969-4868

Sister Rosalie Callen, C.S.J.

srrosalie@mountcarmelschool.net

Youth Ministry

805/574-9941

Sarah Mack - Youth Minister

olmcsb93108@gmail.com

High School Confirmation - 'El Camino'

Middle School Youth Group - 'The 'M&M's' _

Young Adult Ministry - 'MCYA' _

Weddings

805/969-6868

Dori Macias - Wedding Coordinator

olmcweddings@gmail.com

Please call the Parish Office at least six months before the proposed wedding date.

Our Lady of Mount Carmel School

805/969-5965

530 Hot Springs Road - Santa Barbara, 93108

Principal - Tracie Simolon

Pre-K thru 8th Grade

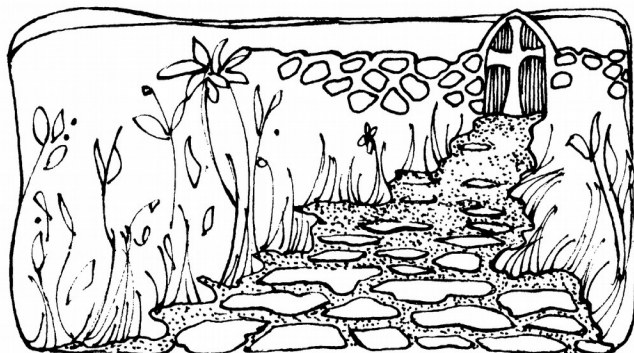
www.mountcarmelschool.net

Secular Order of Carmelites

805/969-3858

Evelyn Duimovich

Meets 2nd Sat. of each month

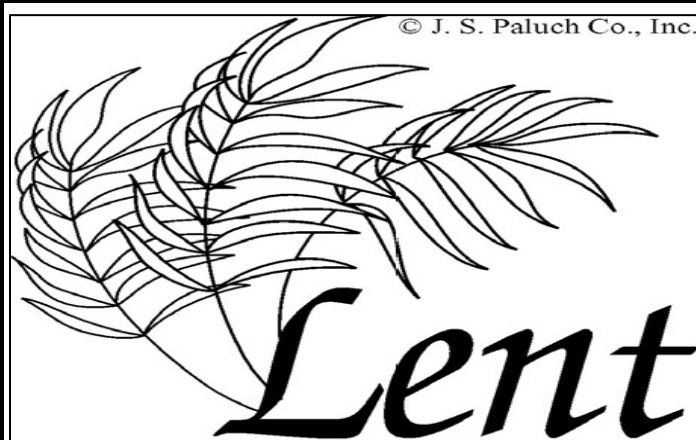


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First Sunday of Lent
February 18, 2018

Your ways, O LORD, make
known to me;
teach me your paths.

— *Psalms* 25:4



PARISH LENTEN ACTIVITIES

Adoration

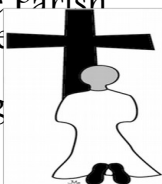
"The Eucharist is connected with the Passion...To make sure that we do not forget, Jesus gave us the Eucharist as a memorial of his love...When you look at the Crucifix, you understand how much Jesus loved you then, when you look at the Sacred Host, you understand how much Jesus loves you now." ~ **Mother Teresa**

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants to see you!*

Adoration will be held every Wednesday during Lent, from 5pm to 8pm in the Main Church. Come spend time with our Lord.

Stations of the Cross

Every Friday during Lent except Good Friday. Stations start at 6pm in the Chapel followed by Soup & Supper in the Parish Hall. **Soup makers are needed.** Please contact Sr. Kathleen Patrice at 804-4868 if you can make soup or sign the sheets on the tables by all the doors.



Pastoral Council Pancake Breakfast

The Parish Council invites you to gather together after Mass next weekend to share fellowship, stories and thoughts about the recent fire and flood. We are only asking for donations to aid in ministries associated with helping those in need.

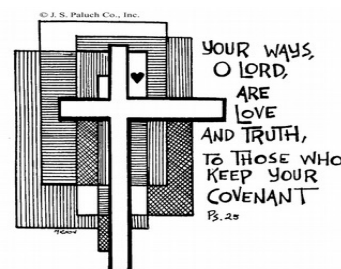
Come enjoy some pancakes, sausage links, OJ and coffee. Breakfast will be served after the 8am and 10am Masses.

