



Our Lady of Mount Carmel Catholic Church

Second Sunday of Lent February 25, 2024

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, *Pastor Emeritus*

Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone 805/969-6868

website: www.mtcarmelsb.com

email: info@mtcarmelsb.com

Masses

Daily 7:45 AM

Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM— Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

Sacraments

Baptism— baptisms@mtcarmelsb.com

First Holy Communion— rcallen@mtcarmelsb.com

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage— weddings@mtcarmelsb.com

RCIA (Adult Sacraments) — info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J.

rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group— "The MC Club"

6th-8th Grade Youth Group - 'The 'M&M's'

High School Confirmation & Leadership— CORE

Young Adult— Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com

"Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him.". Mk 9:7



WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1:30 - 5pm. The office is closed for lunch from noon to 1:30pm.



Our Lady of Mt. Carmel, pray for us!

Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

____ New Parishioner ____ New Address

____ New email or phone number

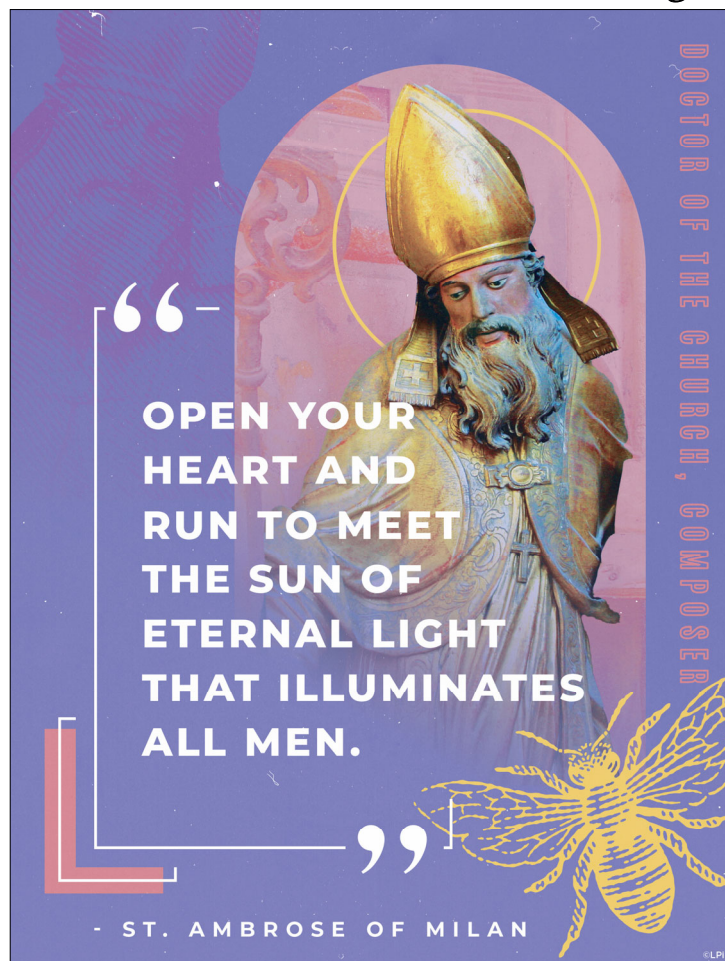
Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



Whole Community Faith Sharing

Gospel
Mark 9:2-10



Reflection: This second Sunday of Lent gospel reading is the Transfiguration account of Jesus, Moses, and Elijah meeting while witnessed by Peter, James, and John. What a moment to be present! Peter doesn't know what to say, so he offers to build tents. God casts a shadow over the holy conversation and proclaims, "This is my beloved Son. Listen to him." That proclamation wasn't just for Peter, James, and John; it's also for us.

Question: "This is my beloved Son. Listen to him." When have I felt most loved by God? How can I listen more attentively to God's voice?

Faith Response: I will spend more time in meditation while listening for God's voice and guidance during this week of Lent.

OUR LADY OF MOUNT CARMEL CHURCH LENTEN NIGHT OF REFLECTION

Wednesday, March 13th @ 7pm

Guest Speaker - Bishop Albert Bahhtuth

Join Father Lawrence and Bishop Albert for an evening of reflection and prayer. Bishop Albert will share about his vocation, the practice of lectio divina, and the Eucharist, with a time of reflection and adoration included. Take some time this Lent to spend time with Our Lord.

All are welcome to this gathering in the main church.
No reservation is required.



