



# Our Lady of Mount Carmel Catholic Church

## Second Sunday of Advent December 7, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

### Priests

Fr. Lawrence Seyer, *Pastor*

[lseyer@mtcarmelsb.com](mailto:lseyer@mtcarmelsb.com)

Monsignor Stephen Downes, *Pastor Emeritus*

Father Maurice O'Mahony, *Pastor Emeritus*

### Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108

**Phone:** 805/969-6868

**Website:** [www.mtcarmelsb.com](http://www.mtcarmelsb.com)

**Email:** [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

### Masses

Daily 7:45 AM

Saturday Vigil 4:30 PM

Sunday 8:00 AM - 10:00 AM - 12:00 PM

### Holy Day Mass

Please check website for updated Mass times.

### Confessions

Saturdays, from 3:30 to 4:15 PM – Side Chapel

### Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon

Pre-K thru 8th Grade

[www.mountcarmelschool.net](http://www.mountcarmelschool.net)

### Sacraments

Baptism – [baptisms@mtcarmelsb.com](mailto:baptisms@mtcarmelsb.com)

Confirmation ('El Camino' High School)

[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)

Marriage – [weddings@mtcarmelsb.com](mailto:weddings@mtcarmelsb.com)

OCIA (Adult Sacraments) – [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

### Faith Formation/First Communion

805/969-4868

Sister Rosalie Callen, C.S.J.

[rcallen@mtcarmelsb.com](mailto:rcallen@mtcarmelsb.com)

### Youth/Young Adult Ministry

805/574-9941

Sarah Mack

[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)

5th Grade Youth Group – "The MC Club"

6th-8th Grade Youth Group - 'The 'M&M's'

High School Confirmation & Leadership – CORE

Young Adult – Spiritual Direction/Discipleship

Young Family Ministry – Stay & Play

### Secular Order of Carmelites

Merri Berwick

805/448-3587

### Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan

[kpatrice@mtcarmelsb.com](mailto:kpatrice@mtcarmelsb.com)

"At that time Jerusalem, all Judea, and the whole region around the Jordan were going out to John and were being baptized by him in the Jordan River as they acknowledged their sins. ~ Mt 3:4-6



## WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

[info@mtcarmelsb.com](mailto:info@mtcarmelsb.com). Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,  
pray for us!**



### Parish Registration Form

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_

email \_\_\_\_\_

### Check One

\_\_\_\_\_ New Parishioner    \_\_\_\_\_ New Address

\_\_\_\_\_ New email or phone number

### Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "[olmcsb.flocknote.com](https://olmcsb.flocknote.com)"

Check our website [mtcarmelsb.com](https://mtcarmelsb.com) for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



## Whole Community Faith Sharing

### Gospel Matthew 3:1-12



**Reflection:** In today's gospel we are introduced to John the Baptist as a forerunner to Jesus, preaching repentance in the wilderness and baptizing those who confessed their sins in the Jordan River. He foretells the coming of a mightier figure who will baptize with the Holy Spirit and fire, and he warns the Pharisees and Sadducees against relying on their ancestry alone, stating that true repentance is shown through actions, not just lineage. The passage concludes with John rebuking the religious leaders and explaining that judgment is coming for the unrepentant, while the righteous will be saved.

**Question:** What sins are holding me back from having a closer relationship with the Lord?

**Faith Response:** This week I will be mindful of my words and actions and stay close to the Lord.

### Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every Wednesday from 3:30pm to 6pm, and the First Friday of every month from 8:15am until 11am, in the Main Church. All are welcome!





# OLMC CHRISTMAS POTLUCK

Tuesday, December 16th  
6pm Parish Hall

Join fellow parishioners for an evening of festive fellowship as we prepare for Christmas.

RSVP is required for this event so that we do not run out of food and beverage. Drinks will be provided.

For any questions or help with RSVP, please contact

Louise Hill, 805-452-0274 or

Susan Robles, 805-252-8206

RSVP Website: <https://our-lady-of-mt-carmel-christmas-potluck.cheddarup.com>



Scan this QR code to  
RSVP your dish & seat  
or visit the website  
listed above!







Dear Fellow Our Lady of Mount Carmel Parishioners –

Because of you, hundreds of families across Santa Barbara were able to share a warm meal on Thanksgiving Day. Through your generosity, we collected **79 turkeys, 1 turkey breast, and 2 chickens**—each one a gift of hope to a family in need.

Even more inspiring, we have received over **\$21,000 in cash donations** so far. With these funds, we were able to purchase **7 turkeys for Saint Vincent's Thanksgiving Dinner** and **300 chickens** that were distributed by the Catholic Charities Food Pantry before Thanksgiving. Thanks to your continued support, we will also be able to purchase **another 300 chickens** to be distributed by Catholic Charities prior to Christmas Day.