Lenten Night of Reflection

The Parish will be hosting a Night of Reflection and Prayer on Monday, February 26th at 7pm. More information to follow in upcoming bulletins.

Enhanced Stations of the Cross and Soup & Supper

The Parish Council will be leading the Stations of the Cross and preparing a beautiful Cioppino Soup Dinner with wonderful garlic bread. This will be on Friday, March 9th, with Stations at 6:00 pm followed by the soup & supper in the Parish Hall.



... are days of abstinence for everyone who is 14 years or older. Every day is also days of fasting for the ages of 18 thru 59. On these days, you are to eat only one full meal and two snacks on these two days.

"Once again, the Pasch of the Lord draws near! In our preparation for Easter, God in His providence offers us each year the season of Lent as a "sacramental sign of our conversion". [1] Lent summons us, and enables us, to come back to the Lord wholeheartedly and in every aspect of our life." — Pope Francis

[1] Roman Missal, Collect for the First Sunday of Lent (Italian).

WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, **we are blessed that you are here to worship with us and we welcome you!**

Our Pastor Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community and ministries, please call or stop by our Parish Office. Our office hours are Monday thru Friday, 8:30am - 12 noon and from 1:30pm - 5pm. Our office phone number is 805/969-6868. Or email us at olmcweddings@gmail.com.

And please join us for cappuccino, coffee and donuts in the side courtyard after the 10am Mass every Sunday.



Our Lady of Mount Carmel
be with you always.
be the star that guides you
and never disappears from
your horizon.

May she lead you now, throughout your life,
and at its completion to a safe haven.

Pope John Paul II

Parishioner Registration Form

Name _____
Name _____
Address _____
City _____
Zip _____ Phone (____) _____
email _____
email _____

Check One:

- ☐ New Parishioner ☐ New Address
☐ Would like Offertory Envelopes
☐ Moving out of Parish

Please place the form into the Offertory basket or bring it by the Parish Office.

Welcome

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WELCOMING OF CATECHUMENS AND CANDIDATES

Our Lady of Mount Carmel Parish was blessed last Sunday with the celebration of the Rite of Acceptance of three Catechumens, Angela de Bruyn, Leslie Managan and Haleh Sailors, who are preparing for the Sacraments of Initiation - Baptism, Confirmation and Holy Eucharist at the Easter Vigil, and the Rite of Welcoming of Rachelle Gahan, as a Candidate for Reception into the Catholic Church in the Easter season. Rachelle was baptized in another Christian Church and seeks to join our Catholic Community and celebrate the Sacraments of Confirmation and Holy Eucharist.

They began walking with us on a journey of faith last fall, answering the call of Jesus to "Come and See". These days of Lent will be an intense spiritual journey for them and for all as we walk with Jesus in Lent to the Easter celebrations.

Whole Community Faith Sharing

Reflection: The season of Lent is upon us. The gospel mentions Jesus out in the desert for 40 days with wild beasts, angels and the temptations of Satan. It is time to repent and change whatever is holding us back from truly being a child of God. Jesus is calling us to a new beginning. He is waiting for our response.

Question: In what ways do I want to make Lent a new beginning in my life as a Christian. What will I do to accomplish these goals?

Faith Response: I will make a list of Christian goals to accomplish during this season of Lent and review my progress daily.



CITATION OF THE ROSARY

Rosary is recited everyday in the Main Church after the 7:45 am Mass.

Everyone is welcome.

Flu and Cold Season are Here....

Your health is a great blessing from God and requires our care and attention. Please follow the advice of doctors in caring for yourself and your family. If you or your family have the flu, it's best to stay home and care for the person. In this situation, you can excuse yourself from Mass on Sunday.

If you come to Mass and have a cold or possibly the flu, we ask you not to drink from the Sacred Cup at Communion time. At the Sign of Peace, do not shake hands, but let the other person know that you are not feeling well and wish them peace and God's blessings. These simple common sense suggestions will safeguard your health, as well as the health of other parishioners.

