

Priests

Fr. Lawrence Seyer, Pastor lseyer@mtcarmelsb.com

Monsignor Stephen Downes, Pastor Emeritus Father Maurice O'Mahony, Pastor Emeritus

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone 805/969-6868

website: www.mtcarmelsb.com email: info@mtcarmelsb.com

Masses

Daily 7:45 AM Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM - Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

"A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, and said to him, "I do will it." - Mk 1:40-41

Sacraments

Baptism-baptisms@mtcarmelsb.com

First Holy Communion - rcallen@mtcarmelsb.com

landscaping, with carefully selected shrubs and trees, is typical.

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage - weddings@mtcarmelsb.com

RCIA (Adult Sacraments) - info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J. rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group – "The MC Club" 6th-8th Grade Youth Group - 'The 'M&M's' High School Confirmation & Leadership – CORE Young Adult – Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com



February 11. 2024

OUR LADY OF

WELCOME TO **OUR LADY OF MT. CARMEL**

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to

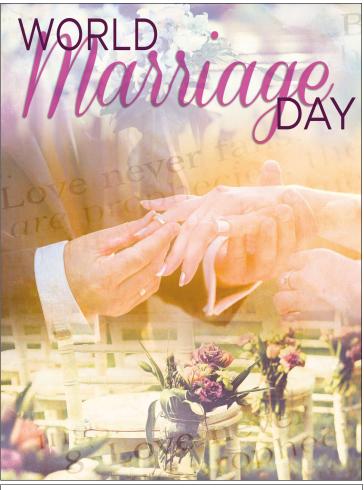
If you would like more information about our faith community, please email our us at info@mtcarmelsb.com. MOUNT CARMEL Our parish office hours are Monday thru Friday, 9am - 12 noon and

1:30 ~ 5pm. The office is closed for lunch from noon to 1:30pm.

Our Lady of Mt. Carmel, pray for us!

Parish Registration Form
Name
Name
Address
City Zip Phone ()
Zip Phone ()
email
email
<u>Check One</u>
New Parishioner New Address
New email or phone number
Sign up for Flocknotes
(Our Parish Communication Tool)
Go to "olmcsb.flocknote.com"
Check our website mtcarmelsb.com
for our Mass times, other
services schedule and
current parish events.
Please place the form into the
Offertory basket or you can

mail it to the parish office.



Whole Community Faith Sharing

Gospel Mark 1:40~45



Reflection: Such faith is shown by the leper who kneels in front of Jesus and begs for healing. Even Jesus is moved by pity and a desire to grant the leper's appeal. Let this be a lesson to us as to how to ask our Lord for the help we need. It's true that the leper didn't keep quiet about this miracle, but surely we've all experienced a time when we were so full of joy that we just had to tell others about the experience.

Question: "If you wish, you can make me clean." How can I rely more fully on God's healing and mercy? What areas of my life need healing?

Faith Response: This week I will remember this gospel reading's message and approach God with exuberant faith in asking for my godly desires

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WEDNESDAY, FEBRUARY 14TH

Mass Times

7:45am

5:30pm

Ash Wednesday is a day of Fasting and Abstinence.
Please visit https://www.usccb.org/resources/FastingLent-Info.pdf for more information.

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Tax season is coming!

Our Lady of Mount Carmel
Church appreciates your generous
donations in 2023. If you are
interested in getting information
for your tax filing, please contact
the parish office.

Phone: 805/969-6868

Email: info@mtcarmelsb.com





Soup Makers Wanted!

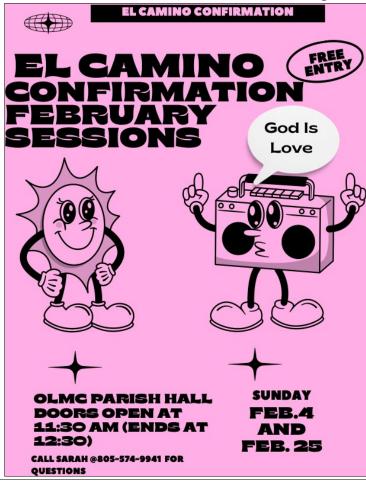
We are in need of talented, meat free soup makers - or just those that know their way around a can of Campbell's tomato and cheese.

Sign up sheets can be found on the tables by the church doors.



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From the Principal's Desk.....

We are in the midst of recruitment and re-enrollment season at our parish school. On each and every tour I lead, I talk about the three core pillars of Our Lady of Mount Carmel School: Community, Faith, and Academics. While there are plenty of schools that offer a good education and a few others in town that are faith-based, it is difficult to find a place that can bring those two elements together with an incredible sense of community like we have at OLMCS.

