



# Our Lady of Mount Carmel Catholic Church

## Fourth Sunday of Advent

### December 21, 2025

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

#### Priests

Fr. Lawrence Seyer, *Pastor*  
[lseyer@mtcarmelsb.com](mailto:lseyer@mtcarmelsb.com)

Monsignor Stephen Downes, *Pastor Emeritus*  
Father Maurice O'Mahony, *Pastor Emeritus*

#### Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108  
Phone: 805/969-6868  
Website: [www.mtcarmelsb.com](http://www.mtcarmelsb.com)  
Email: [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

#### Masses

Daily 7:45 AM  
Saturday Vigil 4:30 PM  
Sunday 8:00 AM - 10:00 AM - 12:00 PM

#### Holy Day Mass

Please check website for updated Mass times.

#### Confessions

Saturdays, from 3:30 to 4:15 PM – Side Chapel

Our Lady of Mount Carmel School 805/969-5965  
Principal - Tracie Simolon  
Pre-K thru 8th Grade  
[www.mountcarmelschool.net](http://www.mountcarmelschool.net)

#### Sacraments

Baptism – [baptisms@mtcarmelsb.com](mailto:baptisms@mtcarmelsb.com)

Confirmation ('El Camino' High School)  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)

Marriage – [weddings@mtcarmelsb.com](mailto:weddings@mtcarmelsb.com)

OCIA (Adult Sacraments) – [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

Faith Formation/First Communion 805/969-4868

Sister Rosalie Callen, C.S.J.  
[rcallen@mtcarmelsb.com](mailto:rcallen@mtcarmelsb.com)

Youth/Young Adult Ministry 805/574-9941

Sarah Mack  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)  
5th Grade Youth Group – "The MC Club"  
6th-8th Grade Youth Group - 'The 'M&M's'  
High School Confirmation & Leadership – CORE  
Young Adult – Spiritual Direction/Discipleship  
Young Family Ministry – Stay & Play

#### Secular Order of Carmelites

Merri Berwick 805/448-3587

#### Community Outreach

Sister Kathleen Patrice Sullivan  
[kpatrick@mtcarmelsb.com](mailto:kpatrick@mtcarmelsb.com) 805/969-4868

"It is through the Holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus, because he will save his people from their sins." ~ Mt 1:21



## WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you. If you would like more information about our faith community, please email our us at [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com). Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm. The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,  
pray for us!**



## Parish Registration Form

Name \_\_\_\_\_  
Name \_\_\_\_\_

Address \_\_\_\_\_  
City \_\_\_\_\_  
Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_  
email \_\_\_\_\_

### Check One

New Parishioner  New Address

New email or phone number

### Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "[olmcsb.flocknote.com](http://olmcsb.flocknote.com)"

Check our website [mtcarmelsb.com](http://mtcarmelsb.com) for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



## Whole Community Faith Sharing

**Gospel  
Matthew 1:18-24**



**Reflection:** "God is with us." God has always been with us, before us, around us, and in us. When the angel of the Lord appeared to Joseph in a dream, he said to Joseph "Do not be afraid to take Mary into your home. For it is through the Holy Spirit that this child is conceived in Mary." Name him Jesus, he will save His people. He will be known as "Emmanuel" "God is with us." Without fear, Joseph did as the angel of the Lord commanded.

**Question:** What would I do if an angel from God told me what to do? Would my ears and head be willing to accept the instructions without question or fear?

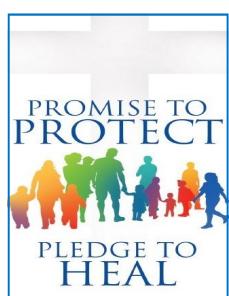
**Faith Response:** My work this week is to fear not! God gives us signs and wonders, He will give us knowledge to open our ears to hear His voice, to know our calling and then live it! No fear. No hesitation.

## SAFEGUARD OUR CHILDREN

### Check Christmas presents for button batteries and other hazards

Many parents will be spending the next few days assembling (and reassembling) their children's gifts, and it's important to be on the lookout for potential hazards, including button batteries and small parts. A couple of safety tips include following age guidance and other safety information on toy packaging; getting safety gear, including helmets, for scooters and other riding toys; and keeping small balls and toys with small parts away from children younger than age 3.

For more information, visit <https://www.cpsc.gov/Safety-Education/Safety-Education-Centers/Holiday-Safety>.



# Christmas & New Year's Mass Schedule

## Wednesday, December 24th

4pm - Christmas Eve Vigil Mass  
(livestreamed w/ overflow in Parish Hall)  
9pm - Christmas "Midnight" Mass

## Thursday, December 25th

8am, 10am & 12pm Christmas Day Masses

## New Year's Day

## Solemnity of Mary, Mother of God

9am Holy Day Mass

This is not a holy day of obligation, so  
there is no Vigil Mass.



