



Our Lady of Mount Carmel Catholic Church

16th Sunday of Ordinary Time July 20, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, *Pastor Emeritus*

Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone: 805/969-6868

Website: www.mtcarmelsb.com

Email: info@mtcarmelsb.com

Masses

Daily 7:45 AM

Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM – Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

Sacraments

Baptism – baptisms@mtcarmelsb.com

First Holy Communion –

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage – weddings@mtcarmelsb.com

OCIA (Adult Sacraments) – info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J.

rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group – "The MC Club"

6th-8th Grade Youth Group - "The 'M&M's'"

High School Confirmation & Leadership – CORE

Young Adult – Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com

"Martha, Martha, you are anxious and
worried about many things.

There is need of only one thing. "

Lk 10:41



WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.



**Our Lady of Mount Carmel,
pray for us!**

Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

_____ New Parishioner _____ New Address

_____ New email or phone number

Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



Whole Community Faith Sharing

Gospel
Luke 10:38-42



Reflection: I am Martha! I've read this story of Jesus visiting Martha and Mary so many times and each time I identify with Martha. After my initial reaction, I finish the story and I feel confused at first, then I feel badly that I was so wrong. How could I be so wrong when I was doing "good" by serving everyone? I was just asking for a little help. Delving deeper, I can admit that God (Jesus) was doing something much more important. I should be listening more to God and worrying less about earthly anxiety. Yes, it's that simple.

Question: "You are anxious and worried about many things". What is causing me worry or anxiety right now? How might my faith help me in dealing with worry and anxiety?

Faith Response: I will ignore the anxiety that is ruining my health and peace of mind by turning to God in prayer and listening in the classroom of silence.



Are you interested in becoming Catholic, or learning more about the Catholic Faith?

Are you a Catholic adult that has not received your First Communion or Confirmation?

Our Parish's OCIA Program (formerly called RCIA) is now open for enrollment.

Please contact Fr. Lawrence Seyer if you are interested by emailing lseyer@mtcarmelsb.com.

MASS ON THE GRASS & BBQ DINNER

**SATURDAY, AUGUST 23RD
4:30PM MASS, 5:45PM DINNER**

Your BBQ ticket includes a Santa Maria style barbecue meal. There will be alcoholic beverages available for purchase & free games for the kids.

Tickets will be available to purchase after all Masses every weekend in August leading up to the event. They will also be available to purchase online in the coming weeks. by clicking the poster on the front page of the website. Tickets will not be available at the door, so please make sure to buy your meals ahead!

Please bring your own chairs for the lawn and wear sunscreen - shade will be limited.

**Tickets: \$35/person
Children 12 & Under: Free!**



OLMC MONDAY NIGHT LIVE!

“NOT OUR FIRST FIESTA”

BINGO NIGHT

AUGUST 4TH 6:30-8PM

LOCATED IN THE OLMC PARISH HALL
ENJOY A ROLICKING NIGHT OF PRIZE
BINGO, FUN FOOD AND LIBATIONS
PLEASE BRING A SNACK TO SHARE,
\$3.00 FOR TWO BINGO CARDS
INVITE A FRIEND.

TEXT SARAH AT 805-574-9941 FOR QUESTIONS
PLEASE NOTE: NO BINGO IN JULY DUE TO SARAH'S
VACATION

Our Lady of Carmel Parish
Young Family Ministry

Bubble Fiesta

With The Famous
SB Bubble Guy

Lets celebrate Fiesta with
lots of Bubbles, Music,
Snacks and Family Fun!

Sunday August 3
11:00am-Noon

Meet us on the OLMCS
Playground
1300 East Valley Road

FREE
TEXT SARAH AT 805-
574-9941 FOR MORE
INFORMATION







**OUR LADY OF
MT.CARMEL CHURCH**

M&M'S YOUTH GROUP

**FREE
6-8
GRADE**



**BACK TO
SCHOOL
TROLLEY
PARTY**

**AUG
27**

Meet by the
Volleyball Court
6:30-8pm
bring your waiver

**FOOD, GAMES, PRIZES!
OPEN TO ALL MIDDLE
SCHOOL STUDENTS
FROM ANY SCHOOL
TEXT SARAH MACK
AT 805-574-9941 FOR
MORE INFORMATION**