Ministry Assignments

SATURDAY ~ Feb. 17th

4:30 PM

Lector ~ Barbara Randall

Eucharistic Ministers ~ Eustacchio Guadagnini & Jack Stratford

SUNDAY ~ Feb. 18th

8:00 AM

Lector ~ Peter Da Ros

Eucharistic Ministers ~ Shirley Carroll & Jack Casey

10:00 AM

Lector ~ Don Gragg

Euch. Ministers ~ Wendy Gragg, Michelle Kelly, Carol Webb, Bob Nunez, Alvin & Rina Bentajado, Mark & Tina Lorge

12:00 PM

Lector ~ Stephanie Kwock

Eucharistic Ministers ~ MB Tynan & Gloria Tejada

Mass Intentions

SAT. Feb. 17th

7:45 AM Edward & Eloise Mueller +

4:30 PM Gino & Rosetta Guadagnini +

SUN. Feb. 18th

8:00 AM Karine Degli-Eposti +

10:00 AM For All Our Parishioners

12:00 PM Jim Murphy +

MON. Feb. 19th

7:45 AM Int. of Molly Rosercance

TUES. Feb. 20th

7:45 AM Jean Graffy +

WED. Feb. 21st

7:45 AM Ritz Brunello +

THURS. Feb. 22nd

7:45 AM Scotty Hester +

FRI. Feb. 23rd

7:45 AM John Rosecance +

SAT. Feb. 24th

7:45 AM Julia Christy +

4:30 PM Rosie Peeler +

SUN. Feb. 25th

8:00 AM For All Our Parishioners

10:00 AM Alex Saucedo +

12:00 PM Robert 'Bob' Doering +

Gladden the soul of your servant,
for to you, O Lord,
I lift up my soul.

You Are Supported in Your Time of Loss

The Parish Staff & Clergy of Our Lady of Mount Carmel Parish want you to know that we are here to serve you at the time you might suffer the loss of a loved one.

Please contact the Parish Office immediately upon the death of a family member so that we can begin to pray for you, your loved one, and make us aware of your needs in the coming days.

CATHOLIC CHARITIES FOOD PANTRY



Catholic Charities Food Pantry continues to be in need. Please always remember those who may be in need between jobs and those whose income is a basic need. **Your continued support is appreciated.** Food and clothing donations are accepted and placed off in the baskets in the back of the Church, in the Side Chapel or at the Rectory Office. **Thank you for your generosity!**

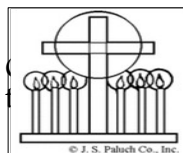
"Whatever you do for one of my brothers, you do for me." Matthew 25:39



Please Pray For The Sick Of Our Parish

Tyler Hester, Marilyn Schuermann, Robert Munoz, Roger Cass, Richard Steiler, Cliff Purcell, Mark Morehart, Sergio Gonzales Beltran, Alicia Bolonis, Jane Burkemper, Theresa Rohter and Kim Cantin.

Do you know of someone who is no longer in need of being on our list? Wish to add ***immediate*** family? Does someone need to be visited? Please call our Parish Office at 805/969-6868.



SHRINE CANDLES

are purchased during the weekday in the parish office. The donation is \$4. Thank you.

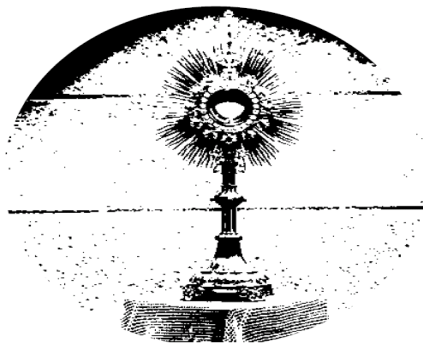
Parish Giving Week of Feb. 3rd & 4th

Envelope & Plate \$1354



May God bless you for your commitment and continued support of our Parish community.