Bishop Albert Bahhtuth is the newly appointed auxiliary bishop to the San Fernando Region of the Los Angeles Archdiocese. Born in Lebanon, he came to the U.S. in 1976, earning a doctorate in Chemical Engineering in 1983. He began his journey back to the Lord after a twenty year absence and was ordained a priest in 1996. "I am in love with Jesus and I am grateful to The Good Shepherd for leading me back home!"

1300 EAST VALLEY ROAD, SANTA BARBARA, CA 93108
MTCARMELSB.COM | 805/969-6868



El Camino High School Confirmation March Sessions

Sunday, March 3rd -11:30-12:30



***LA URBAN PLUNGE
3/16 7:00AM-6:30PM**



Sunday, March 24th 11:30-12:30

Please text Sarah at 805-574-9941 if you can
donate small water, treats, string cheese, fruit or
bagels.

***The LA Urban Plunge is optional, but you must
sign up with waivers and payment by
3/3**





**OLMC M&M's
MIDDLE SCHOOL
YOUTH GROUP**



SANDWICH BRIGADE



**Help make 40 Sack Lunches
for
New House Recovery
Wednesday March 6th in the
Parish Hall
6:30-8:00pm
A Night of Lenten Service, Games and
Fun**

Are you interested in joining us?

Please consider donating small waters,
apples or individually wrapped treats/ chips
for the lunch bags.

TEXT SARAH AT 805-574 -9941








**M&M'S MIDDLE SCHOOL
YOUTH GROUP**

DICE DRIVE 2024



**FRIDAY MARCH 15
6:30-8:00PM-MEET IN THE
PARISH HALL**

HOP IN THE VAN, ROLL THE DICE AND
SEE WHERE WE END UP!
BRING \$5.00 FOR A TREAT

SPACES ARE LIMITED TO 13 STUDENTS

TEXT YOUR RSVP ASAP TO
SARAH 805-574-9941
PROVERBS 3:6





MC-CLUB

ST. PATRICK'S DAY PARTY

**TRIVIA, GAMES, TREATS AND LEPRECHAUN
TRICKS**

WEDNESDAY MARCH 13TH 6:30PM-8:00PM

OLMC PARISH HALL





**MAY YOUR TROUBLES BE LESS AND
YOUR BLESSINGS BE MORE AND
HAPPINESS COME THROUGH YOUR
DOOR.**





Please join us for Stations of the Cross every Friday during Lent (February 16th—March 22nd) in the main church at 6pm. Take time to reflect on the sacrifice of Our Savior during this sacred season, meditating on His passion and death on the cross. Friday night Stations of the Cross will be followed by a soup supper in the Parish Hall.

If you cannot join us at the scheduled time, the church is open every day for you to pray the stations on your own. Spend some time with Our Lord this Lent. Don't just "give up" for Lent; Use the time you make with your own small sacrifices for the good of your soul and others in prayer.

Soup Makers Wanted!

We are in need of talented, meat free soup makers - or just those that know their way around a can of Campbell's tomato and cheese.

Sign up sheets can be found on the tables by the church doors.



From the Principal's Desk.....

Every year during Lent, I find this to be a good reminder and mindset shift for me. One of the beautiful things about Lent is that every year during this time, we get to slow down, hit the reset button, and try again. We strip away what's unnecessary or keeping us from God. We fast, abstain, pray, serve, and give. And, in spite of our failings and brokenness, God welcomes us back time and time again. With that in mind, I share with you today a prayer that reminds us to cut out the many negative habits and feelings in our lives and instead "feast" on the positive.

Fast from judging others; feast on the Christ dwelling in them
 Fast from emphasis on our differences; feast on our oneness
 Fast from the darkness around us; feast on the light of Christ
 Fast on thoughts of illness; feast on the healing power of God
 Fast on words that pollute; feast on words that purify
 Fast from discontent; feast on gratitude
 Fast from withholding anger; feast on sharing our feelings
 Fast from pessimism; feast on optimism
 Fast from worry; feast on trust
 Fast from guilt; feast on freedom
 Fast from complaining; feast on appreciation
 Fast from stress; feast on self-care
 Fast from hostility; feast on letting go
 Fast from bitterness; feast on forgiveness
 Fast from selfishness; feast on compassion for others
 Fast from discouragement; feast on seeing the good
 Fast from apathy; feast on enthusiasm
 Fast from suspicion; feast on seeing the good
 Fast from idle gossip; feast on spreading good news
 Fast from being so busy; feast on quiet silence
 Fast from problems that overwhelm us; feast on prayerful trust
 Fast from talking; feast on listening
 Fast from trying to be in control; feast on letting go.