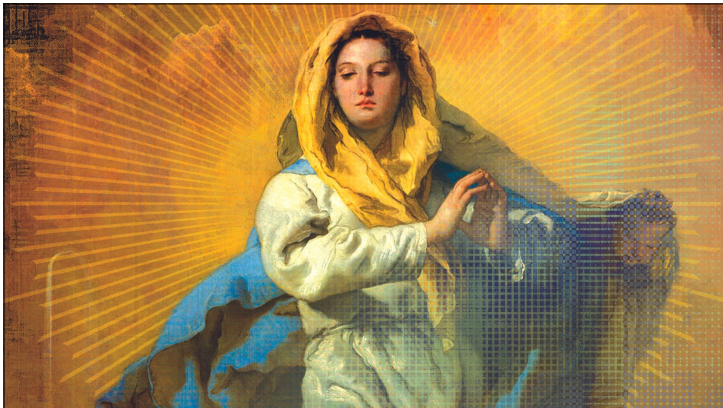
And the impact doesn't stop there. Your generosity will help keep the Catholic Charities Food Pantry shelves stocked well into **2026**, ensuring that families in our community continue to receive nourishment and care long after the holidays have passed.

I cannot thank you enough for your overwhelming support of our Annual Turkey Drive. To our incredible table volunteers—please accept my deepest gratitude. Your kindness and compassion this Thanksgiving will go on to feed thousands of Santa Barbara families in the year ahead.

May you all be richly blessed.

Martin Bell





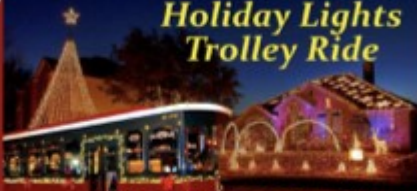
FEAST OF THE  
**IMMACULATE  
CONCEPTION**

Monday, December 8th  
Holy Day of Obligation  
Mass Times: 7:45am & 5:30pm

OUR LADY OF MOUNT CARMEL PARISH

**Our 5th Annual Holly  
Jolly Christmas Trolley**

**Holiday Lights  
Trolley Ride**



THIS EVENT IS SOLD OUT  
TEXT TO BE ADDED TO THE WAITLIST  
IF YOU RESERVED BUT HAVE NOT PAID BY DECEMBER 2nd  
YOUR RESERVATION WILL BE DROPPED.

JOIN US FOR A VERY SPECIAL OLMC  
TRADITION WITH OUR FAVORITE DRIVER,  
JUSTIN MACK!

WHEN:- MONDAY DECEMBER 22, 2025  
\*5:30PM WINE, CHEESE AND TREATS IN THE  
PARISH HALL THEN 6:15PM-8:00PM-WE  
RIDE!  
DRESS WARMLY AND BRING YOUR HOLIDAY  
SPIRIT!

TICKETS ARE \$50.00 EACH AND A PORTION OF  
THE PROCEEDS WILL BE DIRECTED TO YOUTH  
MINISTRY HERE AT OLMC

PLEASE CALL/TEXT SARAH MACK 805-574-9941  
FOR TICKETS. TICKETS NON REFUNDABLE

## 2025 Advent & Christmas Services

### Advent Confession Times

Tuesday, December 16<sup>th</sup> | 3:30pm-4:30pm  
Wednesday, December 17<sup>th</sup> | 3:30pm-4:30pm, 7pm-8pm  
Saturday, December 20<sup>th</sup> | 3:30pm-4:15pm

### Christmas Eve Masses

4pm - Christmas Eve Vigil Mass (livestreamed w/  
overflow in Parish Hall)  
9pm - Christmas "Midnight" Mass

### Christmas Day Masses

8am, 10am & 12pm Christmas Day Masses

### New Year's Day

### Solemnity of Mary, Mother of God

9am Holy Day Mass

This is not a holy day of obligation, so there is no Vigil Mass.



Save the Date!

Advent Night of Reflection

with Bishop Matt Elshoff


"Advent: The Season of Mary"

Tuesday, December 9th @ 7pm in the Parish Hall

Please join fellow parishioners for this gathering as we prepare our hearts and homes for the coming of Jesus at Christmas, and His promised second coming. A light reception will follow the talk. All are welcome to attend.

Bishop Elshoff was born in Cincinnati, Ohio, but grew up in the Los Angeles area, attending St. Bede the Venerable Church and school in La Cañada Flintridge as a child. He entered the Capuchin Franciscan Order in 1973 and was ordained to the priesthood in 1982. He is currently serving as the Episcopal Vicar for Our Lady of the Angels Pastoral Region.





**OUR LADY OF MOUNT CARMEL  
FAITH FORMATION**

*Happy 2nd week of Advent!*

Peace

This second Advent candle of Peace reminds us that the angels declared "peace on earth" at the birth of Jesus. Jesus offers us inner peace and peace with others. We can know and experience peace today only through the life of Jesus Christ.

How can I be a person of peace for others this week?

