



# Our Lady of Mount Carmel Catholic Church

## Palm Sunday of the Lord's Passion March 24, 2024

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

### Priests

Fr. Lawrence Seyer, *Pastor*  
[lseyer@mtcarmelsb.com](mailto:lseyer@mtcarmelsb.com)  
Monsignor Stephen Downes, *Pastor Emeritus*  
Father Maurice O'Mahony, *Pastor Emeritus*

### Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108  
Phone 805/969-6868  
website: [www.mtcarmelsb.com](http://www.mtcarmelsb.com)  
email: [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

### Masses

Daily 7:45 AM  
Saturday Vigil 4:30 PM  
Sunday 8:00 AM - 10:00 AM - 12:00 PM

### Holy Day Mass

Please check website for updated Mass times.

### Confessions

Saturdays, from 3:30 to 4:15 PM— Side Chapel

### Our Lady of Mount Carmel School 805/969-5965

Principal - Tracie Simolon  
Pre-K thru 8th Grade  
[www.mountcarmelschool.net](http://www.mountcarmelschool.net)

### Sacraments

Baptism—[baptisms@mtcarmelsb.com](mailto:baptisms@mtcarmelsb.com)  
First Holy Communion—[rcallen@mtcarmelsb.com](mailto:rcallen@mtcarmelsb.com)  
Confirmation ('El Camino' High School)  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)  
Marriage—[weddings@mtcarmelsb.com](mailto:weddings@mtcarmelsb.com)  
RCIA (Adult Sacraments) —[info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

### Faith Formation

Sister Rosalie Callen, C.S.J.  
[rcallen@mtcarmelsb.com](mailto:rcallen@mtcarmelsb.com)

805/969-4868

### Youth Ministry

Sarah Mack  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)  
5th Grade Youth Group— "The MC Club"  
6th-8th Grade Youth Group - "The 'M&M's'  
High School Confirmation & Leadership— CORE  
Young Adult— Spiritual Direction/Discipleship

805/574-9941

### Secular Order of Carmelites

Merri Berwick

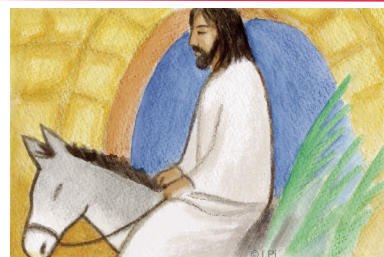
805/448-3587

### Community Outreach

Sister Kathleen Patrice Sullivan  
[kpatrice@mtcarmelsb.com](mailto:kpatrice@mtcarmelsb.com)

805/969-4868

"Hosanna! Blessed is he who comes in the  
name of the Lord!  
Blessed is the kingdom of our father David  
that is to come!" Mk 11:9-10



### WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com). Our parish office hours are Monday thru Friday, 9am - 12 noon and 1:30 - 5pm. The office is closed for lunch from noon to 1:30pm.



Our Lady of Mt. Carmel, pray for us!