May God bless you,
 Mrs. Tracie Simolon
 Principal

Do you know a family who would be a great addition to our school community? We are conducting school tours and accepting applications for the 2024-25 school year. For more information or to schedule a tour, contact the school office. (805) 969-5965 To see what our students are up to day-to-day, follow and like us on Facebook and Instagram. @MountCarmelSchoolSB

Our Lady of Mount Carmel
Faith Formation
Second Sunday in Lent



How did you touch someone's heart
this week through your
Prayers Fasting or Giving



Please Pray for our children so will be making their
First Reconciliation next Saturday March 2nd.



Faith Formation (805) 969-4868
Director: Sister Rosalie Callen, CSJ
RCALLEN@MTCARMELSB.COM

SAFEGUARD OUR CHILDREN

Did you know?

Understanding "Sexting"

"Sexting" is the sending of sexually explicit messages or images via text. Sexting commonly happens in conversations between teens and tweens, and usually involves nude "selfies." When these images are shared or distributed on social media platforms like TikTok, Instagram, and Snapchat, the problem is made worse. Some states have laws against sexting that could have criminal ramifications for teens. To learn more, read the VIRTUS® article "Responding to the Crime of Child Sexual Abuse Materials" at lacatholics.org/did-you-know/.



FR. VIRGIL CORDANO CENTER

The Father Virgil Cordano Center (FVCC) is gratefully accepting donations of homemade cookies, pies, and cakes for luncheon desserts for our clients in our lunch program five days a week. Donations can be dropped off at the Center located at 4020 Calle Real, Suite 2 in Santa Barbara. The FVCC is open weekdays for donations between 9:00 AM and 2:00 PM. Thank you for your generosity!



Sponsored and Operated by the Daughters of Charity at St. Vincent's
and the Franciscan Friars of Old Mission Santa Barbara

St. Patrick's Day Dinner

MARCH 17TH, 5PM

IN THE PARISH HALL

\$35/PERSON

CHILDREN 12 AND UNDER EAT FREE!

Your ticket covers a full traditional corned beef and cabbage dinner, drinks included.
RSVP is required.

Tickets will be sold after all Masses the weekends of March 3rd and March 10th.



Eucharistic Ministers

Lectors

4:30pm
Harriet Callier

8:00am
Debbie Bruce

10:00am
Deb Ferris

12:00pm
Kathy Wilson

4:30pm
Jack Stratford

8:00am
Jack Casey

10:00am
Mark Lorge
Brian Simolon

12:00pm
Hank Peterson



Having a Mass said for a loved one, living or dead, is a powerful way to give them grace.

To request a Mass intention, please contact the parish office by emailing us at info@mtcarmelsb.com.

Please Pray For The Sick Of Our Parish



Gus Munoz
Domini Tarman—Mary Press
Cheryl & Tom Elder
Carolyn Groth-Marnat
Pennye Wilder—Alicia Williford

Please contact us if you would like to add or remove a name from the prayer list.

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every Wednesday from 3:30pm to 6pm in the Main Church.
All are welcome!



Mass Intentions

SAT.	FEBRUARY 24TH
DAILY	Intentions of Carlos Narvaes
VIGIL	Intentions of Paul & Karen Sullivan
SUN.	FEBRUARY 25TH
8:00AM	Colleen Kirst †
10:00AM	Tabo Kono †
12:00PM	Intentions of Sally & Emmet Hawkes
MON.	FEBRUARY 26TH
DAILY	Kathleen DaRos †
TUES.	FEBRUARY 27TH
DAILY	Marty Boise †
WEDS.	FEBRUARY 28TH
DAILY	Intentions of Carol Wathen
THURS.	FEBRUARY 29TH
DAILY	Rufina Bernal Valencia †
FRI.	MARCH 1ST
DAILY	Christopher Guadagnini †
SAT.	MARCH 2ND
DAILY	Richard Gerry †
VIGIL	Gino & Rosetta Guadagnini †
SUN.	MARCH 3RD
8AM	Darlene Ketola Duimovich †
10AM	Frank Reed Webb †
12PM	For All Parishioners

CATHOLIC CHARITIES

The Santa Barbara Catholic Charities Food Pantry continues to be in need of filling their shelves.

We must always remember those who may be homeless, those in between jobs and those whose family just have a basic need. Your continued support is appreciated. Food can be dropped off in the baskets in the back of the Church, or at the parish office.
Clothing and other donations MUST be taken directly to CC at 609 E. Haley St. Santa Barbara.

