



Our Lady of Mount Carmel Catholic Church

Third Sunday of Ordinary Time January 21, 2024

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, *Pastor Emeritus*

Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone 805/969-6868

website: www.mtcarmelsb.com

email: info@mtcarmelsb.com

Masses

Daily 7:45 AM

Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM — Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

Sacraments

Baptism — baptisms@mtcarmelsb.com

First Holy Communion — rcallen@mtcarmelsb.com

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage — weddings@mtcarmelsb.com

RCIA (Adult Sacraments) — info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J.

rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group — "The MC Club"

6th-8th Grade Youth Group - 'The 'M&M's'

High School Confirmation & Leadership — CORE

Young Adult — Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com

"As he passed by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea. Jesus said to them, "Come after me, and I will make you fishers of men." ~ Mk 1:16-17



WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1:30 - 5pm. The office is closed for lunch from noon to 1:30pm.



Our Lady of Mt. Carmel, pray for us!

Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

_____ New Parishioner _____ New Address

_____ New email or phone number

Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



“

GOD CERTAINLY KNOWS WHAT IS BEST FOR MY SANCTIFICATION AND I GLADLY REPEAT: 'THY WILL BE DONE.'

”

MARTYR OF CHARITY

- ST. DAMIEN OF MOLOKAI

Whole Community Faith Sharing

Gospel
John 1:35-42



Reflection: How many of us feel troubled that, unlike the apostles, we aren't ready to drop everything and follow Jesus? It is difficult to understand the apostles' faith to drop the way of life they grew up with, their security, and even their old identities Jesus promised them other bigger nets, they believed, and they went. But if you read further in the gospels, you realize how much the apostles still had to learn as they became disciples. They often misunderstood Jesus, competed to be closest to Jesus, and Peter even publicly denied him. So perhaps when Jesus calls each of us to "Come, follow me," as we take those first steps, remember it's a journey; there may be some faltering. Sometimes, we will be strong, and sometimes, we feel that we can't quite see the way, but we must never forget that we can find the way. We just need to listen to the one who keeps beckoning, "Come, follow me".

Question: What part of my life is Jesus calling me to change right now?

Faith Response: Each day this week, I will pray and ask Jesus how I can be a better follower.

A DAY AT THE RACES

Saturday, January 27th

Cost: \$50/person

Join fellow parishioners for a day at the races in Santa Anita. We will travel by luxury bus, departing the parking lot at 9:45am, returning by about 6:30pm. Please bring lunch money with you and help us cheer on two horses owned by a parishioner. Light refreshments are included and there is a restroom on the bus.

This event is selling out fast - call today!



Contact Teresa McWilliams to RSVP

Phone - 805/895-7038

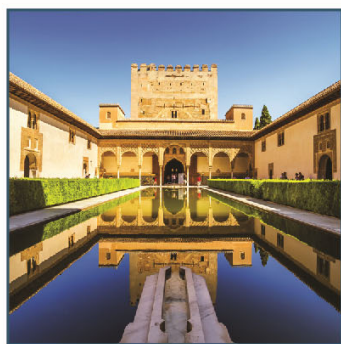
SAVE THE DATES!

A SPIRITUAL & CULTURAL JOURNEY TO PORTUGAL & SPAIN

**Fatima, Lisbon, Jerez, Cadiz, Gibraltar, Marbella, Granada,
Toledo, Avila, Segovia, Madrid & More!**

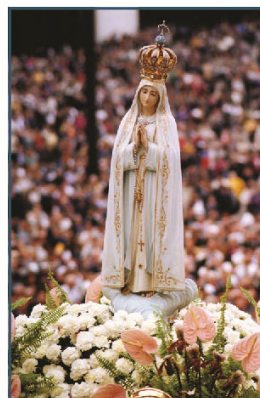
**Under the Spiritual Direction of Fr. Lawrence Seyer, Pastor
Our Lady of Mount Carmel Catholic Church in Santa Barbara, California**

14-Day Itinerary: October 21 to November 3, 2024



HIGHLIGHTS INCLUDE:

- Fatima – Shrine of Fatima & Mass at the Chapel of Apparitions
- Lisbon – Visit Sé de Lisboa, the oldest church in the city & Belen Tower
- Badajoz – Visit of the city with archaeological finds dated to the Bronze Age. Celebrate Mass at the 13th century Cathedral
- Seville – Visit the Plaza del Triunfo—Cathedral Square, Plaza del Triunfo & the Bellas Artes Museum
- Jerez – Home of Sherry wine, the flamenco and the beautiful Andalusian horses
- Cadiz - One of the oldest continuously inhabited cities in Western Europe
- Tarifa & Gibraltar – Visit the world famous Rock of Gibraltar
- Marbella – Stop at the charming seaside Marbella Puerto Banus
- Granada – Visit of Alhambra, Tombs of Isabella La Católica & the Garden of the Granada Parador
- Toledo – Visit the Synagogue and St. Tomè Church with the famous El Greco paintings
- Madrid – Panoramic tour of the city, Mass in the Almudena Cathedral & Prado Museum
- Avila – Visit the site related to St. Teresa of Avila & St. John of the Cross & Monastery of the Incarnation
- Plus much, much more!



Pricing, itinerary and registration available after January 5, 2024

To be placed on the priority mailing list to receive your brochure and registration information please contact:

Fr. Lawrence Seyer
Email: lseyer@mtcarmelsb.com
Tel: (805) 969-6868

Travel arrangements by:



STEM GAMES NIGHT

MC-CLUB
5TH GRADE
YOUTH
GROUP



WEDNESDAY 1/24
6:30-8:00 IN THE OLMC PARISH HALL
OPEN TO ALL 5TH GRADERS FROM ANY SCHOOL.
CONTACT SARAH @ 805-574-9941
FOR MORE INFORMATION



GAMES, FOOD AND FUN ACTIVITIES IN ART, SCIENCE, AND TECHNOLOGY LED BY STEM MASTER -JUSTIN MACK

M & M ' S YOUTH GROUP BOWLING AND PIZZA FESTIVAL 2024



SUNDAY FEBRUARY 4TH 3PM-5PM

\$30.00 A PERSON INCLUDES PIZZA, BOWLING, SHOE RENTAL

DROP OFF AND PICK UP AT SHOE RENTAL DESK-BRING WAIVER

YOU MUST RSVP FOR THIS EVENT AND PAY IN ADVANCE BY APRIL 12TH

YOU CAN PAY BY CASH OR CHECK IN THE CHURCH OFFICE

OR ONLINE THROUGHT THE CHURCH WEBSITE UNDER "DONATE".PLEASE ADD

NOTE THAT IT IS FOR BOWLING

TEXT SARAH AT 805-574-9941 FOR MORE INFO

BOWLERO-5925 CALLE REAL

FAMILIES WITH BABIES AND SMALL CHILDREN PLEASE VISIT THE FAMILY LOFT

LOCATED ABOVE THE SIDE CHAPEL OF THE CHURCH

Yg bowling







OLMC SCRIPTURE STUDY

EXODUS


EXODUS PART ONE

JOIN US EACH THURSDAY EVENING AS WE STUDY THE BOOK OF EXODUS. THIS INTERACTIVE AND ENGAGING STUDY WILL BE LED BY OUR VERY OWN, JUSTIN MACK

Study starts Thursday Jan. 18th 6:45-8pm and runs through March 21
Light refreshments will be served

Please purchase your study guide prior to first study. It can be found at <https://ignatius.com/exodus-2exp/>

MEET IN THE OLMC PARISH HALL LOCATED BEHIND THE CHURCH 1300 EAST VALLEY ROAD
PLEASE CALL SARAH AT 805-574-9941 FOR QUESTIONS



Our Lady of Mount Carmel Faith Formation



In today's Gospel Jesus calls his first disciples to be fishers of people. If we place this Gospel in the present day, we can imagine Jesus walking through an office complex and asking us to leave our desks. Do we drop everything and go? The response of the apostles was immediate. Jesus chose humble people whose hearts were receptive to the call. Through the sacraments, prayer, and Scripture, we seek the Lord. God speaks in many ways if we have ears to hear and eyes to see. This is the all-powerful voice of Love that spoke creation into existence. How will you respond?