### Parish Registration Form

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_

email \_\_\_\_\_

### Check One

New Parishioner     New Address

New email or phone number

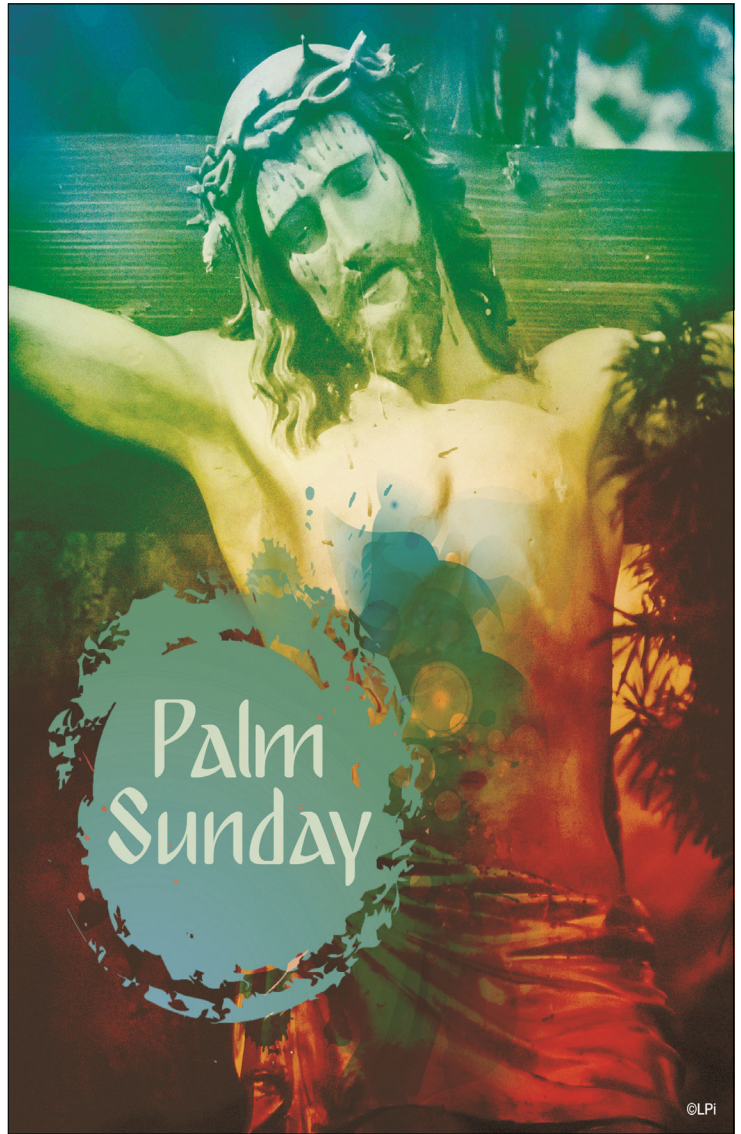
### Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "[olmcsb.flocknote.com](http://olmcsb.flocknote.com)"

Check our website [mtcarmelsb.com](http://mtcarmelsb.com) for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



### Whole Community Faith Sharing

Gospel  
Mark 14:1 – 15:41



**Reflection:** Jesus gathers his apostles around Him, as he knows he is about to die. He has done his work, planted his seeds and chosen to break bread one last time with his posse. The importance of gathering the faithful is displayed here. Being around others who share our faith gives us strength. His time is near and this is His chance to share the message that we must be sorrowful for our sins and be contrite. Redemption is real!

**Question:** How can I make time to be with those I love to renew my Faith?

**Faith Response:** I will set aside time to gather those I love to "break bread" and renew my Faith. I will remember to be contrite for my sins.

You're invited to celebrate

# EASTER

at Our Lady of Mount Carmel Church

## HOLY THURSDAY

7:30 pm Mass of the Lord's Supper

## GOOD FRIDAY

3 pm Liturgical Service

6 pm Stations of the Cross

## HOLY SATURDAY

7:30 pm Easter Vigil

## EASTER SUNDAY

Mass celebrated at 8 am,

9:30 am, 11 am and 12:30 pm

## HOLY WEEK CONFESSION TIMES

Tuesday, March 26th

3:30 pm-4:30 pm

Wednesday, March 27th

3:30 pm-4:30 pm

7 pm - 8 pm

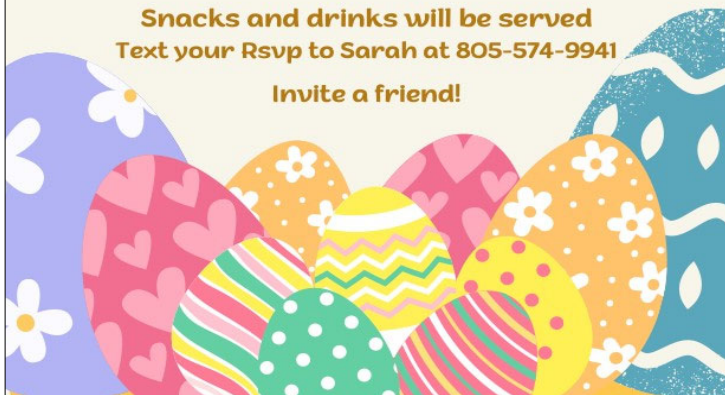
Our Lady of Mount Carmel Parish

# “It’s Still Easter” Easter Egg Hunt

Open to all children aged  
5 and under  
April 7th, 2024  
at 11 :30 am-Meet at the  
school playground

Snacks and drinks will be served  
Text your Rsvp to Sarah at 805-574-9941

Invite a friend!