*O Come Let Us Adore Him!!!*



### **"ONCE A CATHOLIC, ALWAYS A CATHOLIC."**

THERE'S AN OLD SAYING THAT GOES, "ONCE A CATHOLIC, ALWAYS A CATHOLIC." MAYBE YOU HAVE BEEN AWAY FROM THE CHURCH FOR A LITTLE WHILE OR FOR QUITE SOME TIME, BUT NOW YOU FEEL A TUG AT YOUR HEART CALLING YOU BACK TO YOUR CATHOLIC FAITH. LISTEN TO THAT TUG, IT IS THE HOLY SPIRIT. WE HOPE YOU RESPOND TO THIS SPIRITUAL INVITATION AND REDISCOVER THE TRUTH, WONDER AND MYSTERY OF THE CATHOLIC FAITH.

AS YOUR BROTHERS AND SISTERS IN CHRIST, WE WELCOME YOU BACK HOME. WE'VE MISSED YOU, AND OUR CHURCH IS NOT THE SAME WITHOUT YOU. IF YOU WOULD LIKE TO MEET WITH ONE OF OUR PRIESTS TO LEARN MORE, PLEASE CALL OUR CHURCH OFFICE AT **805-969-6868**.

**WE LOOK FORWARD TO WELCOMING YOU HOME.**

## UNIVERSITY OF NOTRE DAME CHORALE

### 2026 WINTER TOUR CONCERT

Music by: Bach | Bernstein | Brahms | Rheinberger | Carly Simon



7:00 PM - WEDNESDAY, JANUARY 7, 2026  
OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH  
1300 EAST VALLEY RD, SANTA BARBARA, CA 93108  
FREE AND OPEN TO THE PUBLIC



Our Lady of Mount  
Carmel Parish

# SCRIPTURE STUDY

Join Us for Another Fun, Interactive and Engaging Study Led by our very own Justin Mack

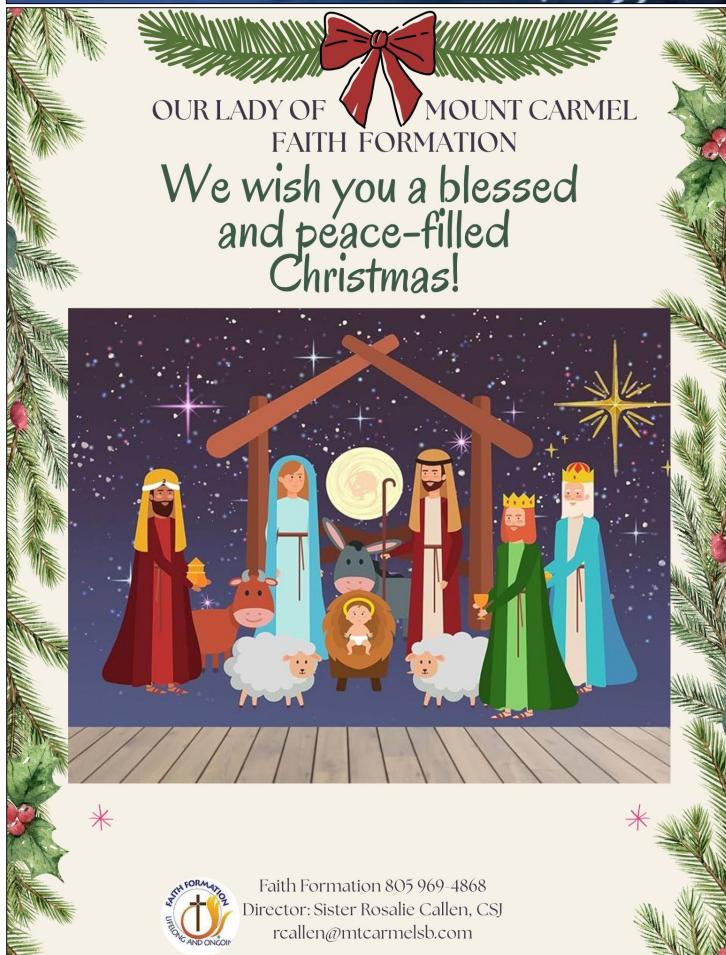
Every Thursday | 6:45pm-8:00pm

Our New Season of Study  
Kicks off on Jan. 15, 2026

**1300 East Valley Rd.  
Parish hall**

**EVERYONE IS  
WELCOME!**

Text Sarah Mack at  
805-574-9941 for  
more information



# The Gamez on Wheelz Truck is Coming!

THE M&M'S YOUTH GROUP  
NEW YEAR'S KICK OFF!  
JANUARY 7TH 6:30PM-8:00PM

FREE ENTRY!

