



Our Lady of Mount Carmel Catholic Church

The Baptism of the Lord January 11, 2026

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

Priests

Fr. Lawrence Seyer, *Pastor*
lseyer@mtcarmelsb.com
Monsignor Stephen Downes, *Pastor Emeritus*
Father Maurice O'Mahony, *Pastor Emeritus*

Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108
Phone: 805/969-6868
Website: www.mtcarmelsb.com
Email: info@mtcarmelsb.com

Masses

Daily	7:45 AM
Saturday Vigil	4:30 PM
Sunday	8:00 AM - 10:00 AM - 12:00 PM

Holy Day Mass

Please check website for updated Mass times.

Confessions

Saturdays, from 3:30 to 4:15 PM — Side Chapel

Our Lady of Mount Carmel School

805/969-5965

Principal - Tracie Simolon
Pre-K thru 8th Grade
www.mountcarmelschool.net

Sacraments

Baptism — baptisms@mtcarmelsb.com

Confirmation ('El Camino' High School)
sarahm@mtcarmelsb.com

Marriage — weddings@mtcarmelsb.com

OCIA (Adult Sacraments) — info@mtcarmelsb.com

Faith Formation/First Communion

805/969-4868

Sister Rosalie Callen, C.S.J.
rcallen@mtcarmelsb.com

Youth/Young Adult Ministry

805/574-9941

Sarah Mack
sarahm@mtcarmelsb.com
5th Grade Youth Group — "The MC Club"
6th-8th Grade Youth Group - 'The 'M&M's'
High School Confirmation & Leadership — CORE
Young Adult — Spiritual Direction/Discipleship
Young Family Ministry — Stay & Play

Secular Order of Carmelites

Merri Berwick 805/448-3587

Community Outreach

805/969-4868

Sister Kathleen Patrice Sullivan
kpatrice@mtcarmelsb.com

"The heavens were opened for him, and the Spirit of God descending like a dove upon him. And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." - Mt 3:16-17



WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

info@mtcarmelsb.com. Our parish office hours are Monday thru Friday, 9am - 12 noon and 1pm - 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.

**Our Lady of Mount Carmel,
pray for us!**



Parish Registration Form

Name _____

Name _____

Address _____

City _____

Zip _____ Phone (____) _____

email _____

email _____

Check One

_____ New Parishioner _____ New Address

_____ New email or phone number

Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "olmcsb.flocknote.com"

Check our website mtcarmelsb.com
for our Mass times, other
services schedule and
current parish events.

Please place the form into the
Offerory basket or you can
mail it to the parish office.



Whole Community Faith Sharing

Gospel Matthew 3:13-17



Reflection: This Sunday we read about the act of the Baptism of our Lord Jesus by John. John's whole life was a preparation for this day. Both Jesus and John "met" once before when both were in utero at the Visitation of Mary and Elizabeth. Thirty years later they meet at the Jordan River where the humble John humbly attempts to refuse the baptism. Jesus tells John to baptize him to go ahead in order to "fulfill all righteousness". As soon as John completes the Baptism the heavens open up and the Holy Spirit comes down upon Jesus in the shape of a dove. This moment begins the ministry of Jesus and the world has never been the same since.

Question: *This is my beloved Son, with whom I am well pleased.* How can I please the Lord through my thoughts, words, and actions? How can I grow in my love for Jesus?

Faith Response: I will remind myself of my baptismal promises by reading the renewal prayer below every day this week and living its words.

I, (Your Name), who through the tender mercy of the Eternal Father was privileged to be baptized "in the name of the Lord Jesus" and thus to share in the dignity of his Divine Sonship, wish now in the presence of this same loving Father and of his only-begotten Son to renew in all sincerity the promises I solemnly made at the time of my holy Baptism. I, therefore, now do once again renounce Satan; I renounce all his works; I renounce all his allurements. I believe in God, the Father almighty, Creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, Who was born into this world and Who suffered and died for my sins and rose again. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting.

Having been buried with Christ unto death and raised up with Him unto a new life, I promise to live no longer for myself or for that world which is the enemy of God but for Him who died for me and rose again, serving God, my heavenly Father, faithfully and unto death in the holy Catholic Church. Taught by our Savior's command and formed by the word of God, I now dare to say:

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.



YOU ARE INVITED TO

NEW YEAR'S BINGO

MONDAY

JANUARY 12 6:30PM-8PM

**OLMC PARISH HALL
OPEN TO ALL AGED 18 AND
UP! PLAY FOR PRIZES!
BRING A FRIEND, A SNACK
TO SHARE AND \$3.00 FOR
TWO CARDS.
TEXT SARAH
805-574-9941 FOR INFO**

**Our Lady of Mount
Carmel Parish**

SCRIPTURE STUDY



**Join Us for Another Fun, Interactive
and Engaging Study Led by our very
own Justin Mack**

**Please purchase The Ignatius Press Study
Guide - "The Book of Genesis" (Amazon or
Local Bookshop)**

**Every
Thursday**


**| 6:45pm-
8:00pm**

**Our New Season of Study
Kicks off on Jan. 15, 2026**

**1300 East Valley Rd.
Parish hall**

**EVERYONE IS
WELCOME!**

**Text Sarah Mack at
805-574-9941 for
more information**



JOIN US FOR
A MC-CLUB

GLOW party

Wednesday Jan. 14, 2026
6:30 - 8:00 P.M.
OLMC Parish Hall
Free! Open to all 5th grade
students from any school
Games-Treats-Raffles-Glow
Text Sarah @ 805-574-9941 for info-
Invite a friend!

Our Lady of Mount Carmel Faith Formation

As we celebrate the Baptism of Jesus today,
let us celebrate our own Baptism.
We are God's beloved children.



