



Our Lady of Mount Carmel Catholic Church

19th Sunday of Ordinary Time August 10, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, *Pastor Emeritus*

Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone: 805/969-6868

Website: www.mtcarmelsb.com

Email: info@mtcarmelsb.com

Masses

Daily 7:45 AM

Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM — Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

Sacraments

Baptism — baptisms@mtcarmelsb.com

First Holy Communion —

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage — weddings@mtcarmelsb.com

OCIA (Adult Sacraments) — info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J.

rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group — "The MC Club"

6th-8th Grade Youth Group - "The 'M&M's'"

High School Confirmation & Leadership — CORE

Young Adult — Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com

"if the master of the house had known the hour when the thief was coming, he would not have let his house be broken into. You also must be prepared, for at an hour you do not expect, the Son of Man will come." ~ Lk 12:39-40



WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,
pray for us!**



Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

_____ New Parishioner _____ New Address

_____ New email or phone number

Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



Whole Community Faith Sharing

Gospel

Luke 12: 32-48



Reflection: I will find comfort in His encouragement to not be afraid. God sees us as a "small flock" reminding us of our value to Him. Jesus encourages us to not hoard what we have, but to live and give generously and invest in eternal treasures, with love, compassion, acts of kindness and forgiveness. The message is important in this reading...the abundance of what we collect reflects on who we are, and we must emphasize the Spiritual, not the material in our relationship with God, and others as well.

Question: How can I keep the priority of the Kingdom of God and be better prepared?

Faith Response: Our daily life needs to reflect readiness and anticipation of Gods return. The emphasis of the unexpected nature of His coming must not be lost on us. We need to nurture our faith and support one another by love and compassion.