**December - 7 Regular Class Today  
December 14 - Christmas Program**

Faith Formation 805 969-4868  
Director: Sister Rosalie Callen, CSJ  
rcallen@mtcarmelsb.com

OUR LADY OF MOUNT CARMEL

**GIVING TREE**

Since Christmas is a time of giving and sharing, we are inviting our parishioners, to join us in helping some of the less fortunate families in the Santa Barbara community. Please contact Sister Kathleen if you would like to still help a family or make a monetary donation to help make a child's Christmas wish come true.

Sister Kathleen Patrice 805 969-4868.  
kpatrice@mtcarmelsb.com



## From the Principal's Desk...

"A shoot will come up from the stump of Jesse; from his roots a Branch will bear fruit." Isaiah 11:1

Jesse trees are a centuries' old tradition and one that our students take part in each Advent. It helps us to connect our Christmas preparation of decorating a tree to our faith "family tree." Each day at morning assembly, we hear the stories from Creation all the way through Christ's birth presented by our sixth grade students. This is an important part of our Advent preparation as a school, along with lighting our Advent candles and saying a special prayer each morning.

Another tradition at Our Lady of Mount Carmel School is to celebrate First Reconciliation with our second graders during the season of Advent. I always think it is appropriate to do so this time of year. Advent is a time for us to prepare our hearts for the coming of Christ. What better way to do so than through the sacraments? Congratulations to our second graders who celebrated their First Reconciliation this weekend! Thank you to our teachers and parents who partner in forming these young people of faith!

- Tracie Simolon, Principal

Do you know a family who would be a great addition to our school community?

**Contact us at (805) 969-5965 or  
info@mountcarmelschool.net .**

Stay up on what's happening at Our Lady of Mount Carmel School by following us on Facebook and Instagram. @MountCarmelSchoolSB



### Eucharistic Ministers

#### Lectors

4:30pm

Harriet Callier

8:00am

John Pate

10:00am

Beth Boyd

12:00pm

Anthony Dal Bello

4:30pm

Deborah Ferris

8:00am

Jack Casey  
Sheila Neary

10:00am

Jackie Krock  
Gretel Rothrock  
Jane Osumi

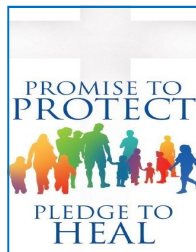
12:00pm

Hank Peterson

### **SAFEGUARD OUR CHILDREN** **Red flags in gift giving**

'Tis the season for giving and receiving gifts, but some gifts are inappropriate for children to receive from adults. Talk to your children about appropriate gift giving – who they should give presents to and who they do not need to give to. Discuss when they should accept a present or not. This would be a good time to establish family rules about gift receiving. For example: friends and family may not accept gifts outside of established holidays, like a birthday or Christmas. For more information, read the VIRTUS® article

“An embarrassment of riches: establishing a framework for gift giving to kids” at [lacatholics.org/did-you-know](http://lacatholics.org/did-you-know).



## **Mass Intentions**

<b>SAT.</b>	<b>DECEMBER 6TH</b>
<b>7:45AM</b>	Rina Bentajado †
<b>4:30PM</b>	Gino & Rosetta Guadagnini †
<b>SUN.</b>	<b>DECEMBER 7TH</b>
<b>8AM</b>	Bill Werts †
<b>10AM</b>	For All Parishioners
<b>12PM</b>	Edmund Jenkins †
<b>MON</b>	<b>DECEMBER 8TH</b>
<b>DAILY</b>	Intentions of Fr. Steve Downes (birthday)
<b>5:30PM</b>	Patricia Jackson †
<b>TUES</b>	<b>DECEMBER 9TH</b>
<b>DAILY</b>	Shirley J. Conley † Roy Rohrer †
<b>WEDS</b>	<b>DECEMBER 10TH</b>
<b>DAILY</b>	Serena Moran Schmidt †
<b>THURS</b>	<b>DECEMBER 11TH</b>
<b>DAILY</b>	Tina Lorge †
<b>FRI</b>	<b>DECEMBER 12TH</b>
<b>DAILY</b>	Betsy Lewis †
<b>SAT</b>	<b>DECEMBER 13TH</b>
<b>DAILY</b>	Intentions of Carol Wathen
<b>VIGIL</b>	Kevin Freeman †
<b>SUN</b>	<b>DECEMBER 14TH</b>
<b>8AM</b>	Gay Schaaf †
<b>10AM</b>	For All Parishioners
<b>12PM</b>	Intentions of the Hines family

### **Please Pray For The Sick Of Our Parish**

Amy Warren - Mary Ann Nielsen  
Domini Tarman — Mary Press  
Cheryl & Tom Elder—Jim Clement  
Madryn Neuman-Francoise Cogburn  
Carolyn Groth-Marnat—Mary Cannon  
Meagan K.—Spencer Vaughn  
John Ryan – Guadalupe Diaz De Leon  
Zofia Uznanska — Bill Whittenberg  
Bret Dougherty—Molly Rosecrance

Please contact us if you would like to add or remove a name from the prayer list.

