



# Our Lady of Mount Carmel Catholic Church

## FIRST SUNDAY OF ADVENT HOPE November 29, 2020

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

### Priest

Fr. Lawrence Seyer, **Pastor**  
lseyer@mtcarmelsb.com  
Monsignor Stephen Downes, **Pastor Emeritus**  
Father Maurice O'Mahony, **Pastor Emeritus**

### Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108  
website: www.mtcarmelsb.com  
Phone 805/969-6868  
email: info@mtcarmelsb.com  
Office is currently closed to the public due to Covid-19.

### Masses

Daily 7:45 AM (inside the church)  
Saturday 7:45 AM Vigil Mass - 4:30 PM \*\*\*  
(both Masses are inside church)  
Sunday 8:00 AM - (inside church) \*\*\*  
10:00 AM - (outside church)

\*\*\*Reservations required for the 4:30pm & 8am Mass)

### Holy Day Mass (Traditional schedule)

Vigil Mass - 5:30 PM  
7:45 AM — 5:30 PM

### Devotionals

First Friday— 9am to 11 am (inside church)  
Wednesdays— Adoration of the Blessed Sacrament  
3:30 to 6:00 PM (inside church)

Confessions: Saturdays 3:30 - 4:15 PM/by appointment  
(at the school lunch benches)

Baptisms: Call parish office for an appointment

### Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J.  
rcallen@mtcarmelsb.com

### Youth Ministry

805/574-9941

Sarah Mack  
sarahm@mtcarmelsb.com  
High School Confirmation - 'El Camino'  
Middle School Youth Group - 'The M&M's'  
Young Adult Ministry - 'MCYA'

### Weddings

805/969-6868

Dori Macias - Wedding Coordinator  
weddings@mtcarmelsb.com  
Please contact the Parish Office at least six months  
before the proposed wedding date.

### Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon  
Pre-K thru 8th Grade  
530 Hot Springs Road - Santa Barbara, 93108  
www.mountcarmelschool.net

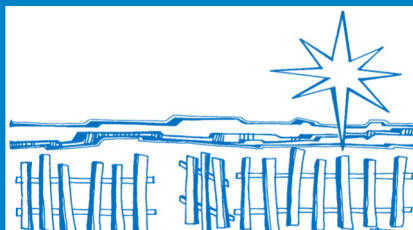
### Secular Order of Carmelites

Merri Berwick 805/448-3587  
Evelyn Duimovich 805/969-3858

### Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan  
kpatrice@mtcarmelsb.com



Be watchful! Be alert!  
You do not know when  
the time will come.  
— Mark 13:33

## WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

Due to the current public health emergency, our parish office is closed. We are here still here to assist you by phone, 805/969-6868 or email at [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com).



Our Lady of  
Mount Carmel

Let us pray that the measures of caution being asked of all of us keep us from harm and that our prayers help those affected by this devastating virus.

**Our Lady of Mt. Carmel, pray for us!**

### Online Giving

Sign up today at  
[www.mtcarmesb.com](http://www.mtcarmesb.com)

How great is God's love for us!  
Your generous giving shows your love for  
God and God's Church.

### Parishioner Registration Form

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_

email \_\_\_\_\_

Check One:

☐ New Parishioner ☐ New Address

☐ Would like Offertory Envelopes

☐ Moving out of Parish

Please place the form into the Offertory basket or bring it by the Parish Office.

**Thank You!**

## Whole Community Faith Sharing

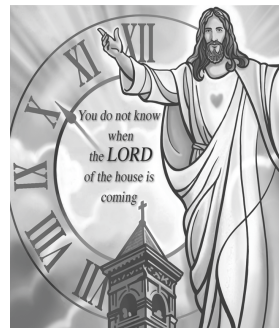
Mark 13: 33-37

### Reflection:

Jesus says to his disciples:

“Be watchful! Be alert!

You do not know when the time will come. God sent his only Son as our deliverer long ago; we live now in active hope of his return as we renew in this season our desire to live to the full commands of the covenant he has made with his people.



### Faith Question:

How am I preparing to meet Christ when he comes again? Does the way I am spending time reflect the priority of Christ in my life?

### Faith Response:

This week I will do one thing to help me remember that Jesus is coming again.

