



# Our Lady of Mount Carmel Catholic Church

## Our Lord Jesus Christ King of the Universe November 23, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

### Priests

Fr. Lawrence Seyer, *Pastor*  
[lseyer@mtcarmelsb.com](mailto:lseyer@mtcarmelsb.com)  
Monsignor Stephen Downes, *Pastor Emeritus*  
Father Maurice O'Mahony, *Pastor Emeritus*

### Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108  
**Phone:** 805/969-6868  
**Website:** [www.mtcarmelsb.com](http://www.mtcarmelsb.com)  
**Email:** [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

### Masses

Daily	7:45 AM
Saturday Vigil	4:30 PM
Sunday	8:00 AM - 10:00 AM - 12:00 PM

### Holy Day Mass

Please check website for updated Mass times.

### Confessions

Saturdays, from 3:30 to 4:15 PM – Side Chapel

### Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon  
Pre-K thru 8th Grade  
[www.mountcarmelschool.net](http://www.mountcarmelschool.net)

### Sacraments

Baptism – [baptisms@mtcarmelsb.com](mailto:baptisms@mtcarmelsb.com)

Confirmation ('El Camino' High School)  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)

Marriage – [weddings@mtcarmelsb.com](mailto:weddings@mtcarmelsb.com)

OCIA (Adult Sacraments) – [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

### Faith Formation/First Communion

805/969-4868

Sister Rosalie Callen, C.S.J.  
[rcallen@mtcarmelsb.com](mailto:rcallen@mtcarmelsb.com)

### Youth/Young Adult Ministry

805/574-9941

Sarah Mack  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)  
5th Grade Youth Group – "The MC Club"  
6th-8th Grade Youth Group - 'The 'M&M's'  
High School Confirmation & Leadership – CORE  
Young Adult – Spiritual Direction/Discipleship  
Young Family Ministry – Stay & Play

### Secular Order of Carmelites

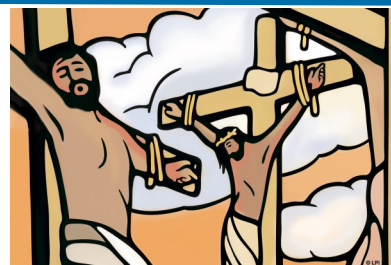
Merri Berwick 805/448-3587

### Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan  
[kpatrice@mtcarmelsb.com](mailto:kpatrice@mtcarmelsb.com)

"He said, 'Jesus, remember me when you come into your kingdom.' He replied to him, 'Amen, I say to you, today you will be with me in Paradise.'" - Lk 23:42-43



## WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

[info@mtcarmelsb.com](mailto:info@mtcarmelsb.com). Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,  
pray for us!**



### Parish Registration Form

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_

email \_\_\_\_\_

### Check One

\_\_\_\_\_ New Parishioner    \_\_\_\_\_ New Address

\_\_\_\_\_ New email or phone number

### Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "[olmcsb.flocknote.com](http://olmcsb.flocknote.com)"

Check our website [mtcarmelsb.com](http://mtcarmelsb.com) for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



## Whole Community Faith Sharing

**Gospel**  
**Luke 23:35-43**



**Reflection:** This extremely powerful reading illustrates poignantly, redemption, grace and mercy. Jesus was suffering immensely, and even felt abandoned by his Father, but he showed Grace and Mercy for another man next to him on the cross who asked for forgiveness at the 11th hour. There is always hope and redemption in God's grace. He seeks us and wants us to have faith. God has great love for humanity, and this passage is an eternal testament to transformation and genuine repentance and mercy.

**Question:** *How can I practice forgiveness more in my own daily life?*

**Faith Response:** The great mercy and forgiveness that God extends to those who are seeking Redemption will be my guiding light in my daily life. I will recognize the need for Salvation and be humble in recognizing the need for Redemption.



**Happy Thanksgiving!**

**Our parish office will be closed  
November 27th & 28th in  
observance of the holiday.**

**We pray you all have travel  
mercies, happy & healthy  
celebrations! God bless you.**



Thanksgiving Day Mass will be at 9am.  
There will be no Daily Mass at 7:45am.  
Friday, November 28th, we will have our  
regular Daily Mass at 7:45am.

Let us gather as a community, united in thankfulness, as we give praise for the blessings  
bestowed upon us!

