



Our Lady of Mount Carmel Catholic Church

Exultation of the Holy Cross September 14, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*

lseyer@mtcarmelsb.com

Monsignor Stephen Downes, *Pastor Emeritus*

Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

Phone: 805/969-6868

Website: www.mtcarmelsb.com

Email: info@mtcarmelsb.com

Masses

Daily 7:45 AM

Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM— Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

www.mountcarmelschool.net

Sacraments

Baptism— baptisms@mtcarmelsb.com

First Holy Communion—

Confirmation ('El Camino' High School)

sarahm@mtcarmelsb.com

Marriage— weddings@mtcarmelsb.com

OCIA (Adult Sacraments) — info@mtcarmelsb.com

Faith Formation

805/969-4868

Sister Rosalie Callen, C.S.J.

rcallen@mtcarmelsb.com

Youth Ministry

805/574-9941

Sarah Mack

sarahm@mtcarmelsb.com

5th Grade Youth Group— "The MC Club"

6th-8th Grade Youth Group - 'The 'M&M's'

High School Confirmation & Leadership— CORE

Young Adult— Spiritual Direction/Discipleship

Secular Order of Carmelites

Merri Berwick

805/448-3587

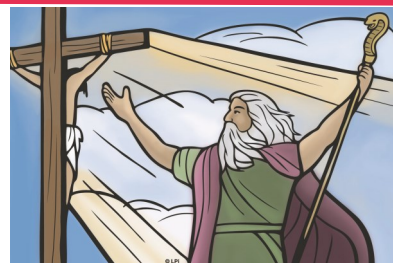
Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

kpatrice@mtcarmelsb.com

"And just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life." Jn 3:14



WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,
pray for us!**



Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

☐ New Parishioner ☐ New Address

☐ New email or phone number

Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com
for our Mass times, other
services schedule and
current parish events.

Please place the form into the
Offerory basket or you can
mail it to the parish office.



Whole Community Faith Sharing

Gospel John 3: 13~17



Reflection: It's good news that God loves this world! Often in the midst of judgment and moralizing, we sometimes forget that God loves us and this world. The first and last message is about love.

Whether we are black or white, where you are from, or what language you speak, God loves his people. "God loves the world" means everybody. His love is like the rain coming on us and showering us with His love.

Question: What are ways I can share God's love in my daily life?

Faith Response: I must remember, that God loves all of us! When I find myself in judgement of others, I will remember that God loves them and we are all His people! If God loves all of us, we must refrain from judgement of others and be kind.

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every
Wednesday from 3:30pm to 6pm, and the
First Friday of every month from 8:15am
until 11am, in the Main Church.

All are welcome!

YOU ARE INVITED TO A

wine & cheese reception

HOSTED BY
THE PARISH

VISIT WITH MEMBERS OF THE PARISH,
OLD AND NEW, AND ENJOY WINE,
CHEESE AND LIGHT REFRESHMENTS IN
OUR SIDE COURTYARD.

SATURDAY, SEPTEMBER 27TH
IMMEDIATELY FOLLOWING
THE 4:30PM MASS.



Our Lady of Mount Carmel

Faith Formation

Welcome!

Please join us every Sunday!

Grades K - 8

8:40 - 9:50 AM

Registrations online or on-site

First Family Focus

September 21

Parish Hall - 8:30 - 9:50 AM

First Family Mass - 10:00AM

Following regular class

September 28



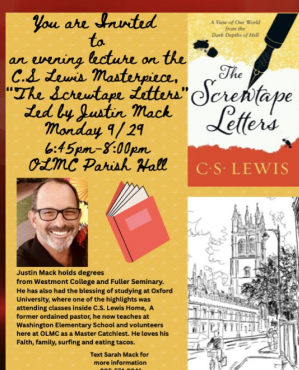
Faith Formation 805 969-4868
Director: Sister Rosalie Callen, CSJ
rcallen@mtcarmelsb.com

OLMC "Roaming Catholics"



Our Group Tickets are Sold Out
but feel free to come to our incredible lecture
on this amazing book! **FREE** and Open to all

Monday 9/29 6:45pm in the Parish Hall
Led By Justin Mack



Stop & Think: Phishing Scams

Recently, there has been an increase of email and phone phishing scams, emails claiming to be from our parish or from Father Lawrence. Please check our bulletin and website for our phone number and official emails, and block/report any other correspondence you receive claiming to be from our parish. Never provide personal or confidential information in response to an email, call, or text. Online donations can only be made through our website under the "donation" tab.



Our
**AUTUMN
BBQ** VILLA MAJELLA
MATERNITY HOME

Saturday October 11, 2025

Our Lady of Mt Carmel Church
1300 East Valley Road, Santa Barbara

5:00 - 8:00pm

Silent Auction! Live Entertainment! Raffle!

Santa Maria Style BBQ Dinner

Sponsored by the Knights of Columbus Council 1684 &
Catholic Daughters of the Americas Court 293

Tickets: \$45 per Adult

Children under 12 free

805.683.2838 or www.villamajella.org/events

Reserve Your Seat Today!



