



Our Lady of Mount Carmel Catholic Church

First Sunday of Advent November 30, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*
lseyer@mtcarmelsb.com

Monsignor Stephen Downes, *Pastor Emeritus*
Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108
Phone: 805/969-6868
Website: www.mtcarmelsb.com
Email: info@mtcarmelsb.com

Masses

Daily 7:45 AM
Saturday Vigil 4:30 PM
Sunday 8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM – Side Chapel

Our Lady of Mount Carmel School 805/969-5965
Principal - Tracie Simolon
Pre-K thru 8th Grade
www.mountcarmelschool.net

Sacraments

Baptism – baptisms@mtcarmelsb.com

Confirmation ('El Camino' High School)
sarahm@mtcarmelsb.com

Marriage – weddings@mtcarmelsb.com

OCIA (Adult Sacraments) – info@mtcarmelsb.com

Faith Formation/First Communion 805/969-4868

Sister Rosalie Callen, C.S.J.
rcallen@mtcarmelsb.com

Youth/Young Adult Ministry 805/574-9941

Sarah Mack
sarahm@mtcarmelsb.com
5th Grade Youth Group – "The MC Club"
6th-8th Grade Youth Group - 'The 'M&M's'
High School Confirmation & Leadership – CORE
Young Adult – Spiritual Direction/Discipleship
Young Family Ministry – Stay & Play

Secular Order of Carmelites

Merri Berwick 805/448-3587

Community Outreach

Sister Kathleen Patrice Sullivan
kpatrick@mtcarmelsb.com 805/969-4868

"If the master of the house had known the hour of night when the thief was coming, he would have stayed awake and not let his house be broken into. So too, you also must be prepared." Mt 24:43-44

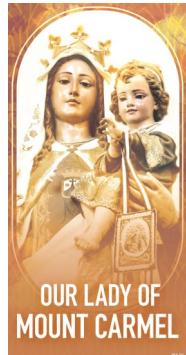


WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you. If you would like more information about our faith community, please email our us at info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm. The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,
pray for us!**



Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

New Parishioner New Address

New email or phone number

Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



Whole Community Faith Sharing

**Gospel
Matthew 24:37-44**



Reflection: Advent reminds us that living in anticipation requires more than just a hopeful heart; it demands active preparation. This preparation is both personal and communal. It beckons us to listen closely to God's call in our lives and to allow His grace to guide our choices and actions. In a world that often feels chaotic and overwhelming, this reflective period encourages us to seek clarity and purpose. It urges us to choose paths that might lead to peace, kindness and understanding, even amidst life's messiness. This Advent may each of us remain joyful and vigilant, ready to welcome both the Christ Child and the promise of his return.

Question: How can I "stay awake" to the realities of life and the challenges I face, as well as to the signs of hope in our world today?

Faith Response: This first week of Advent I will pray in the morning and evening to help me stay focused amid all the consumerism that surrounds me.

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every

Wednesday from 3:30pm to 6pm, and the First Friday of every month from 8:15am until 11am, in the Main Church.



All are welcome!



Save the Date! Advent Night of Reflection with Bishop Matt Elshoff

“Advent: The Season of Mary”

Tuesday, December 9th @ 7pm in the Parish Hall

Please join fellow parishioners for this gathering as we prepare our hearts and homes for the coming of Jesus at Christmas, and His promised second coming. A light reception will follow the talk. All are welcome to attend.

Bishop Elshoff was born in Cincinnati, Ohio, but grew up in the Los Angeles area, attending St. Bede the Venerable Church and school in La Cañada Flintridge as a child. He entered the Capuchin Franciscan Order in 1973 and was ordained to the priesthood in 1982. He is currently serving as the Episcopal Vicar for Our Lady of the Angels Pastoral Region.

OLMC CHRISTMAS POTLUCK

Tuesday, December 16th
6pm Parish Hall

Join fellow parishioners for an evening of festive fellowship as we prepare for Christmas.

RSVP is required for this event so that we do not run out of food and beverage. Drinks will be provided.

For any questions or help with RSVP, please contact

Louise Hill, 805-452-0274 or

Susan Robles, 805-252-8206

RSVP Website: <https://our-lady-of-mt-carmel-christmas-potluck.cheddarup.com>



Scan this QR code to
RSVP your dish & seat
or visit the website
listed above!



Monday Night Live

Advent Bingo

Join the Holiday Cheer with Advent Bingo, where every wrapped prize will bring joy and fun! Bring a Friend, a Wrapped Gift (that costs \$5.00 or less) and a favorite treat to share.

DECEMBER 1ST
6:30-8PM
IN THE PARISH HALL

\$3.00 gets you admission and two Bingo cards.
Ages 21 and Up

**FEAST OF THE
IMMACULATE CONCEPTION**

Monday, December 8th
Holy Day of Obligation
Mass Times: 7:45am & 5:30pm

OUR LADY OF MOUNT CARMEL

GIVING TREE

Since Christmas is a time of giving and sharing, we are inviting our parishioners, to join us in helping some of the less fortunate families in the Santa Barbara community. Please contact Sister Kathleen if you would like to still help a family or make a monetary donation to help make a child's Christmas wish come true.