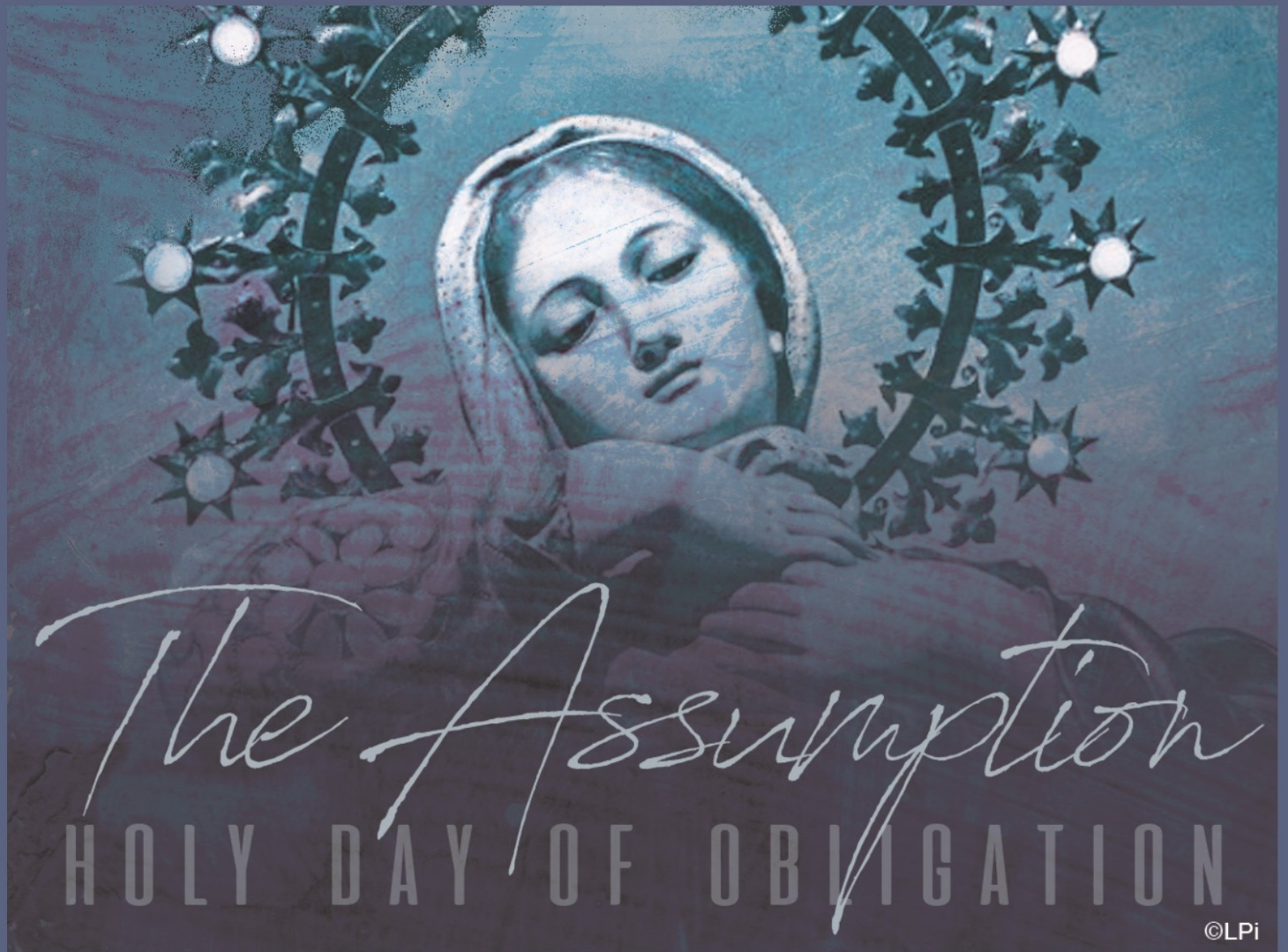


Are you interested in becoming Catholic, or learning more about the Catholic Faith?

Are you a Catholic adult that has not received your First Communion or Confirmation?

Our Parish's OCIA Program (formerly called RCIA) is now open for enrollment.

Please contact Fr. Lawrence Seyer if you are interested by emailing lseyer@mtcarmelsb.com.



Thursday, August 14th
5:30pm Vigil Mass

Friday, August 15th
7:45am Daily Mass
5:30pm Holy Day Mass

From the Principal's Desk...

"Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours."

This quote attributed to St. Teresa of Avila speaks to me in a special way. Almost twenty-five years ago when I was just starting my teaching career, I worked in the Logan Heights neighborhood in San Diego. I attended the Catholic church just a few blocks from where I lived and worked, Christ the King or Cristo Rey. In front of the church stood a statue of Jesus that had been vandalized years before. However, the parish embraced it in a positive way. The hands of Christ were broken off the statue, so some of these words from St. Teresa were added to a sign and later to plaques. "I have no hands but yours. No tengo manos más que las tuyas." It was always a powerful reminder to me that we are called to be Christ to others: to love, to serve, to bless our world.

I still remember receiving an email from a parent a few years ago thanking me and the classroom teacher for requiring service hours for our middle school students. To complete the middle school community service during the first trimester, her daughter and a friend helped a resident at Gardens on Hope to organize thousands of books to create a community library. In their time together, the girls not only were a big help to this resident, but they connected with her in a special way. This mom spoke about their service as a gift. "The gift is not in the work. There is the spread of goodwill, happy hearts and sometimes a little inspiration." What a beautiful way to think of serving, of being the hands of Christ! Instead of seeing community service as an obligation or another box to be checked, I pray that our students see it as an opportunity to spread goodwill and make hearts happy by being the hands of Christ!

Tracie Simolon
Principal

*Do you know a family who would be a great addition to our school community? Call our school office to RSVP for a school tour or to apply for the 2025-26 school year!
(805) 969-5965 or info@mountcarmelschool.net.*

Community Faith Academics

In our small, student-centered preschool environment children are nurtured through play, balanced with learning the social & academic skills needed for success in Kindergarten.