**OUR LADY OF MOUNT
CARMEL SCHOOL
42ND ANNUAL
AUCTION & DINNER**

FRIDAY, NOVEMBER 14TH 2025
EL PASEO RESTAURANT, SANTA BARBARA

From the Principal's Desk...

The school, mindful of its mission to be a witness to the love of Christ for all, admits students regardless of race, color, national origin, and/or ethnic origin to all rights, privileges, programs, and activities generally accorded or made available to students at the school.

The school does not discriminate on the basis of race, color, disability, medical condition, sex, or national and/or ethnic origin in the administration of educational policies and practices, scholarship programs, and athletic and other school-administered programs, although certain athletic leagues and other programs may limit participation and some archdiocesan schools operate as single-sex schools.

While the school does not discriminate against students with special needs, a full range of services may not always be available to them. Decisions concerning the admission and continued enrollment of a student in the school are based upon the student's emotional, academic, and physical abilities and the resources available to the school in meeting the student's needs.

Tracie Simolon
Principal

Do you know a family who would be a great addition to our school community?
Contact us at (805) 969-5965 or
info@mountcarmelschool.net.

Stay up on what's happening at Our Lady of Mount Carmel School by following us on Facebook and Instagram.
[@MountCarmelSchoolSB](https://www.facebook.com/MountCarmelSchoolSB)



OLMC M&M'S YOUTH GROUP

13 FT ICE CREAM SUNDAE NIGHT

STUDY BREAK!
TAKE A BREAK AND ENJOY OUR
13 FT ICE CREAM SUNDAE,
GAMES AND RAFFLES
10/8 6:30-8PM
OLMC PARISH HALL
TEXT SARAH @ 805-574-9941 TO RESERVE YOUR
SPOT! FREE AND OPEN TO ALL MIDDLE SCHOOL
STUDENTS FROM ANY SCHOOL



OLMC YOUTH MINISTRY

MC Club
5th Grade Youth Group

LIVE MUSIC - PIÑATA - GAMES
FOOD - FRIENDS

FALL KICK OFF-FREE

THE MC CLUB IS OPEN TO
ANY 5TH GRADER FROM ANY SCHOOL
LED BY SARAH AND JUSTIN MACK

OLMC PARISH HALL
PLEASE TEXT YOUR RSVP
TO SARAH 805-574-9941

10/15
6:30PM-8:00

ONCE A MONTH FUN FOR ALL



Eucharistic Ministers

Lectors

4:30pm

Harriet Callier

8:00am

Alicia McFarlane

10:00am

Brian Simolon

12:00pm

Scott Ogilvie

4:30pm

Jack Stratford

8:00am

Jack Casey

10:00am

Jackie Krock

Jane Osumi

Gretel Rothrock

12:00pm

Hank Peterson

SAFEGUARD OUR CHILDREN

Back to school season is a good time to refresh children on internet safety.

Back-to-school season is an ideal time to refresh internet safety rules with the children in your care. For example, it is helpful to establish clear guidelines like what types of sites children can visit, apps they can download, and when they can have access to electronics. Families can also consider “blackout” periods that require disconnection – possibly during dinner and leading up to bed-time. Netsmartz offers resources for keeping children and teens safe online, please visit

<https://www.missingkids.org/content/dam/netsmartz> for more internet safety tips.



Mass Intentions

SAT.	SEPTEMBER 13TH
7:45AM	John Borchard †
4:30PM	Gino & Rosetta Guadagnini †
SUN.	SEPTEMBER 14TH
8AM	Carolyn Bell †
10AM	For All Parishioners
12PM	Bill Hopkins †
MON	SEPTEMBER 15TH
DAILY	Intentions of Mr. & Mrs. Norman Borgatello
TUES	SEPTEMBER 16TH
DAILY	Intentions of Mark & Julee Richards
WEDS	SEPTEMBER 17TH
DAILY	Intentions of Carol Wathen
THURS	SEPTEMBER 18TH
DAILY	Jane K. Weinheimer †
FRI	SEPTEMBER 19TH
DAILY	George Duimovich † Bill & Toni Simon †
SAT	SEPTEMBER 20TH
DAILY	Lori Seyer †
VIGIL	Bill Jones †
SUN	SEPTEMBER 21ST
8AM	For All Parishioners
10AM	Tina Lorge †
12PM	Yolanda Oropeza †

Please Pray For The Sick Of Our Parish

Amy Warren - Mary Ann Nielsen
 Domini Tarman — Mary Press
 Cheryl & Tom Elder—Jim Clement
 Madryn Neuman-Francoise Cogburn
 Carolyn Groth-Marnat—Mary Cannon
 Alicia Williford—Meagan K.
 Dolores Smith—Spencer Vaughn
 John Ryan – Guadalupe Diaz De Leon
 Zofia Uznanska — Bill Whittenberg
 Bret Dougherty

Please contact us if you would like to add or remove a name from the prayer list.