Sister Kathleen Patrice 805 969-4868.
kpatrice@mtcarmelsb.com

2025

ANNUAL PROCESSION HONORING OUR LADY OF GUADALUPE

SUNDAY, DECEMBER 7, 2025
ROSARY AND PROCESSION
GATHER AT DE LA GUERRA PLAZA AT 5:30PM

OUR
LADY OF
SORROWS
CHURCH
21 E. SOLA ST.
SANTA BARBARA
CA 93101

HOLY
MASS
7:00PM

RECEPTION
IN THE
PARISH HALL

Following the Mass there will be hot chocolate and pan dulce.

OLMC M&M'S YOUTH GROUP

14th Annual Advent "Up-Cycled" Gift Exchange

Please bring a used item, giftwrapped and ready to swap. Gift can not be alive...don't ask!

Date- Wednesday 12/3
Time- 6:30-8pm
Location- The OLMC Parish Hall

Games and An Advent Raffle!
Feel Free to bring Treats!
Bring a friend!
Open to all middle school student from any school

TEXT SARAH AT 805-574-9941

5TH GRADE YOUTH GROUP

MC-CLUB ADVENT GAME NIGHT

DECEMBER 10
6:30-8:00PM
OLMC PARISH HALL

BRING A WRAPPED CANDY BAR FOR OUR EXCHANGE

ACTIVITIES
"SLEDDING" "SNOWBALL FIGHT" | ADVENT TRIVIA -ARTS & CRAFTS, TREATS, RAFFLES AND MORE!

TEXT SARAH @ 805-574-9941
FOR QUESTIONS
5TH GRADERS FROM ALL SCHOOLS WELCOME

OUR LADY OF MOUNT CARMEL FAITH FORMATION

HOPE
Happy 1st week of Advent!

God of hope, we light this candle as we prepare for the coming of your Son. Awaken our hearts to you this Advent season, so that when Christ arrives, we are ready to receive him with all our hearts, all our minds, and all our strength. Amen.

What will you do this week to prepare your heart for the birth of Jesus?
No Class Today

December - 7 Regular Class
December 14 - Christmas Program

Faith Formation 805 969-4868
Director: Sister Rosalie Callen, CSJ
reallen@mtcarmelsb.com

YFM GINGERBREAD HOUSE STAY AND PLAY

JOIN US AS WE DECORATE A PRE BUILT GINGERBREAD HOUSE,
ENJOY SNACKS, COOKIES, DRINKS AND GIVE TO A GOOD CAUSE.

DECEMBER 7, 2025 3:30PM
PARISH HALL
\$25.00 A FAMILY

(\$5.00 OF THIS PRICE IS A DONATION TO HILLSIDE HOUSE)
PLEASE TEXT SARAH AT 805-574-9941
TO RESERVE YOUR GINGERBREAD HOUSE
BY 11/25 PAYMENTS CAN BE MADE IN THE CHURCH OFFICE OR ONLINE UNDER THE "GIVING" TAB-NOTE ITS FOR YFM



Lectors

4:30pm
Joan Rocco

8:00am
Pam Langhorne

10:00am
Deborah Ferris

12:00pm
Scott Ogilvie

Eucharistic Ministers

4:30pm
Jack Stratford

8:00am
Bridget Crooks
David Crooks

10:00am
Gary Boyd
Jackie Krock
Mark Lorge

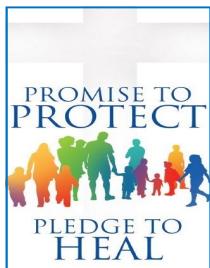
12:00pm
James Garcia

SAFEGUARD OUR CHILDREN Facts about community grooming

There is a third type of grooming: community grooming. In community grooming, a predator creates a controlled environment, projecting an image of a responsible, caring adult. They mimic the behavior of good people around them, to get closer to children and then select a victim. Adults often have trouble seeing potentially troubling behavior, because they have been groomed to see the predator as an upstanding person.

For more information, read the VIRTUS® article “The Grooming Process” at

lacatholics.org/did-you-know.



Mass Intentions

SAT.	NOVEMBER 29TH
7:45AM	Betsy Lewis †
4:30PM	Intentions of Mark & Julee Richards
SUN.	NOVEMBER 30TH
8AM	Roger Willmon †
10AM	Joe Doud †
12PM	Intentions of Anthony Dal Bello
MON	DECEMBER 1ST
DAILY	Don Benjamin De La Rosa †
TUES	DECEMBER 2ND
DAILY	Frank & Veronica Franklin †
WEDS	DECEMBER 3RD
DAILY	Jane K. Weinheimer †
THURS	DECEMBER 4TH
DAILY	Roger & Willa Morehart †
FRI	DECEMBER 5TH
DAILY	Don Benjamin De La Rosa †
SAT	DECEMBER 6TH
DAILY	Rina Bentajado †
VIGIL	Gino & Rosetta Guadagnini †
SUN	DECEMBER 7TH
8AM	Bill Werts †
10AM	For All Parishioners
12PM	Edmund Jenkins †

Please Pray For The Sick Of Our Parish

Amy Warren - Mary Ann Nielsen
Domini Tarman — Mary Press
Cheryl & Tom Elder—Jim Clement
Madryn Neuman-Francoise Cogburn
Carolyn Groth-Marnat—Mary Cannon
Meagan K.—Spencer Vaughn
John Ryan – Guadalupe Diaz De Leon
Zofia Uznanska — Bill Whittenberg
Bret Dougherty
Please contact us if you would like to add or remove a name from the prayer list.

