



Our Lady of Mount Carmel Catholic Church

23rd Sunday of Ordinary Time September 7, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, *Pastor Emeritus*

Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone: 805/969-6868

Website: www.mtcarmelsb.com

Email: info@mtcarmelsb.com

Masses

Daily 7:45 AM

Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM – Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

Sacraments

Baptism – baptisms@mtcarmelsb.com

First Holy Communion –

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage – weddings@mtcarmelsb.com

OCIA (Adult Sacraments) – info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J.

rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group – "The MC Club"

6th-8th Grade Youth Group - 'The 'M&M's'

High School Confirmation & Leadership – CORE

Young Adult – Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

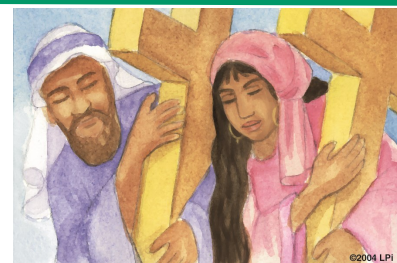
Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com

"Whoever does not carry his own
cross and come after me cannot be
my disciple." - Lk 14:27



WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,
pray for us!**



Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

_____ New Parishioner _____ New Address

_____ New email or phone number

Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com
for our Mass times, other
services schedule and
current parish events.

Please place the form into the
Offerory basket or you can
mail it to the parish office.



Whole Community Faith Sharing

Gospel Luke 14:25-33



Reflection: Today's Gospel may sound a bit negative. It is anything but negative. We can appreciate that Jesus is asking his followers to set priorities, with their relationship with Him, with their families, neighbors and themselves.

Question: Knowing that as disciples of Jesus, we need to place Him first in everything we do, say and think. Will I put Jesus first?

Faith Response: This year, I will strive for positively transformed relationships with Jesus, myself and others.

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every Wednesday from 3:30pm to 6pm in the Main Church & First Fridays from 8:15-11AM

All are welcome!

*"O Sacrament most holy,
O Sacrament divine,
all praise and all
thanksgiving be every
moment thine!"*



VIRTUS Training

Protecting God's Children (Initial Training)
Tuesday, September 16th | 6pm to 9pm, Parish Hall

Keeping the Promise Alive (Renewal Training)
Tuesday, October 14th | 7pm to 8:30pm

All parish volunteers are required by the Archdiocese of Los Angeles to attend VIRTUS Training once every four years. If your certification has expired more than a year ago, you are required to retake the initial training.

Registration is open to active volunteers/staff of
Our Lady of Mount Carmel Parish/School only.

To register for this mandatory training, or inquire about other session dates, please contact the Parish Office by emailing info@mtcarmelsb.com.

RSVP DEADLINES

Protecting God's Children - Friday, September 12th
Keeping the Promise Alive - Friday, October 10th



Our Lady of Mount Carmel
Faith Formation

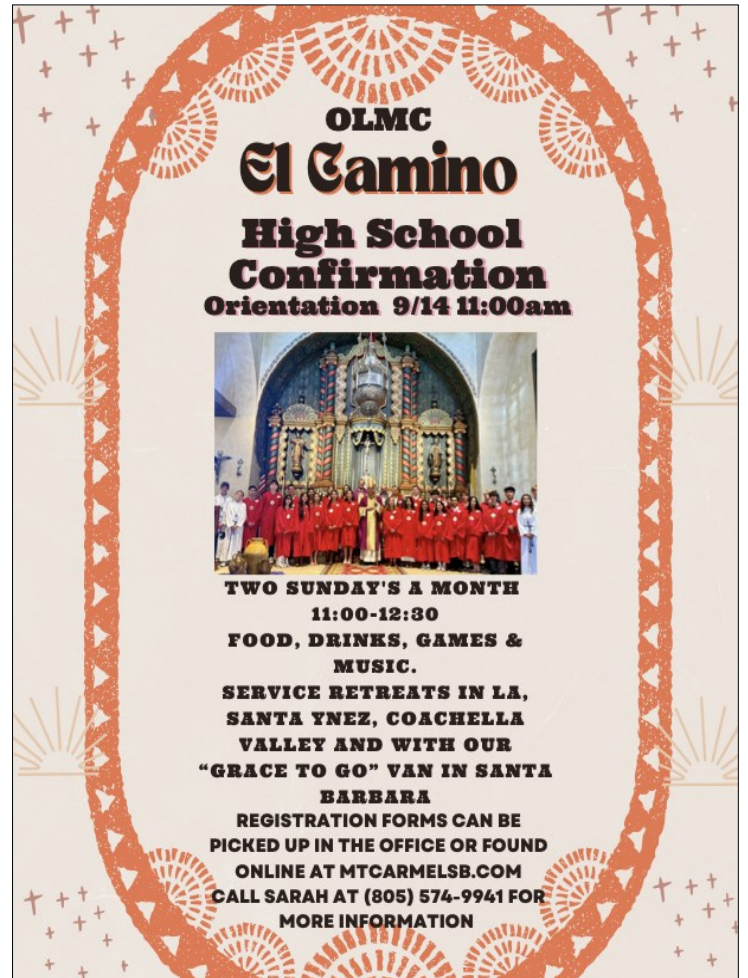
CLASSES BEGIN TODAY!
Come make new friends, have fun
and learn about our Catholic faith.