## Safeguard Our Children Did You Know?



**The devastating effects of verbal abuse.**

A study by Florida State University found that children who were verbally abused are more likely to experience depression and anxiety. They are also twice as likely to suffer with mood and anxiety disorders throughout their lifetime. Children who suffer such abuse can go on to repeat the same parenting styles they experienced thereby continuing the cycle of abuse. Pay attention to the language you and others use with your children. Breaking the chain of negative behaviors starts with positive, healthy parent-child relationships. For a copy of the VIRTUS article “The Devastating Effects of Verbal Abuse,” visit <https://lacatholics.org/did-you-know/>.

## **Parish Services**

# **All are being held outside.**

- Daily Mass - 7:45am  
(church side courtyard)
- Adoration (Wednesdays) – 3:30 to 6pm  
(school lunch benches)
- Confession (Saturdays) – 3:30 to 4:15pm  
(school lunch benches)
- Mass on the Grass (Sundays) – 8 & 10am  
(Bring your lawn chair or blanket)
- Communion (Sundays) – 11:10 to 11:30am  
(church parking lot, near parish office)
- **Reservations are recommended for Sunday Masses –  
info@mtcarmelsb.com.**
- **RSVP by 12 noon Friday.**
- **Masks and social distancing required for all services.**  
**Thank you for your cooperation.**

May Our Lady of Mt. Carmel be with you always.

May she be the star that guides you and never disappears from your horizon.

May she lead you now, throughout your life, and at its completion to safe haven.



## RITE OF CHRISTIAN INITIATION FOR ADULTS

**Our sessions have begun; you can still join us.  
We are meeting from 7pm to 8:30pm.**

- **Are you considering becoming Catholic?**
- **Do you know someone who is interested in learning about our Catholic faith?**
- **Are you a Catholic interested in becoming Confirmed or receiving First Holy Communion?**

**We still look forward to having you be part of our parish RCIA ministry.  
For more information, please email us your contact information  
(name, address and phone number), in addition to the Sacrament you need,  
to [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com).**



**1st CANDLE – (purple) THE PROPHECY CANDLE or CANDLE OF HOPE** – We can have hope because God is faithful and will keep the promises made to us. Our hope comes from God. (Romans 15:12-13)

**2nd CANDLE – (purple) THE BETHLEHEM CANDLE or THE CANDLE OF PREPARATION** – God kept his promise of a Savior who would be born in Bethlehem. Preparation means to "get ready". Help us to be ready to welcome YOU, O GOD! (Luke 3:4-6)

**3rd CANDLE – (pink) THE SHEPHERD CANDLE or THE CANDLE OF JOY** – The angels sang a message of JOY! (Luke 2:7-15)

**4th CANDLE – (purple) THE ANGEL CANDLE or THE CANDLE OF LOVE** – The angels announced the good news of a Savior. God sent his only Son to earth to save us, because he loves us! (John 3:16-17)

**5th CANDLE – (white) "CHRIST CANDLE"** – The white candle reminds us that Jesus is the spotless lamb of God, sent to wash away our sins! His birth was for his death, his death was for our birth! (John 1:29)

### The Advent Wreath Ceremony

The ceremony is simple. It starts at the evening meal on the Saturday before the first Sunday in Advent with the blessing of the wreath.

(The head of the household is the one designated to say the prayers following which various members of his family light the candles. If the group is not a family then a leader may be selected to say the prayers and others appointed to light the candles.)

### For blessing the wreath

*Father:* O God, by whose word all things are sanctified, pour forth thy blessing upon this wreath, and grant that we who use it may prepare our hearts for the coming of Christ and may receive from Thee abundant graces. Through Christ our Lord. Amen.

### The First Week

*Father:* O Lord, stir up Thy might, we beg Thee, and come that by Thy protection we may deserve to be rescued from the threatening dangers of our sins and saved by Thy deliverance. Through Christ our Lord. Amen.

Each night the first purple candle is lighted by the youngest child of the household and is left burning during the meal.





Our Lady of  
**Mount Carmel**  
School

## From our Principal's Desk...

This weekend begins the season of Advent. The word Advent comes from the Latin word *adventus* meaning "coming." It can sometimes be difficult in our secular world to remember that we are preparing for the coming of Christ during this holiday season. Each year at school, we say special prayers and light candles on our Advent wreath during morning assembly. At home I encourage you to set up your own Advent wreath. You can talk with your children about how during the season of winter with increasing hours of darkness, we light one more candle each week, increasing our light and anticipation of Christ's birth.