*Santa Barbara Regional
Young Adult Ministry*



Young Adults` ages 18-39 are welcome
to join us for an evening of
Eucharistic Adoration and Confession

Date: Tuesday, February 27th

Time: 7-8:30pm

Where: St. Mark's University Parish
6550 Picasso Road, Isla Vista

Refreshments will be served

Any questions, contact Alex Turcios aturcios@saintbarbaraparish.org or
Sarah Mack at olmcbsb93108@gmail.com

Sunday Gospel Activity for Children
1st Sunday of Lent ~ Mark 1:12-15

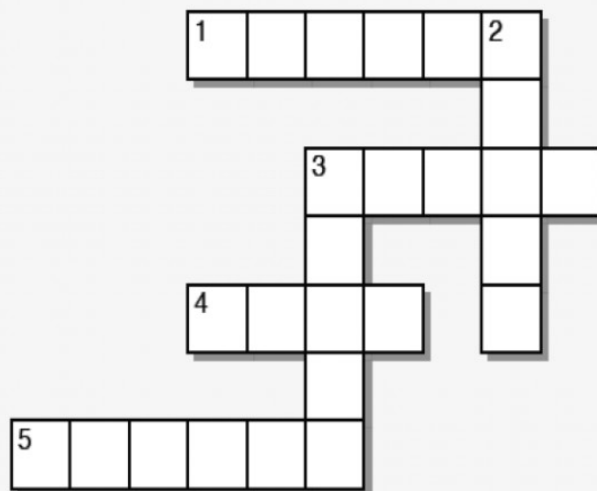
Across

1. God sent _____ to minister to Jesus.
3. Jesus was in the desert for _____ days.
4. Today's Gospel is from _____.
5. The place where Jesus went.

Down

2. The person who tempted Jesus.
3. Today is the _____ of Lent.

From CatholicMom.com ©





Our Parish, we strive to offer our young adults a place to "Belong, Believe, Become."



FAITH FORMATION PROGRAM

Providing children in an engaging, loving, and learning environment.

"El Camino"



High School Confirmation Group

We explore our faith & journey to the Rite of Confirmation through topical discussion, music, debate, multimedia & art. Meets two Sundays a month, from 11am to 12:30pm.

Session/ Program Information

- ◇ March 4th Vocations session with Fr. Lawrence
- ◇ March 11th Regular Session

"Sanctus" High School CORE Team

- ◇ March 23rd-25th Peer Leaders for Annual LA Urban Plunge

"M & M's"



Middle School Youth Group

Open to all 6th ~ 8th graders from All
Meets on Wednesdays, once per month, from 6:30 ~ 8pm.

Events

- ◇ March 7th Study Break

What do you stand for? Faith & Courage
For more info, please text/call/email Sarah Mack - Youth Minister

- ◇ April 11th 805-574-9944

Memo Girls/Boys @ Gossip & Friendship



Online Giving

Sign up today at
www.mtcarmesb.com

How great is God's love for us!
Your generous giving shows your love for God and God's Church.



Religious Education classes **next Sunday**, February 25th, from 8:40 am to 9:50 am. We welcome all your children! Please contact Sister Rosalie at srrosalie@mountcarmelschool.net or 805/969-4868 if you have any questions.

Safeguard Our Children

Did You Know?

Ask Kids Open-Ended Questions

Communication is key for making sure you are up to date with your kids' lives, especially as they grow older and you can't be with them every step of the way. One way to keep communication strong is to ask your kids open-ended questions. Kids may not spontaneously tell you things that would be important for you to know, so you have to consider how to phrase questions that draw them in and allow them to share their thoughts and experiences. When you do ask open-ended questions, you are patient in waiting for the answer. Visit a copy of the complete VIRTUS® article visit <http://www.la-archdiocese.org/org/protecting/Pages/Current-Online-Articles.aspx>.



Scripture By Heart February 'LOVE'

Your ways, O Lord, are love
and truth to those who keep
your covenant. -Psalm 25:10

School News

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Academics

From the desk of our Principal.....

Dear Parents and OLMC Parishioners,

Our focus during our time after the mudslides was to get back to basics, focusing our attention on our core curriculum of English language arts, math, and religion. After completing the Math portion of the STAR test today, I am pleased to share that, in spite of the challenges of the last weeks, our students still showed growth! An important measure that we look at with each testing window is the Student Growth Percentile. This growth measure compares students with other like performing students for their achievement range. An SGP of 50% is considered average growth for an achievement group. Our classes were all above 60% with our 8th graders showing an SGP average of 82%! Our teachers have worked hard on the fundamentals the last few weeks. Be sure to thank them!