OUR LADY of MOUNT CARMEL Preschool

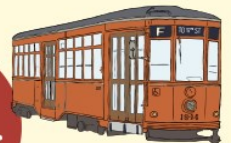
CONTACT US TO SCHEDULE A VISIT
TODAY AND LEARN ABOUT THE
GREAT THINGS HAPPENING AT OLMCS!

info@mountcarmelschool.net (805) 969-5965
www.olmcs.net   @MountCarmelSchoolSB

OUR LADY OF MT. CARMEL CHURCH

M&M'S YOUTH GROUP

FREE
6-8
GRADE




BACK TO SCHOOL TROLLEY PARTY

**AUG
27**

Meet by the
Volleyball Court
6:30-8pm
bring your waiver

FOOD. GAMES. PRIZES!
OPEN TO ALL MIDDLE
SCHOOL STUDENTS
FROM ANY SCHOOL
TEXT SARAH MACK
AT 805-574-9941 FOR
MORE INFORMATION






OUR LADY OF MOUNT CARMEL FAITH FORMATION 2025-2026

REGISTRATION FORMS NOW
AVAILABLE ON THE
PARISH WEBSITE
INFO@MTCARMELSB.COM

Meet & Greet
August 24
8:40 Parish Hall
Teachers,
Parents & Children

Formation classes
2025/26!
Grades k - 8
All children are
welcome!

Faith Formation 805 969-4868
Director: Sister Rosalie Callen, CSJ
rcallen@mtcarmelsb.com



OUR LADY OF MOUNT CARMEL El Camino High School Confirmation



TWO SUNDAY'S A MONTH
11:00-12:30
FOOD, DRINKS, GAMES & MUSIC.
SERVICE RETREATS IN LA, SANTA YNEZ, COACHELLA VALLEY AND WITH OUR "GRACE TO GO" VAN IN SANTA BARBARA

REGISTRATION FORMS CAN BE
PICKED UP IN THE OFFICE OR FOUND
ONLINE AT MTCARMELSB.COM
CALL SARAH AT (805) 574-9941 FOR
MORE INFORMATION

MASS ON THE GRASS & BBQ DINNER

SATURDAY, AUGUST 23RD
4:30PM MASS, 5:45PM DINNER

Your BBQ ticket includes a Santa Maria style barbecue meal. There will be alcoholic beverages available for purchase & free games for the kids.

Tickets will be available to purchase after all Masses every weekend in August leading up to the event. They will also be available to purchase online by clicking the poster on the front page of the website. Tickets will not be available at the door, so please make sure to buy ahead!

Please bring your own chairs for the lawn and wear sunscreen - shade will be limited.

Tickets: \$35/person
Children 12 & Under: Free!



OLMC MONDAY NIGHT LIVE!

"NOT OUR FIRST FIESTA"

BINGO NIGHT

MONDAY AUGUST 11TH 6:30-8PM
LOCATED IN THE OLMC PARISH HALL
ENJOY A ROLICKING NIGHT OF PRIZE BINGO, FUN FOOD AND LIBATIONS
PLEASE BRING A SNACK TO SHARE,
\$3.00 FOR TWO BINGO CARDS
INVITE A FRIEND.

TEXT SARAH AT 805-574-9941 FOR QUESTIONS
PLEASE NOTE: NO BINGO IN JULY DUE TO SARAH'S VACATION

M&M'S YOUTH GROUP
FOAM-A-PALOOZA
2025

SEPT 3RD 6:30-8PM
 Meet on the OLMC Field



JOIN US FOR A FUN NIGHT OF MUSIC, GAMES, FOAM MACHINES AND PRIZES

***PLEASE WEAR SHORTS AND A DARK COLORED T-SHIRT AND BRING A TOWEL AND CHANGE OF CLOTHES**

THE M&M'S YOUTH GROUP IS OPEN TO ANY MIDDLE SCHOOL STUDENT FROM ANY SCHOOL
 CALL OR TEXT SARAH MACK AT 805-574-9941 FOR MORE INFORMATION OR TO RESERVE YOUR SPOT.

Our Lady of Mount Carmel
 Faith Formation



MEET & GREET
 August 24, 8:40 AM
 Parish Hall



Parents, children and teachers please come and enjoy coffee, juice and donuts to start off our new Faith Formation year!

Registration Forms are available on the Parish Website info@mtcarmelsb.com or pick up and fill out in person that morning.

See you there!



Faith Formation (805) 969-4868
 Director: Sister Rosalie Callen, CSJ
RCALLEN@MTCARMELSB.COM



Summer
 "Wine" Down
BINGO NIGHT





Whether you're a wine connoisseur or a lover of Martinelli's Sparkling Cider, this event promises to a memorable night of Bingo, Food and Prizes!