## OUR LADY OF MOUNT CARMEL GIVING TREE



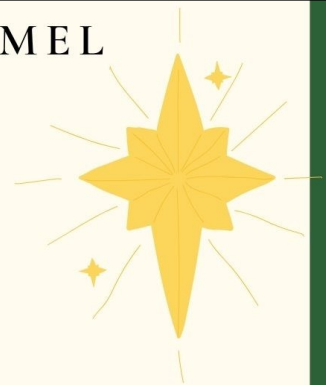
Since Christmas is a time of giving and  
sharing, we are inviting our parishioners,  
to join us in helping some of the less  
fortunate families

in the Santa Barbara community  
experience the joyful love of Christmas.

On **November 23<sup>rd</sup>** after the Masses  
you will have an opportunity to  
sponsor a child.

Please contact Sister Kathleen if you  
would like to make a donation to help  
make a child's Christmas wish come true.

**Sister Kathleen Patrice 805 969-4868.**  
**[kpatrice@mtcarmelsb.com](mailto:kpatrice@mtcarmelsb.com)**







# THANK YOU TO OUR CORPORATE SPONSORS!

Our Lady of Mount Carmel School thanks our corporate sponsors for their generosity and dedication. Your investment in our community helps create meaningful opportunities today and for the future.

*El Presidente*

*Caruso*

FAMILY FOUNDATION

*Reina del Fiesta*



*Caballero*



*Spirit of Fiesta*



*Amigo*



Monday Night Live

# Advent Bingo

Join the Holiday Cheer with Advent Bingo, where every wrapped prize will bring joy and fun! Bring a Friend, a Wrapped Gift (that costs \$5.00 or less) and a favorite treat to share.

**DECEMBER 1ST  
6:30-8PM  
IN THE PARISH HALL**

\$3.00 gets you admission and two Bingo cards.  
Ages 21 and Up



**Save the Date!**  
**Advent Night of Reflection**  
**with Bishop Matt Elshoff**  
**~ Advent: The Season of Mary ~**

**Tuesday, December 9th @ 7pm in the Parish Hall**

Please join fellow parishioners for this gathering as we prepare our hearts and homes for the coming of Jesus at Christmas, and His promised second coming. A light reception will follow the talk. All are welcome to attend.

Bishop Elshoff was born in Cincinnati, Ohio, but grew up in the Los Angeles area, attending St. Bede the Venerable Church and school in La Cañada Flintridge as a child. He entered the Capuchin Franciscan Order in 1973 and was ordained to the priesthood in 1982. He is currently serving as the Episcopal Vicar for Our Lady of the Angels Pastoral Region.

## From the Principal's Desk...

Thanksgiving is one of my favorite times of the year! It is a holiday time solely dedicated to showing gratitude, gathering with family, and enjoying delicious food. As we approach the holiday next week, I want to share how grateful I am for the support of so many for this year's Auction. The event last weekend, our Fiesta Elegante, was a great success! As I have stated many times, our goal is to provide an excellent Catholic education to all who seek it, maintaining affordable tuition and offering tuition assistance to those who need it. Many thanks for your participation, generosity, and prayers!

In reading about the Pilgrims and what we think of as the first Thanksgiving celebration, a quote from chronicler Edward Winslow resonates with me as I reflect on our success. "[A]lthough it be not always so plentiful, as it was at this time with us, yet by the goodness of God, we are so far from want, that we often wish you partakers of our plenty."

Our lives are not always plentiful or easy. However, most of us go through much of life "so far from want." God has blessed us in so many ways, materially and spiritually. As we approach Thanksgiving this week, let us, slow down to reflect with gratitude on the many blessings big and small in our lives

- Tracie Simolon, Principal

Do you know a family who would be a great addition to our school community?

**Contact us at (805) 969-5965 or  
info@mountcarmelschool.net .**

Stay up on what's happening at Our Lady of Mount Carmel School by following us on Facebook and Instagram. @MountCarmelSchoolSB





**OLMC M&M'S YOUTH GROUP**

**14<sup>th</sup> Annual Advent "Up-Cycled" Gift Exchange**

Please bring a used item, giftwrapped and ready to swap.  
Gift can not be alive...dont ask!