FR. VIRGIL CORDANO CENTER

The Father Virgil Cordano Center (FVCC) is gratefully accepting donations of homemade cookies, pies, and cakes for luncheon desserts for our clients in our lunch program five days a week. Donations can be dropped off at the Center located at 4020 Calle Real, Suite 2 in Santa Barbara. The FVCC is open weekdays for donations between 9:00 AM and 2:00 PM. Thank you for your generosity!



Sponsored and Operated by the Daughters of Charity at St. Vincent's and the Franciscan Friars of Old Mission Santa Barbara



Montecito Meals on Wheels

Serving the community for 35 years



Transition House  
THE WAY HOME

## Meals on Wheels and Transition House

The hymn we sing in church says, “Here I am, Lord”. We sing these words knowing we are willing to be helpful, if only we knew how.

Two great invitations to our parish community are to volunteer to participate in our Meals on Wheels and Transition House programs.

Meals on Wheels needs drivers to pick up food prepared and donated by Casa Dorinda to local residents who are confined to their homes. The route generally takes about one hour and volunteers are asked to be a regular driver, which means doing the delivery once a week, or a fill in driver, which is a person who drives occasionally.

Transition House volunteers donate their time and energy on the first Friday of each month, preparing and serving dinner meals for parents and their children, living at the Transition House residence in Santa Barbara.

Both programs require a small gift of our time and energy but allow us the great opportunity to respond to the Christian call of loving our neighbors by responding. “Here I am, Lord, ready to help.”

Call 805-451-3612 for more Information



## Pilgrimage Information Meeting

Join Us for Our Pilgrimage Information Meeting

A Spiritual & Cultural Journey to Portugal & Spain

14-days: October 21 to November 3, 2024

When: Sunday, March 24, 2024 at 5:30pm

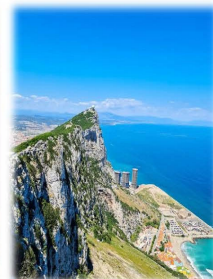
Where: Parish Hall – Our Lady of Mount Carmel Catholic Church  
1300 E Valley Road, Santa Barbara, CA 93108

Refreshments served

Space is limited! Please bring your checkbook to sign up at the meeting

To download the tour brochure and registration visit: [GoCatholicTravel.com/24046](http://GoCatholicTravel.com/24046)

Contact: Fr. Lawrence Seyer  
Email: [LSeyer@mtcarmelsb.com](mailto:LSeyer@mtcarmelsb.com)  
Telephone: (805) 969-6868





**The liturgies during Holy Week are unique and rich in symbolism. The Mass for Palm Sunday follows the pattern of the day 2,000 years ago when Jesus entered Jerusalem. It includes a Gospel reading outside the church building and the entrance of the priest into the sanctuary while the congregation waves palms.**

**The Holy Thursday Mass also follows the rhythm of the ancient Last Supper. The presider washes the feet of members of the congregation, like Jesus washed the feet of the disciples. After Mass, all remaining hosts are taken to an altar of repose, where adoration of the Blessed Sacrament occurs late into the night. Parishioners can remain like the disciples in Gethsemane, asked to “watch and pray.”**

**On Good Friday, we celebrate another special liturgical service. Following the Liturgy of the Word, there is a communal reverencing of the cross.**

**The intercessions are solemn and include prayers for many different groups of people, reminding us that Jesus’ passion is for the whole world. There is no Liturgy of the Eucharist. Hosts consecrated on Holy Thursday are distributed, after which the tabernacle is empty. The tabernacle remains empty through Holy Saturday – just as Jesus departed from this earthly world in death – and we wait in hope for Easter Sunday!**

**From the Principal's Desk.....**

We have come to the most sacred time of year in the Church. Easter is right around the corner, and this week we will celebrate Holy Week. As a school community we will celebrate a special prayer service before heading off on Easter break.

On Holy Thursday we remember the Passover meal that Jesus shared with the apostles. It was at that meal that He instituted the Eucharist. It is also important to remember that on the same night, He washed the disciples' feet. It is humbling to imagine Christ in the position of servant, performing the lowly and dirty job of washing their feet. Just think, Jesus knew he would be betrayed that night, knew he was going to the cross, knew he had the power to heal, knew he was God. Yet he lowered himself and knelt before them.