Over the years I have been fortunate to reconnect with former OLMCS students of mine. It is always nice to reminisce about their time at Mount Carmel and to hear about their successes in college and beyond. However, what often strikes me most in those conversations is not the accolades they have received or learning about their fields of study and career paths but the connections they still have with fellow Lancers and the ways they serve their communities. I am proud to have worked alongside their families during their foundational years at Mount Carmel to solidify their academics, faith formation, and sense of place within our community.

Do you know a family who would be a great addition to our school community? We are conducting school tours and accepting applications for the 2024-25 school year. For more information or to schedule a tour, contact the school office. (805) 969-5965 To see what our students are up to day-to-day, follow and like us on Facebook and Instagram. @MountCarmelSchoolSB

May God bless you, Mrs. Tracie Simolon Principal



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Our Lady of Mount Carmel Faith Formation

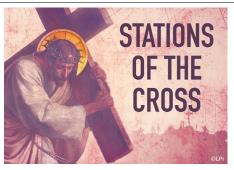




The Faith Formation children learning about Baptism, Confirmation & the Eucharist at Family Focus on Sunday.

Family Focus February 11 - On Lent





Please join us for Stations of the Cross every Friday during Lent (February 16th—March 22nd) in the main church at 6pm. Take time to reflect on the sacrifice of Our Savior during this sacred season, meditating on His passion and death on the cross. Friday night Stations of the Cross will be followed by a soup supper in the Parish Hall.

If you cannot join us at the scheduled time, the church is open every day for you to pray the stations on your own. Spend some time with Our Lord this Lent. Don't just "give up" for Lent; Use the time you make with your own small sacrifices for the good of your soul and others in prayer.

SAFEGUARD OUR CHILDREN Did you know? How does cryptocurrency impact child sexual exploitation?

Cryptocurrency is virtual or digital currency that exists as a virtual network. This allows cryptocurrency to exist outside of government controls or authority. This is one main reason why criminal enterprises often use cryptocurrency to run sexual exploitation operations. Certain cryptocurrency allows users to remain anonymous, which further creates challenges in regulating use, especially for criminal activity. To learn more about cryptocurrency, read the VIRTUS® article "Child Sexual"

VIRTUS® article "Child Sexual Abuse Materials Online Can Be Fueled by Cryptocurrency" at lacatholics.org/did-you-know/.



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Lectors

4:30pm Joan Rocco

<u>8:00am</u> Alicia McFarlane

> 10:00am Clay Jordan

12:00pm Chris Toomey

Eucharistic Ministers

4:30pm Brenda Nielsen

> 8:00am Jack Casey

10:00am Gary Boyd Beth Boyd

12:00pm Hank Peterson



Having a Mass said for a loved one, living or dead, is a powerful way to give them grace.

To request a Mass intention, please contact the parish office by emailing us at info@mtcarmelsb.com.

Please Pray For The Sick Of Our Parish



Gus Munoz
Domini Tarman—Mary Press
Cheryl & Tom Elder
Carolyn Groth-Marnat
Pennye Wilder—Alicia Williford

Please contact us if you would like to add or remove a name from the prayer list.

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much wants to see you!

Adoration is held <u>every</u> Wednesday from 3:30pm to 6pm in the Main Church.

All are welcome!



Mass Intentions

SAT.	FEBRUARY 10TH
DAILY	Colleen Kirst †
VIGIL	Gino & Rosetta Guadagnini †
SUN.	FEBRUARY 11TH
8:00AM	Greer Charlotte Rushforth †
10:00AM	Colleen Kirst †
12:00PM	For All Married Couples
MON.	FEBRUARY 12TH
DAILY	Peter K. Wilson †
TUES.	FEBRUARY 13TH
DAILY	Intentions of Victoria de Santos
WEDS.	FEBRUARY 14TH
ВОТН	For All Catholics in the Universal Church
THURS.	FEBRUARY 15TH
DAILY	Marty Boise †
FRI.	FEBRUARY 16TH
DAILY	Maria & Josef Sabo †
SAT.	FEBRUARY 17TH
DAILY	Christopher Guadagnini †
VIGIL	Bill Jones †
SUN.	FEBRUARY 18TH
8AM	For All Parishioners
10AM	Joe Doud †
12PM	Frank Umanzio †

CATHOLIC CHARITIES

The Santa Barbara Catholic Charities Food Pantry continues to be in need of filling their shelves.

We must always remember those who may be homeless, those in between jobs and those whose family just have a basic need. Your continued support is appreciated. Food can be dropped off in the baskets in the back of the

Church, or at the parish office. Clothing and other donations <u>MUST</u> be taken directly to CC at 609 E. Haley St. Santa Barbara.