Date- Wednesday 12/3  
Time-6:30-8pm  
Location- The OLMC Parish Hall

Games and An Advent Raffle!  
Feel Free to bring Treats!  
Bring a friend!  
Open to all middle school student from any school

TEXT SARAH AT 805-574-9941



**5TH GRADE YOUTH GROUP**

**MC-CLUB ADVENT GAME NIGHT**

**DECEMBER 10**  
6:30-8:00PM  
OLMC PARISH HALL

BRING A WRAPPED CANDY BAR FOR OUR EXCHANGE

**ACTIVITIES**  
"SLEDDING" "SNOWBALL FIGHT" I  
ADVENT TRIVIA -ARTS & CRAFTS,  
TREATS, RAFFLES AND MORE!

TEXT SARAH @ 805-574-9941  
FOR QUESTIONS  
5TH GRADERS FROM ALL SCHOOLS WELCOME



**OUR LADY OF MOUNT CARMEL FAITH FORMATION**

- Family Focus Today  
On Thanksgiving/Advent/Christmas

Happy Thanksgiving!  
Nov. 30 - No Class

Psalms 106:1  
"Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever."

Faith Formation 805 969-4868  
Director: Sister Rosalie Callen, CSI  
rcallen@mtcarmelsb.com



**YFM GINGERBREAD HOUSE STAY AND PLAY**

JOIN US AS WE DECORATE A PRE BUILT GINGERBREAD HOUSE,

ENJOY SNACKS, COOKIES, DRINKS AND GIVE TO A GOOD CAUSE.

**DECEMBER 7, 2025 3:30PM**  
**PARISH HALL**  
**\$25.00 A FAMILY**  
(\$5.00 OF THIS PRICE IS A DONATION TO HILLSIDE HOUSE)

PLEASE TEXT SARAH AT 805-574-9941  
TO RESERVE YOUR GINGERBREAD HOUSE  
BY 11/25 PAYMENTS CAN BE MADE IN  
THE CHURCH OFFICE OR ONLINE UNDER  
THE "GIVING" TAB-NOTE ITS FOR YFM



### Eucharistic Ministers

#### Lectors

4:30pm

Harriet Callier

8:00am

Alicia McFarlane

10:00am

Martin Bell

12:00pm

Clay Jordan

4:30pm

Jack Stratford

8:00am

Bridget Crooks

David Crooks

10:00am

Gary Boyd

Jackie Krock

Mark Lorge

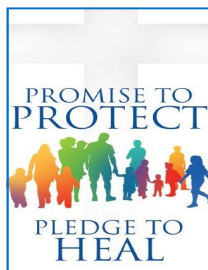
12:00pm

James Garcia

## SAFEGUARD OUR CHILDREN

### Facts about psychological grooming

A few weeks ago, we looked at physical grooming and how predators use it to lure victims. Another type of grooming is psychological, in which a predator spends a great deal of time with his or her victim, showering them with attention and making the victim feel a shared connection. When the predator becomes a peer to the child, then he has control. He can then offer special treatment — or threaten to take away that treatment, and even make threats against the child's family, pets, and other friends. For more information about psychological grooming, read the VIRTUS® article "The Grooming Process" at [lacatholics.org/did-you-know](http://lacatholics.org/did-you-know).



## Mass Intentions

SAT.	NOVEMBER 22ND
7:45AM	Intentions of Elijah Mack
4:30PM	Bill Jones †
SUN.	NOVEMBER 23RD
8AM	Christopher Guadagnini †
10AM	For All Parishioners
12PM	Carolyn Bell †
MON	NOVEMBER 24TH
DAILY	John Rosecrance † Edward Dysarz †
TUES	NOVEMBER 25TH
DAILY	Tina Lorge †
WEDS	NOVEMBER 26TH
DAILY	Timothy Francis Small †
THURS	NOVEMBER 27TH
9AM	Carolyn Nafgizer †
FRI	NOVEMBER 28TH
DAILY	Intentions of Carol Wathen Glynice Mathews †
SAT	NOVEMBER 29TH
DAILY	Betsy Lewis †
VIGIL	Intentions of Mark & Julee Richards
SUN	NOVEMBER 30TH
8AM	Roger Willmon †
10AM	Joe Doud †
12PM	Intentions of Anthony Dal Bello

### Please Pray For The Sick Of Our Parish

Amy Warren - Mary Ann Nielsen  
 Domini Tarman — Mary Press  
 Cheryl & Tom Elder—Jim Clement  
 Madryn Neuman-Francoise Cogburn  
 Carolyn Groth-Marnat—Mary Cannon  
 Meagan K.—Spencer Vaughn  
 John Ryan – Guadalupe Diaz De Leon  
 Zofia Uznanska — Bill Whittenberg  
 Bret Dougherty



Please contact us if you would like to add or remove a name from the prayer list.