

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, Pastor lseyer@mtcarmelsb.com

Monsignor Stephen Downes, Pastor Emeritus Father Maurice O'Mahony, Pastor Emeritus

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone 805/969-6868

website: www.mtcarmelsb.com email: info@mtcarmelsb.com

Masses

Daily 7:45 AM Saturday Vigil 4:30 PM

8:00 AM - 10:00 AM - 12:00 PM Sunday

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM - Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon Pre-K thru 8th Grade

www.mountcarmelschool.net

Sacraments

Baptism - baptisms@mtcarmelsb.com

First Holy Communion — rcallen@mtcarmelsb.com

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage - weddings@mtcarmelsb.com

RCIA (Adult Sacraments) - info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J. rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group - "The MC Club" 6th-8th Grade Youth Group - 'The 'M&M's' High School Confirmation & Leadership—CORE Young Adult – Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

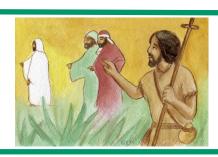
Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com

"What are you looking for?" They said to him, "Rabbi"—which translated means Teacher— "where are you staying?" He said to them, "Come, and you will see." - In 1:38-39a



<u>January 14. 2024</u> <u>Pg. 1</u>

WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship

with us and we welcome you!
Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at info@mtcarmelsb.com.

Our parish office hours are Monday thru Friday, 9am ~ 12 noon and 1:30 ~ 5pm. The office is closed for lunch from noon to 1:30pm.

Our Lady of Mt. Carmel, pray for us!

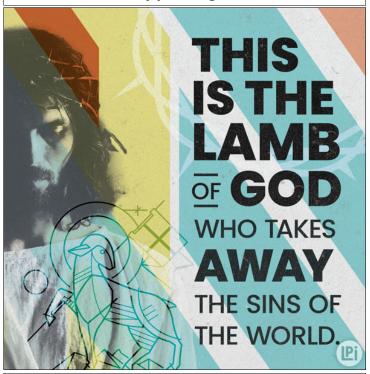
for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



Holiday Closure

Our Parish Office and school will be closed this Monday, January 15th, in honor of Martin Luther King Jr. Day. We will reopen our regular hours on Tuesday, January 16th. Enjoy the long weekend!



Whole Community Faith Sharing

Gospel John 1:35~42



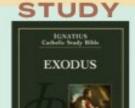
Reflection: Jesus seeks us to follow him. This special time when the Apostles listened to Jesus and knew that this was their destiny was a momentous occasion. We hold the same destiny in our own lives when we make a personal choice every day to follow the word of God and renew our Faith each morning when we start our day!

Question: How can I share my Faith with those around me and continue to renew my own each and every day?

Faith Response: Each day, opportunities to renew our Faith and share it with others are around us. We don't always see them, but they are there. Whether it's an act of love, kindness, or some simple positive words to each other. We renew our Faith in many ways each day by the choices we make in our daily lives.

January 14. 2024 Pg. 2

OLMC SCRIPTURE





JOIN US EACH THURSDAY EVENING
AS WE STUDY THE BOOK OF EXODUS.
THIS INTERACTIVE AND ENGAGING STUDY
WILL BE LED BY OUR VERY OWN, JUSTIN
MACK

Study starts Thursday Jan. 18th 6:45-8pm and runs through March 21 Light refreshments will be served

Please purchase your study guide prior to first study. It can be found at https://ignatius.com/exo dus-2exp/

MEET IN THE OLMC PARISH HALL LOCATED BEHIND THE CHURCH 1300 EAST VALLEY ROAD PLEASE CALL SARAH AT 805-574-9941 FOR QUESTIONS



January 14. 2024 Pg. 3

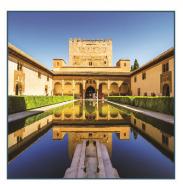
SAVE THE DATES!

A SPIRITUAL & CULTURAL JOURNEY TO PORTUGAL & SPAIN

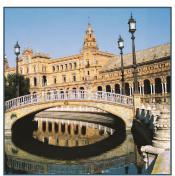
Fatima, Lisbon, Jerez, Cadiz, Gibraltar, Marbella, Granada, Toledo, Avila, Segovia, Madrid & More!