All children are welcome!
Grades K - 8
Sundays
8:40 - 9:50 AM Registration Forms
available on the Parish Website
info@mtcarmelsb.com



Faith Formation 805 969-4868
Director: Sister Rosalie Callen, CSJ
rcallen@mtcarmelsb.com



OLMC
El Camino
High School
Confirmation
Orientation 9/14 11:00am



TWO SUNDAY'S A MONTH
11:00-12:30
FOOD, DRINKS, GAMES & MUSIC.
SERVICE RETREATS IN LA, SANTA YNEZ, COACHELLA VALLEY AND WITH OUR "GRACE TO GO" VAN IN SANTA BARBARA
REGISTRATION FORMS CAN BE PICKED UP IN THE OFFICE OR FOUND ONLINE AT MTCARMELSB.COM
CALL SARAH AT (805) 574-9941 FOR MORE INFORMATION



OLMC M&M'S YOUTH GROUP
13 FT ICE CREAM SUNDAE NIGHT



STUDY BREAK!
TAKE A BREAK AND ENJOY OUR 13 FT ICE CREAM SUNDAE, GAMES AND RAFFLES
10/8 6:30-8PM
OLMC PARISH HALL
TEXT SARAH @ 805-574-9941 TO RESERVE YOUR SPOT! FREE AND OPEN TO ALL MIDDLE SCHOOL STUDENTS FROM ANY SCHOOL



OLMC YOUTH MINISTRY
MC Club
5th Grade Youth Group

LIVE MUSIC - PIÑATA - GAMES
FOOD - FRIENDS

FALL KICK OFF-FREE

THE MC CLUB IS OPEN TO ANY 5TH GRADER FROM ANY SCHOOL LED BY SARAH AND JUSTIN MACK

OLMC PARISH HALL
PLEASE TEXT YOUR RSVP TO SARAH 805-574-9941

10/15
6:30PM-8:00

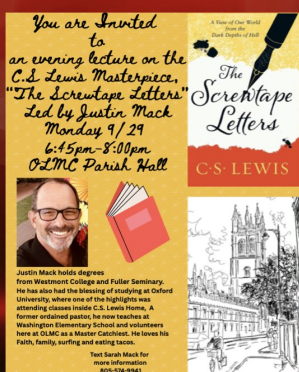
ONCE A MONTH FUN FOR ALL

OLMC "Roaming Catholics"



Our Group Tickets are Sold Out
but feel free to come to our incredible lecture
on this amazing book! **FREE** and Open to all

Monday 9/29 6:45pm in the Parish Hall
Led By Justin Mack



Stop & Think: Phishing Scams

Recently, there has been an increase of email and phone phishing scams, emails claiming to be from our parish or from Father Lawrence. Please check our bulletin and website for our phone number and official emails, and block/report any other correspondence you receive claiming to be from our parish. Never provide personal or confidential information in response to an email, call, or text. Online donations can only be made through our website under the "donation" tab.



Our
AUTUMN
BBQ VILLA MAJELLA
MATERNITY HOME

Saturday October 11, 2025

Our Lady of Mt Carmel Church
1300 East Valley Road, Santa Barbara

5:00 - 8:00pm

Silent Auction! Live Entertainment! Raffle!

Santa Maria Style BBQ Dinner

Sponsored by the Knights of Columbus Council 1684 &
Catholic Daughters of the Americas Court 293

Tickets: \$45 per Adult

Children under 12 free

805.683.2838 or www.villamajella.org/events

Reserve Your Seat Today!

Summer
"Wine" Down

BINGO
NIGHT



Whether you're a wine connoisseur or a lover of Martinelli's Sparkling Cider, this event promises to be a memorable night of Bingo, Food and Prizes!

MONDAY SEPT. 8TH

6:30PM-8PM

OLMC PARISH HALL

Entry fee is \$3.00 for two cards.

Please bring a snack to share. Invite
Friends- Open to all!