MONDAY SEPT. 8TH
6:30PM-8PM
OLMC PARISH HALL

Entry fee is \$3.00 for two cards.
 Please bring a snack to share. Invite Friends- Open to all!

TEXT SARAH FOR MORE INFO
 805-574-9941

OLMC "Roaming Catholics"



GRANADA THEATRE



A Night at The Theatre

October 4th 4pm
\$70.00 per person



JOIN THE OLMC ROAMING CATHOLICS GROUP FOR A FAST-PACED, TOUR-DE-FORCE PERFORMANCE OF THIS ACCLAIMED ADAPTATION OF C.S. LEWIS' MASTERPIECE. THIS HIT OFFERS A FAITHFUL STAGE ADAPTATION OF LEWIS' THE SCREWTAPE LETTERS IN VIVID, HUMOROUS, AND POWERFUL WAYS.

Group Orchestra Seating can be purchased in the church office or online on the church website
 Text Sarah at 805-574-9941 for more information



Eucharistic Ministers

Lectors

4:30pm

Harriet Callier

8:00am

John Pate

10:00am

Debbie Bruce

12:00pm

Scott Ogilvie

4:30pm

Brenda Nielsen

8:00am

Bridget Crooks

David Crooks

10:00am

Jackie Krock

Robert Nunez

Carol Webb

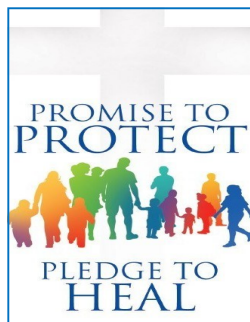
12:00pm

Marlene Massa

SAFEGUARD OUR CHILDREN

Far reaching effects of child abuse

Children who suffer from sexual abuse run a greater risk of negative associated outcomes, not only with their mental health, but also suicidal tendencies, potential future abuse, more cognitive deficits, or lower educational interests and efforts. Abused children also are at higher risk for eating disorders, obesity, early onset of puberty, or chronic health issues. Ultimately, abuse has far-reaching consequences beyond childhood for many victims, and it is critical to act quickly to protect potential victims. It's important to remember that any intervention or supportive response from a safe adult can reduce the risk of many or all negative outcomes. For more information, read the VIR-TUS® article "Disclosures Part 1: Why are Disclosures Important?" at lacatholics.org/did-you-know.



Mass Intentions

SAT.	AUGUST 9TH
7:45AM	Roy Rohter †
4:30PM	Gino & Rosetta Guadagnini † Barbara Laubacher †
SUN.	AUGUST 10TH
8AM	Douglas & James Duimovich †
10AM	Alex Saucedo † & Vickie Bruce †
12PM	For All Parishioners
MON	AUGUST 11TH
DAILY	Intentions of Carol Wathen
TUES	AUGUST 12TH
DAILY	Intentions of Benjamin Flowers
WEDS	AUGUST 13TH
DAILY	Don Benjamin De La Rosa † Ritz Brunello †
THURS	AUGUST 14TH
DAILY	Maria Herold †
VIGIL	Intentions of Lawrence Grassini
FRI	AUGUST 15TH
DAILY	Florian & Virginia Martini †
HOLY DAY	Ben Farago †
SAT	AUGUST 16TH
DAILY	Tina Lorge †
VIGIL	David Holloway Sr. †
SUN	AUGUST 17TH
8AM	Carolyn Bell †
10AM	Christopher Guadagnini †
12PM	For All Parishioners

Please Pray For The Sick Of Our Parish



Amy Warren - Mary Ann Nielsen
 Domini Tarman — Mary Press
 Cheryl & Tom Elder—Jim Clement
 Madryn Neuman-Francoise Cogburn
 Carolyn Groth-Marnat—Mary Cannon
 Alicia Williford—Meagan K.
 Dolores Smith—Spencer Vaughn
 John Ryan – Guadalupe Diaz De Leon
 Zofia Uznanska — Bill Whittenberg