Under the Spiritual Direction of Fr. Lawrence Seyer, Pastor Our Lady of Mount Carmel Catholic Church in Santa Barbara, California

14-Day Itinerary: October 21 to November 3, 2024







HIGHLIGHTS INCLUDE:

- Fatima Shrine of Fatima & Mass at the Chapel of Apparitions
- Lisbon Visit Sé de Lisboa, the oldest church in the city & Relen Tower
- Badajoz Visit of the city with archaeological finds dated to the Bronze Age. Celebrate Mass at the 13th century Cathedral
- Seville Visit the Plaza del Triunfo—Cathedral Square, Plaza del Triunfo & the Bellas Artes Museum
- Jerez Home of Sherry wine, the flamenco and the beautiful Andalusian horses
- Cadiz One of the oldest continuously inhabited cities in Western Europe
- Tarifa & Gibraltar Visit the world famous Rock of Gibraltar
- Marbella Stop at the charming seaside Marbella Puerto Banus
- Granada Visit of Alhambra, Tombs of Isabella La Católica& the Garden of the Granada Parador
- Toledo Visit the Synagogue and St. Tomè Church with the famous El Greco paintings
- Madrid Panoramic tour of the city, Mass in the Almudena Cathedral & Prado Museum
- Avila Visit the site related to St. Teresa of Avila & St. John of the Coss & Monastery of the Incarnation
- Plus much, much more!

Pricing, itinerary and registration available after January 5, 2024

To be placed on the priority mailing list to receive your brochure and registration information please contact:

Fr. Lawrence Seyer Email: lseyer@mtcarmelsb.com Tel: (805) 969-6868







January 14, 2024 Pg. 4

STEM GAME NGTT

MC-CLUB 5TH GRADE YOUTH GROUP



WEDNESDAY 1/24 6:30-8:00 IN THE OLMC PARISH HALL OPEN TO ALL 5TH GRADERS FROM ANY SCHOOL. CONTACT SARAH @ 805-574-9941 FOR MORE INFORMATION



GAMES, FOOD AND FUN ACTIVITIES IN ART, SCIENCE, AND TECHNOLOGY LED BY STEM MASTER -JUSTIN MACK

Bridgette Needs a New Home



Hey everybody!

One of my New Year's Resolutions is to find a new home here in Santa Barbara! I'm looking for a studio or one bedroom to rent that is ebike accessible to my work at both Mount Carmel Church here in Montecito, where I am both an admin assistant and a volunteer with middle school youth group and high school confirmation, and Holy Cross Church, our Mesa neighbors, where I cantor regularly.

My budget is \$1450/month - I know it isn't much, but I am working for the church, and most of my "treasures" are stored in heaven.

My goal move in date is March 1st 2024.

If you can help me find a "new crib" please reach out to me at 805/837-5975 (texts or phone calls) or email me at bridgettesnydermusic@gmail.com. References can be provided.



NEW YEAR'S SESSION

GRACE FISHER - SPEAKER
GRACE FISHER CLUBHOUSE

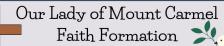


SUNDAY
JANUARY 14.12:30-1:45
LOCATED AT

LA CUMBRE PLAZA

SUITE F118

PLEASE BRING A PARENT OR A SPONSOR FOR THIS INSPIRATIONAL SPEAKER.



Happy Martin Luther King Weekend:

As Martin Luther King advocated for
Peace and Justice
may our hearts be filled with peace and our
actions always
be welcoming of all peoples without
judgement.