Family Focus on Sacraments January 28th 8:40 in the hall.



Faith Formation (805) 969-4868
Director: Sister Rosalie Callen, CSJ
RCALLEN@MTCARMELSB.COM

OLMC Youth Ministry Feed the Faithful



Our Lady of Mount Carmel's Youth Ministry needs your help to fuel the faith. Be a snack table hero and keep our kids nourished while we help sate their hunger for Christian community and spiritual growth.

Items that we need to be donated on a monthly basis to keep our ministry running include:

- Bottle Waters (8oz)
- String Cheese
- Candy (snack size)
- Chips (individual bags)
- Cookies
- Juice Boxes/Pouches

Any and all help is greatly appreciated. To get involved, or inquire about other ways to support our children and teens, please contact our director of faith formation, Sarah Mack - 805/574-9941.

God bless you!!!



OUR LADY of MOUNT CARMEL SCHOOL

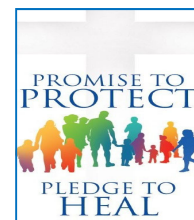


Learn what's possible in a school community committed to faith values & academic excellence!

@MountCarmelSchoolSB (805)969-5965

SAFEGUARD OUR CHILDREN Did you know? Guidelines for online interaction with young people

Appropriate behavior online is critical to maintaining boundaries and being a trusted adult to the young people in your care. Do not use your personal social media account to "friend" or "follow" the children you work with. Do not email from a personal email address. If you do interact with young people online, do not comment on their social media accounts or use them to obtain more information or start conversations. If your organization does not have rules about social media use for employees, work with management to put some in place. For more, read the VIRTUS® article "Social Media Rules to Follow with Children" at lacatholics.org/did-you-know/.





Eucharistic Ministers

Lectors

4:30pm

Barbara Randall

8:00am

Beth Boyd

10:00am

Clay Jordan

12:00pm

Kathy Wilson

4:30pm
Jack Stratford

8:00am
Jack Casey

10:00am
Mark Lorge
Carol Webb

12:00pm
Hank Peterson



Having a Mass said for a loved one, living or dead, is a powerful way to give them grace.

To request a Mass intention, please contact the parish office by emailing us at info@mtcarmelsb.com.

Please Pray For The Sick Of Our Parish



Gus Munoz
Domini Tarman—Mary Press
Cheryl & Tom Elder
Carolyn Groth-Marnat
Pennye Wilder—Alicia Williford

Please contact us if you would like to add or remove a name from the prayer list.

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every Wednesday from 3:30pm to 6pm in the Main Church. **All are welcome!**



Mass Intentions

SAT.	JANUARY 20TH
DAILY	Intentions of Norman & Kristan Borgatello
VIGIL	Ralph Giblin †
SUN.	JANUARY 21ST
8:00AM	For All Parishioners
10:00AM	Joe Doud
12:00PM	Intentions of Adam & Behati Levine
MON.	JANUARY 22ND
DAILY	Paul Edward Hindelang II †
TUES.	JANUARY 23RD
DAILY	John Rosecrance †
WEDS.	JANUARY 24TH
DAILY	Intentions of Roger † & Miny Willmon
THURS.	JANUARY 25TH
DAILY	Intentions of Glenn & Missy Mueller
FRI.	JANUARY 26TH
DAILY	Sebastian Flowers †
SAT.	JANUARY 27TH
DAILY	Intentions of Aaron Flowers
VIGIL	Jose Adame Sr. †
SUN.	JANUARY 28TH
8AM	Frank Umanzio †
10AM	The Students, Staff, Teachers and Parents at OLMCS
12PM	For All Parishioners

CATHOLIC CHARITIES

The Santa Barbara Catholic Charities Food Pantry continues to be in need of filling their shelves. We must always remember those who may be homeless, those in between jobs and those whose family just have a basic need. Your continued support is appreciated. Food can be dropped off in the baskets in the back of the Church, or at the parish office.

Clothing and other donations MUST be taken directly to CC at 609 E. Haley St. Santa Barbara. Thank you for your generosity!