This 3D Game Truck Theater is AWESOME! Experience "limo" lighting and custom seating equipped with seat rumblers that vibrate in sync with your game.

\*Meet in the OLMC Parish Hall for Check In

SPACE IS LIMITED 21 - PLEASE RSVP BY  
TEXTING SARAH AT 805-574-9941

JOIN US FOR  
A MC-CLUB

# GLOW party

Wednesday Jan. 14, 2026  
6:30 - 8.00 P.M.  
OLMC Parish Hall  
Free! Open to all 5th grade  
students from any school  
Games-Treats-Raffles-Glow  
Text Sarah @ 805-574-9941 for info-  
Invite a friend!

## From the Principal's Desk...

If your home is anything like mine, it can get pretty hectic in the days leading up to Christmas. Finishing the shopping, wrapping gifts, and preparing for family visits can take their toll. I find that it can be easy to worry needlessly about giving the perfect gift or having the house decorated a certain way. However, now the preparations are (nearly) complete as we celebrate the 4th week of Advent. Then arriving at the holy moment of Christmas, we are reminded that it is not about the presents or decorations. In our increasingly commercial and secular world, I appreciate rejoicing in the birth of Jesus in a humble stable.

As Christians we often repeat the phrase, keep Christ in Christmas, a mantra to recall ourselves to the true celebration of Christmas. This Christmas season one way we can keep Christ in Christmas by showing others Christ in us. Whether it is by helping those in need or sharing a kind smile, modeling the importance of family or treating our neighbors with patience, we can live out the reason for the season and be Christ to others during this time of year when it can be so easy for our world to forget. On behalf of the faculty and staff of Our Lady of Mount Carmel School, I wish you a Happy Advent & Merry Christmas!

- Tracie Simolon, Principal

Do you know a family who would be a great addition to our school community? Call our school office to RSVP for a school tour or to apply for the 2026-27 school year! (805) 969-5965 You can stay up to date on what's happening at Our Lady of Mount Carmel School by following us on Facebook and Instagram.

@MountCarmelSchoolSB

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### Eucharistic Ministers

#### Lectors

4:30pm

Joan Rocco

8:00am

Pam Langhorne

10:00am

Deborah Ferris

12:00pm

Scott Ogilvie

4:30pm

Jack Stratford

8:00am

Bridget Crooks

David Crooks

10:00am

Jane Osumi

Carol Wathen

Carol Webb

12:00pm

James Garcia

#### December 24th: Christmas Eve

4pm

Lector: Deborah Ferris

EM: Brenda Nielsen & Sheila Neary

9pm

Lector: John Pate

EM: Deborah Ferris Bob Nunez, Meg Pearson

#### December 25th: Christmas Day

8am

Lector: Debbie Bruce

EM: Jack Casey Bridget Crooks, David Crooks

10am

Lector: Debbie Bruce

EM: Mark Lorge, Carol Wathen, Carol Webb

12pm

Lector: Kathy Wilson

EM: James Garcia, Marlene Massa,  
Michael Massa

## Mass Intentions

SAT.	<b>DECEMBER 20TH</b>
7:45AM	Intentions of The Simolon Family
4:30PM	Bill Jones †
SUN.	<b>DECEMBER 21ST</b>
8AM	Ritz Brunello †
10AM	Olympia Draper †
12PM	Ints. of Peter & Joan Berger & Family
MON	<b>DECEMBER 22ND</b>
DAILY	Tyler & Scottie Hester †
TUES	<b>DECEMBER 23RD</b>
DAILY	Edward Dysarz † & Louis De Ponce †
WEDS	<b>DECEMBER 24TH ~ CHRISTMAS EVE</b>
4PM	Intentions of Deborah Ferris
9PM	For all Parishioners
THURS	<b>DECEMBER 25TH ~ CHRISTMAS DAY</b>
8AM	Intentions of Mark & Julee Richards
10AM	Intentions of Paul & Karen Sullivan
12PM	Paul Edward Hindelang III †
FRI	<b>DECEMBER 26TH</b>
DAILY	Margie Collins †
SAT	<b>DECEMBER 27TH</b>
DAILY	Tina Lorge †
VIGIL	For All Parishioners
SUN	<b>DECEMBER 28TH</b>
8AM	Christopher Guadagnini †
10AM	Carolyn Bell †
12PM	Maria Munoz †

#### Please Pray For The Sick Of Our Parish



Amy Warren - Mary Ann Nielsen  
 Domini Tarman — Mary Press  
 Cheryl & Tom Elder—Jim Clement  
 Madryn Neuman-Francoise Cogburn  
 Carolyn Groth-Marnat—Mary Cannon  
 Meagan K.—Spencer Vaughn  
 John Ryan – Guadalupe Diaz De Leon  
 Zofia Uznanska — Bill Whittenberg  
 Bret Dougherty—Molly Rosecrance