As you put up your Christmas decorations and lay out your nativity scene, use it as an opportunity to talk about ways to prepare for the birth of Jesus. Think of how the shepherds and Magi must have felt as they made their way to see the newborn King. As we continue our Advent journey, let us bring excitement and growing anticipation to our preparations for Christmas.

Have a great week!

Mrs. Simolon  
Principal  
[www.mountcarmelschool.net](http://www.mountcarmelschool.net)  
(805) 969-5965

OLMC M&M'S MIDDLE SCHOOL YOUTH GROUP

# M&M'S ADVENT WORSHIP SERVICE

Worship, Advent Wreath and "White Elephant"

FRIDAY DECEMBER 4TH  
6:15-7:15 PM  
COVID AWARE AND OUTSIDE ON THE BENCHES  
BRING A FACE COVERING, WEAR VERY WARM CLOTHES AND BRING YOUR WRAPPED, WHITE ELEPHANT GIFT.

PLEASE RSVP BY 12/2 BY TEXTING SARAH JAYNE MACK AT 805-574-9941

## El Camino High School Confirmation

### Advent Session and Worship Services

Sunday 12/6 11:30am — 12:30pm

Sunday 12/13 11:30am — 12:30pm

### CORE High School Leadership

Sunday 12/6 3:30-4:30pm

Sleeping bag drive for St. Vincent de Paul Shelter  
Drop off at East Beach Volleyball courts. More information will be emailed to you.

### MCYA- Young Adult

Theology on Tap- Advent Meditations  
Text Sarah at 805-574-9941 for more information.



### LECTOR ASSIGNMENTS SUNDAY ~ NOVEMBER 29TH

8:00 AM

Debbie Bruce

10:00 AM

Michelle Seyer



flocknote

Dear Parishioners & Guests,

**Sign up for Flocknotes today – it is a consistent communication hub.**

You will stay better connected to parish life, and during these days ahead involving the current medical crisis impacting us, you will receive updates from Father Lawrence and the parish.

**Just follow these steps:**

1. Go to “**flocknote.com**”
2. Click on “**Find Your Church**”
3. Type Zip Code — **93108**
4. Select “**Our Lady of Mount Carmel**”
5. Fill in your information
6. Click on “**Sign me up**”

### Mass Intentions

<b>SAT.</b>	<b>NOVEMBER 28</b>
Daily	Intentions of McWilliams Family
4:30 PM	Art Overgaag†
<b>SUN.</b>	<b>NOVEMBER 29</b>
8:00 AM	Joyce Enright†
10:00 AM	For All Parishioners
<b>MON.</b>	<b>NOVEMBER 30</b>
Daily	Intentions of Kristan O'Donnell
<b>TUE.</b>	<b>DECEMBER 1</b>
Daily	Intentions of James Reed
<b>WED.</b>	<b>DECEMBER 2</b>
Daily	Intentions of Peter O'Donnell
<b>THU.</b>	<b>DECEMBER 3</b>
Daily	Paul Jarchow† and James Weinheimer†
<b>FRI.</b>	<b>DECEMBER 4</b>
Daily	Intentions of Oliver O'Donnell
<b>SAT.</b>	<b>DECEMBER 5</b>
Daily	Special Intention
4:30 PM	Denise Lemieux †
<b>SUN.</b>	<b>DECEMBER 6</b>
8:00 AM	Tony Ramos †
10:00 AM	For All Parishioners

### LIKE A CHILD

*One who aspires to the grace of God must be pure, with a heart as innocent as a child's.*

*-- St. Nicholas*

### Please Pray For The Sick Of Our Parish

Tyler Hester, Jane Burkemper, Evelyn Duimovich, Anika Rabbani, Gloria Griffin, and Eustacchio Guadagnini



Please call our Parish Office at 805/969-6868 if you would like us to add a family members name.

### Weekly Offering



#### Parish Giving - 43rd Week of the Year

This year = \$4,139.00

Last year = \$6,773.00

Your continued support of the parish is so Appreciated. Thank you for your generosity!