Imagine the surprise of the disciples to see their master kneeling before them. As we make our way to Easter, let us remember Christ's example of humility and service. *I have set you an example that you should do as I have done for you.* ~John 13:15

Mrs. Tracie Simolon  
Principal



Our Lady of  
**Mount Carmel**  
School

[www.mountcarmelschool.net](http://www.mountcarmelschool.net)  
(805) 969-5965  
@MountCarmelSchoolSB

Do you know a family who would be a great addition to our school community? We are conducting school tours and accepting applications for the 2024-25 school year. For more information or to schedule a tour, contact the school office. (805) 969-5965 To see what our students are up to day-to-day, follow and like us on Facebook and Instagram. @MountCarmelSchoolSB

**SAFEGUARD OUR CHILDREN**

**Did you know?**

**Paying attention to negative behavioral cues**

A child may not be able to verbalize when he or she is being abused, but certain signs may prompt caregivers to take a closer look. Red flag behaviors may include a sudden change in behavior, like a child hating something he previously liked, or changing eating habits. Children suffering from abuse may become increasingly moody, aggressive, or depressed, or secretive and defensive. For more red flag behaviors, read the VIRTUS® article

“Being Attentive to Children and Youth” at [lacatholics.org/did-you-know/know/](http://lacatholics.org/did-you-know/know/).



OUR LADY of  
**MOUNT CARMEL SCHOOL**



Learn what's possible in a school community committed to faith values & academic excellence!  
Call to join us for a school tour today!

@MountCarmelSchoolSB (805)969-5965



Eucharistic Ministers

Lectors

4:30pm  
Jane Macedo de Veer  
Debbie Bruce  
8:00am  
John Pate  
Joan Rocco  
10:00am  
Marty Bell  
Deb Ferris  
12:00pm  
Chris Toomey  
Kathy Wilson

4:30pm  
Brenda Nielsen  
8:00am  
Sheila Neary  
10:00am  
Jackie Krock  
Carol Webb  
12:00pm  
James Garcia



Having a Mass said for a loved one, living or dead, is a powerful way to give them grace. To request a Mass intention, please contact the parish office by emailing us at [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com).

Please Pray For The Sick Of Our Parish



Gus Munoz  
Domini Tarman—Mary Press  
Cheryl & Tom Elder  
Carolyn Groth-Marnat  
Alicia Williford  
CJ & Tania Helekahi

Please contact us if you would like to add or remove a name from the prayer list.

**Adoration of the Blessed Sacrament**

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every Wednesday from 3:30pm to 6pm in the Main Church. **All are welcome!**



**Mass Intentions**

SAT.	MARCH 23RD
DAILY	John Rosecrance †
VIGIL	Alex Saucedo † & Vickie Bruce †
SUN.	MARCH 24TH
8:00AM	Intentions of Kathleen Toschi
10:00AM	Joe Doud †
12:00PM	Intentions of the Overgaag & Vyverberg Families, Living and Deceased
MON.	MARCH 25TH
DAILY	Lili & Billy Woodfield †
TUES.	MARCH 26TH
DAILY	Intentions of Carol Wathen
WEDS.	MARCH 27TH
DAILY	Intentions of Amy Warren
THURS.	MARCH 28TH
7:30PM	For All Parishioners
FRI.	MARCH 29TH
NO MASS	
SAT.	MARCH 30TH
7:30PM	RCIA Candidates of OLMC
SUN.	MARCH 31ST
8AM	Intentions of Sarah Rose Duimovich
9:30AM	For All Parishioners
11AM	The Priests of OLMC
12:30PM	Nelson Huber †

**CATHOLIC CHARITIES**

The Santa Barbara Catholic Charities Food Pantry continues to be in need of filling their shelves. We must always remember those who may be homeless, those in between jobs and those whose family just have a basic need. Your continued support is appreciated. Food can be dropped off in the baskets in the back of the Church, or at the parish office.

**Clothing and other donations MUST be taken directly to CC at 609 E. Haley St. Santa Barbara. Thank you for your generosity!**