Family Mass - January 21



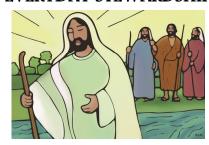
Family Focus - Sacraments January 28





January 14, 2024 Pg. 5

EVERYDAY STEWARDSHIP

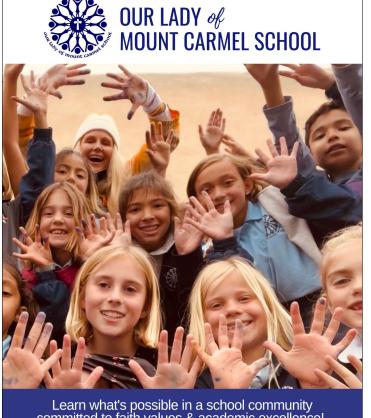


Have you ever been somewhere public and days later others said they saw you there? You can find yourself surprised that they saw you and didn't say hello. However, at least they saw you. You, on the other hand, didn't even have any idea they were around you. You may have been oblivious to what was going on or those crossing your path on that day. You may have been forsaking that moment thinking about another time to come down the road.

Imagine being one of those who first encountered Jesus as he began his ministry. Would you have noticed? I would like to think that I would have rushed over to him to introduce myself. But on that day when he passed on by I just might have been caught up in life, unaware of all that was intersecting with my place in the world.

An everyday steward strives to live mindfully. The more mindful we are of all that is around us, the more grateful we find ourselves because we take things less for granted and the more open we are to the call of Jesus Christ. Every day Jesus crosses our path in the form of others. They may be in need or they may have a gift to offer us. Either way, without living in the present and taking in all that God has provided for us in the day, we can miss it. I would not want to hear afterwards that Jesus saw me and I was not paying attention enough to what was around me to notice.

—Tracy Earl Welliver, MTS



Learn what's possible in a school community committed to faith values & academic excellence! @MountCarmelSchoolSB (805)969-5965

SAFEGUARD OUR CHILDREN Did you know?

How to actively listen to abuse disclosures. Disclosing abuse is one of the hardest—and most important—steps for a victim to take. If a child chooses to tell you about abuse, make sure you are actively listening. Give the child all of your attention and listen calmly, without making judgements or assumptions. Listen patiently without filling in the blanks or making suggestions. The best thing is for the child to tell his or her own story. Ask limited questions, and only for information needed to report abuse. For more information on actively listening, read the VIRTUS® article

"Responding to Youth Disclosures or Concerns of Abuse" at lacatholics.org/did-you-know/.

January 14, 2024 Pg. 6



Lectors

4:30pm

Debbie Bruce

<u>8:00am</u> Alicia McFarlane

> 10:00am Deb Ferris

12:00pm Chris Toomey

Eucharistic Ministers

4:30pm Jack Stratford

<u>8:00am</u>
Bridget Crooks
David Crooks

10:00am Bob Nunez Jackie Krock

12:00pm Hank Peterson



Having a Mass said for a loved one, living or dead, is a powerful way to give them grace.

To request a Mass intention, please contact the parish office by emailing us at info@mtcarmelsb.com.

Please Pray For The Sick Of Our Parish



Jane Burkemper—Gus Munoz Domini Tarman—Mary Press Cheryl & Tom Elder Carolyn Groth-Marnat Pennye Wilder—Alicia Williford

Please contact us if you would like to add or remove a name from the prayer list.

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much wants to see you!

Adoration is held <u>every</u> Wednesday from 3:30pm to 6pm in the Main Church.

All are welcome!



Mass Intentions

JANUARY 13TH
Ida Cuccia †
Gino & Rosetta Guadagnini †
JANUARY 14TH
For All Parishioners
Roberto Lauigan †
Rosaura Barvié †
JANUARY 15TH
Richard White †
JANUARY 16TH
Marty Boise †
JANUARY 17TH
Intentions of Roger † & Miny Willmon
JANUARY 18TH
Intentions of Alicia Williford
JANUARY 19TH
Joseph Nunez †
JANUARY 20TH
Intentions of Norman and Kristan Borgatello
Ralph Giblin †
JANUARY 21ST
For All Parishioners
Joe Doud †
Intentions of Adam and Behati Levine

CATHOLIC CHARITIES

The Santa Barbara Catholic Charities Food Pantry continues to be in need of filling their shelves.

We must always remember those who may be homeless, those in between jobs and those whose family just have a basic need. Your continued support is appreciated. Food can be dropped off in the baskets in the back of the Church, or at the parish office.

Clothing and other donations <u>MUST</u> be taken directly to CC at 609 E. Haley St. Santa Barbara. Thank you for your generosity!