**OUR LADY OF MOUNT CARMEL
FAITH FORMATION**




Faith Formation

Sundays 8:40 - 9:50 AM
Grades K - 8
Starting August 24


Fall Registration Forms Now Available.
Please Check the Parish Website
info@mtcarmelsb.com

Faith Formation 805 969-4868
Director: Sister Rosalie Callen, CSJ
rcallen@mtcarmelsb.com




**OUR LADY OF MOUNT
CARMEL**

El Camino High School Confirmation



**TWO SUNDAY'S A MONTH
11:00-12:30**
**FOOD, DRINKS, GAMES &
MUSIC.**
**SERVICE RETREATS IN LA,
SANTA YNEZ, COACHELLA
VALLEY AND WITH OUR "GRACE
TO GO" VAN IN SANTA BARBARA**
**REGISTRATION FORMS CAN BE
PICKED UP IN THE OFFICE OR FOUND
ONLINE AT MTCARMEISB.COM
CALL SARAH AT (805) 574-9941 FOR
MORE INFORMATION**



Community Faith Academics

In our small, student-centered preschool environment children are nurtured through play, balanced with learning the social & academic skills needed for success in Kindergarten.



OUR LADY of MOUNT CARMEL Preschool

**CONTACT US TO SCHEDULE A VISIT
TODAY AND LEARN ABOUT THE
GREAT THINGS HAPPENING AT OLMCS!**

info@mountcarmelschool.net (805) 969-5965

www.olmcs.net   @MountCarmelSchoolSB



Eucharistic Ministers

Lectors

4:30pm

Martin Bell

8:00am

Alicia McFarlane

10:00am

Deborah Ferris

12:00pm

Scott Ogilvie

4:30pm

Jack Stratford

8:00am

Bridget Crooks

David Crooks

10:00am

Beth Boyd

Gary Boyd

Robert Nunez

12:00pm

Michael Massa

SAFEGUARD OUR CHILDREN

Safe environment tips

Everyone that works and interacts with children should have clear boundaries in place. This can include rules like: staying in public view and avoiding isolated one-on-one situations with children and ensuring that two or more adults are always paired together to work with children, as well as other guidelines on appropriate physical contact. For the Archdiocese of Los Angeles's guidelines on how to interact with minors at our parishes, schools and ministries please visit <https://lacatholics.org/policies-and-procedures/>, and for more tips read the VIRTUS® article "When Boundaries Abound, Our Lives Can Flourish" at lacatholics.org/did-you-know/.



Mass Intentions

SAT.	JULY 19TH
7:45AM	Intentions of the Seyer Family
4:30PM	Bill Jones †
SUN.	JULY 20TH
8AM	Intentions of Spencer Vaughn
10AM	For All Parishioners
12PM	Carolyn Bell †
MON	JULY 21ST
DAILY	Intentions of Roger † & Miny Willmon
TUES	JULY 22ND
DAILY	Lori Seyer †
WEDS	JULY 23RD
DAILY	John Rosecrance † Stan & Maria Glinksi †
THURS	JULY 24TH
DAILY	Intentions of Sadie Coglizer
FRI	JULY 25TH
DAILY	Fr. Lou Nichols † Intentions of Bridgette Snyder
SAT	JULY 26TH
DAILY	Intentions of Madison Grace Snyder
VIGIL	Intentions of James & Mary Ann Colson
SUN	JULY 27TH
8AM	Intentions of the Mack Family
10AM	Alex Saucedo † & Vickie Bruce †
12PM	For All Parishioners

Please Pray For The Sick Of Our Parish



Amy Warren - Mary Ann Nielsen
 Domini Tarman — Mary Press
 Cheryl & Tom Elder—Jim Clement
 Madryn Neuman-Francoise Cogburn
 Carolyn Groth-Marnat—Mary Cannon
 Alicia Williford—Meagan K.
 Dolores Smith—Spencer Vaughn
 John Ryan

Zofia Uznanska — Bill Whittenberg

Please contact us if you would like to add or remove a name from the prayer list.