Mrs. Simolon

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KINDERGARTEN ENROLLMENT

Applications for Kindergarten are now being accepted and are available in the school office for new prospective students. If you have a child entering kindergarten next year and not currently enrolled in our preschool program, please be sure to complete & return an application right away.

PRE-KINDERGARTEN ENROLLMENT

Our Preschool Director, Mrs. Valerio, is available to share information about our program and answer any questions you may have. Application packets are available in the school office.

Preschoolers must be 3 years of age and potty-trained by September 1st. Return completed applications including preschool enrollment forms to the school office.

NEXT SCHOOL TOUR

Tuesday — March 13th @ 9am

TODAY'S READINGS

First Reading — God's covenant with Noah when he was delivered from the flood (Genesis 9:8-15).

Psalm — Your ways, O Lord, are love and truth to those who keep your covenant (Psalm 25).

Second Reading — The water of the flood prefigured baptism, which saves you now (1 Peter 3:18-22).

Gospel — This is the time of fulfillment. The kingdom of God is at hand (Mark 1:12-15).

SAINTS AND SPECIAL OBSERVANCES

Sunday: Rite of Election; Rite of Calling the Candidates to Continuing Conversion; Rite of Sending

Monday: Presidents' Day; Julian Calendar Lent

Weds: St. Peter Damian

Thursday: Chair of St. Peter the Apostle

Washington's Birthday

Friday: St. Polycarp; Abstinence

TREASURES FROM OUR TRADITION

The Holy Father usually marks the solemn opening of the Lenten fast with a procession and Mass on Ash Wednesday evening. He walks from the Benedictine monastery, San Anselmo, down the Aventine hill to the Dominican monastery of Santa Sabina. This very old tradition was revived by Pope John XXIII in the late 1950s. Have you ever wondered who gives the pope his ashes? It's the cardinal who has been given the "title" of the church of Santa Sabina. The pope's homily at this Mass states his theme for Lent.

Santa Sabina dates from the fifth century, and is one of the most beautiful churches in Rome. One of the panels on its main doors features the Crucifixion, a scene not normally depicted in art until much later. In the year 1219 the pope gave the church to Saint Dominic for his new religious order, the "Order of Preachers," commonly called the Dominicans, and it remains their world headquarters to this day. That pope, Honorius III, was a member of the Savelli family, and this church was their personal family chapel. Sabina was a wealthy Roman lady who became a Christian and was martyred, and whose home became a place of prayer. Later, the church built on that spot was dedicated to her memory.

— Rev. James Field,

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Only goodness and kindness follow me
all the days of my life.

Community Faith Academics

Academic excellence taught in the Catholic tradition since 1944. Proud to provide a well-rounded education that includes technology, fine arts, physical education and foreign language.



JOIN US FOR A TOUR THE 2ND TUESDAY OF EACH MONTH AND LEARN ABOUT THE GREAT THINGS HAPPENING AT
OUR LADY OF MOUNT CARMEL SCHOOL

Reserve your spot today! (805) 969-5965

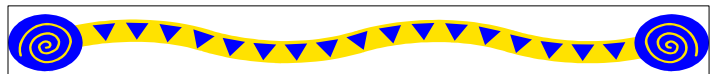
MOUNTCARMELSCHOOL.NET  @MOUNTCARMELSCHOOLS

For information, including cost, or to register for the next Los Angeles program beginning with a weekend on December 8-10, please call 909-900-XXXX.



Scapular of Our Lady of Mt. Carmel

There is a tradition—which may not be historical—that Mary appeared to Saint Simon Stock, a leader of the Carmelites, and gave him a scapular, telling him to promote devotion to it. The scapular is a modified version of Mary's own garment. It symbolizes her special protection and calls the wearers to consecrate themselves to her in a special way. The scapular reminds us of the gospel's call to prayer and penance—a call that Mary models in a splendid way.



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ousands of
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ated or
ge relationship.
stay followed

Religious Education Sessions

Every Sunday • 8:40am to 9:50am

Fridays in Lent are days from meat for everyone volder. Good Friday is also people between the ages of They are asked to eat only two partial meals on these