May you always remember this day filled
with
God's love, joy and peace!

Family Mass Today 10:00 AM

Jan 18 - Martin Luther King Day
(No Class)
Jan 25- Family Focus Day



Faith Formation (805) 969-4868
Director: Sister Rosalie Callen, CSJ
RCALLEN@MTCARMELSB.COM

YFM WINTER STAY AND PLAY



**JOIN OTHER FAMILIES
WITH YOUNG CHILDREN
FOR FUN, SNACKS,
DONUTS & DRINKS**

Postponed to January 25th

11:00-NOON
**MEET ON THE SCHOOL
PLAYGROUND**

Text Sarah at 805-574-9941
for more info

Community Faith Academics



OUR LADY of MOUNT CARMEL SCHOOL



Learn what's possible in a school community
committed to **faith values & academic excellence!**
Educating the whole child since 1944
Serving students PreK to Gr. 8
Call to schedule your tour today!

530 HOT SPRINGS mountcarmelschool.net
805.969.5965 @mountcarmelschoolsb



“Once a Catholic, always a Catholic.”

There's an old saying that goes “once a Catholic, always a Catholic”. Maybe you have been away from the church for a little while, or for quite some time. But now you feel a tug at your heart calling you back to your Catholic faith.

Listen to that tug; it's the holy spirit. We hope you respond to this spiritual invitation and rediscover the truth, wonder, and mystery of the Catholic faith.

As your brothers and sisters in Christ, we welcome you back home. We've missed you, and our church is not the same without you. If you would like to meet with one of our priests to learn more, please call our church office at **805-969-6868**.

We look forward to welcoming you home!

Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every Wednesday from 3:30pm to 6pm in the Main Church & First Fridays from 8:15-11AM

All are welcome!



Tax season is coming!

Our Lady of Mount Carmel Church appreciates your generous donations in 2025. If you are interested in getting information for your tax filing, please contact the parish office. Tax receipts will be mailed by request only.

Phone: 805/969-6868

Email: info@mtcarmelsb.com

Knights of Columbus Sponsored Jan. 31st Men's Seminar

The Knights of Columbus are sponsoring a Seminar for men entitled “Understanding a Men’s role in Faith Formation and Leadership within the Family and the Community.” This Seminar will take place on Saturday, Jan. 31st at the St. Raphael’s Parish Hall from 10:00 AM to 2:00 PM. Leading the Seminar is Jose Pulido, a Yale graduate and Catholic best-selling author. With all the things going on in our world today, it is important now, more than ever, that Catholic men find their voice and their leadership just as many impactful Saints have. The cost of this Seminar is only \$10 and includes lunch. Young adults under the age of 25 will have free admission. Contact Mark Vampola at 805-708-2631 to register and to purchase advance tickets. Tickets will also be available at the door.



Eucharistic Ministers

Lectors

4:30pm

Kathy Wilson

8:00am

Guille Reynoso

10:00am

Beth Boyd

12:00pm

Clay Jordan

4:30pm

Jack Stratford

8:00am

Jack Casey
Sheila Neary

10:00am

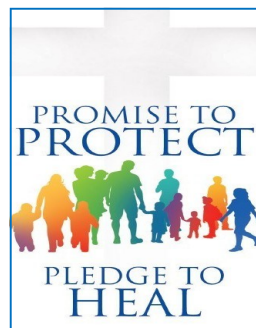
Jane Osumi
Meg Pearson
Gretel Rothrock

12:00pm

Hank Peterson

SAFEGUARD OUR CHILDREN **How to advocate with children** **for their safety**

As a safe adult, you have tremendous power to make a profound difference for children – not only by recognizing and responding to unsafe situations, but also by teaching children about their rights to safety and creating environments where they can speak up and get help. There are skills we can teach to children to help them to better protect themselves when faced with tough situations like child sexual abuse or grooming experiences where their boundaries are violated. It is important to make sure children know this, so they don't feel guilt or shame if abuse does happen, to them or to a friend. For more information, read the VIRTUS® article "How to Advocate Directly with Youth for their Safety and Wellbeing" at iacatholics.org/did-you-know.



Mass Intentions

SAT.	JANUARY 10TH
7:45AM	Tyler & Scottie Hester †
4:30PM	Gino & Rosetta Guadagnini †
SUN.	JANUARY 11TH
8AM	For All Parishioners
10AM	Intentions of Gary & Beth Boyd
12PM	Intentions of Martha Lange
MON	JANUARY 12TH
DAILY	Intentions of Carol Wathen
TUES	JANUARY 13TH
DAILY	Marta Chalbaud †
WEDS	JANUARY 14TH
DAILY	Intentions of Kathy Esparza
THURS	JANUARY 15TH
DAILY	Tina Lorge †
FRI	JANUARY 16TH
DAILY	Jan Pass †
SAT	JANUARY 17TH
DAILY	Intentions of Mario Mondragon
VIGIL	Anne M. Daly †
SUN	JANUARY 18TH
8AM	Christopher Guadagnini †
10AM	Joseph Nunez †
12PM	Lori Seyer †

Please Pray For The Sick Of Our Parish



Amy Warren - Mary Ann Nielsen
Domini Tarman — Mary Press
Cheryl & Tom Elder—Jim Clement
Madryn Neuman-Francoise Cogburn
Carolyn Groth-Marnat—Mary Cannon
Meagan K.—Spencer Vaughn
John Ryan – Guadalupe Diaz De Leon
Zofia Uznanska — Bill Whittenberg
Bret Dougherty—Molly Rosecrance

Please contact us if you would like to add or remove a name from the prayer list.