TEXT SARAH FOR MORE INFO
805-574-9941



From the Principal's Desk...

This weekend we kick off our annual Adopt-a-Student appeal. The generosity of donors, like you, helps us to achieve the goal of supporting families who value Catholic education but are unable to pay full tuition. Over the last fourteen years, this appeal has enabled hundreds of students to benefit from an OLMCS Catholic education that would not have been possible otherwise. Those same students have gone on to our local high schools and beyond to become celebrated scholars, athletes, and artists. They have become leaders for the next generation as student council presidents, campus ministers, and valedictorians. Your donation is an investment in our collective future and is a priceless gift to those families who directly benefit. Consider showing your support today by taking the Adopt-a-Student card in your pew. For those who have contributed in the past, be sure to check your mailbox for the annual mailing. If you are not able to give at this time, we ask for your prayers for our school and students. May God bless you!

Tracie Simolon
Principal

Do you know a family who would be a great addition to our school community?

Contact us at (805) 969-5965 or
info@mountcarmelschool.net.

Stay up on what's happening at Our Lady of Mount Carmel School by following us on Facebook and Instagram.

@MountCarmelSchoolSB



SAVE THE DATE

**OUR LADY OF MOUNT CARMEL SCHOOL
42ND ANNUAL
AUCTION & DINNER**

**FRIDAY, NOVEMBER 14TH 2025
EL PASEO RESTAURANT, SANTA BARBARA**

OUR LADY OF MOUNT CARMEL CHURCH

LITURGY-MUSIC-SERVICE-COMMUNITY

- Mass Daily at 7:45 am
Saturday Vigil 4:30pm
Sunday 8, 10 and Noon
- Internships and Spiritual Direction
- Take a Tour, Share a Meal and
Learn about the many
opportunities OLMC has to
offer.

**WESTMONT STUDENTS
DO YOU NEED A
RIDE TO MASS?**

**Text Sarah @
805-574-9941**

1300 East Valley Road, Montecito
California 93108 (805) 969-6868

www.mtcarmelsb.com



Eucharistic Ministers

Lectors

4:30pm

Harriet Callier

8:00am

John Pate

10:00am

Beth Boyd

12:00pm

John Osley

4:30pm

Stephen Biersmith

8:00am

Bridget Crooks

David Crooks

10:00am

Gary Boyd

Jackie Krock

Mark Lorge

12:00pm

James Garcia

SAFEGUARD OUR CHILDREN

Downloading apps

If your child has a mobile phone or tablet, you should be aware of what apps he or she is downloading and using. There are several apps designed to hide photos and videos, that are protected by security features like passwords, fingerprints or face ID. These apps may not be immediately obvious on a device, as they are designed to be hidden. One tip to avoid hidden content or apps is to set up a shared log-in or account which will allow you to prevent anything from being loaded to your child's phone without your knowledge. For more tips and information, read the VIRTUS® article "Do You Know What's Dwelling On Your Child's Phone?" at lacatholics.org/did-you-know.



Mass Intentions

SAT.	SEPTEMBER 6TH
7:45AM	Intentions of Sarah Mack (birthday)
4:30PM	Paul & Maribel Jarchow †
SUN.	SEPTEMBER 7TH
8AM	Evelyn Louise Duimovich † Tony Crisp †
10AM	For All Parishioners
12PM	Intentions of Scott & Amie Godfrey
MON	SEPTEMBER 8TH
DAILY	Intentions of Glenn & Missy Mueller
TUES	SEPTEMBER 9TH
DAILY	Tina Lorge †
WEDS	SEPTEMBER 10TH
DAILY	Don Benjamin De La Rosa †
THURS	SEPTEMBER 11TH
DAILY	Intentions of Roger † & Miny Willmon
FRI	SEPTEMBER 12TH
DAILY	Roger & Kathleen Morehart †
SAT	SEPTEMBER 13TH
DAILY	John Borchard †
VIGIL	Gino & Rosetta Guadagnini †
SUN	SEPTEMBER 14TH
8AM	Carolyn Bell †
10AM	For All Parishioners
12PM	Bill Hopkins †

Please Pray For The Sick Of Our Parish

Amy Warren - Mary Ann Nielsen
 Domini Tarman — Mary Press
 Cheryl & Tom Elder—Jim Clement
 Madryn Neuman-Francoise Cogburn
 Carolyn Groth-Marnat—Mary Cannon
 Alicia Williford—Meagan K.
 Dolores Smith—Spencer Vaughn
 John Ryan – Guadalupe Diaz De Leon
 Zofia Uznanska — Bill Whittenberg
 Bret Dougherty



Please contact us if you would like to add or remove a name from the prayer list.