



# Our Lady of Mount Carmel Catholic Church

## The Baptism of the Lord January 11, 2026

Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees, is typical.

### Priests

Fr. Lawrence Seyer, *Pastor*  
[lseyer@mtcarmelsb.com](mailto:lseyer@mtcarmelsb.com)

Monsignor Stephen Downes, *Pastor Emeritus*  
Father Maurice O'Mahony, *Pastor Emeritus*

### Parish Office

1300 East Valley Rd • Santa Barbara, CA 93108  
Phone: 805/969-6868  
Website: [www.mtcarmelsb.com](http://www.mtcarmelsb.com)  
Email: [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

### Masses

Daily 7:45 AM  
Saturday Vigil 4:30 PM  
Sunday 8:00 AM - 10:00 AM - 12:00 PM

### Holy Day Mass

Please check website for updated Mass times.

### Confessions

Saturdays, from 3:30 to 4:15 PM – Side Chapel

Our Lady of Mount Carmel School 805/969-5965  
Principal - Tracie Simolon  
Pre-K thru 8th Grade  
[www.mountcarmelschool.net](http://www.mountcarmelschool.net)

“The heavens were opened for him, and the Spirit of God descending like a dove upon him. And a voice came from the heavens, saying, “This is my beloved Son, with whom I am well pleased.” – Mt 3:16-17

### Sacraments

Baptism – [baptisms@mtcarmelsb.com](mailto:baptisms@mtcarmelsb.com)

Confirmation ('El Camino' High School)  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)

Marriage – [weddings@mtcarmelsb.com](mailto:weddings@mtcarmelsb.com)

OCIA (Adult Sacraments) – [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

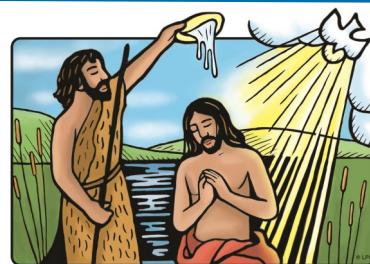
Faith Formation/First Communion 805/969-4868  
Sister Rosalie Callen, C.S.J.  
[rcallen@mtcarmelsb.com](mailto:rcallen@mtcarmelsb.com)

Youth/Young Adult Ministry 805/574-9941  
Sarah Mack  
[sarahm@mtcarmelsb.com](mailto:sarahm@mtcarmelsb.com)  
5th Grade Youth Group – “The MC Club”  
6th-8th Grade Youth Group - ‘The ‘M&M’s’  
High School Confirmation & Leadership – CORE  
Young Adult – Spiritual Direction/Discipleship  
Young Family Ministry – Stay & Play

### Secular Order of Carmelites

Merri Berwick 805/448-3587

Community Outreach 805/969-4868  
Sister Kathleen Patrice Sullivan  
[kpatrick@mtcarmelsb.com](mailto:kpatrick@mtcarmelsb.com)



## WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you!

Our Pastor, Father Lawrence, our retired priests, Fr. Steve and Fr. O' Mahony and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community, please email our us at

[info@mtcarmelsb.com](mailto:info@mtcarmelsb.com). Our parish office hours are Monday thru Friday,

9am ~ 12 noon and 1pm ~ 5pm.

The office is closed for lunch from noon to 1pm. The office is also closed on Saturdays, Sundays and all federal holidays.



OUR LADY OF  
MOUNT CARMEL

**Our Lady of Mount Carmel,  
pray for us!**

## Parish Registration Form

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_

email \_\_\_\_\_

### Check One

New Parishioner  New Address

New email or phone number

### Sign up for Flocknotes

(Our Parish Communication Tool)

- Go to "[olmcsb.flocknote.com](http://olmcsb.flocknote.com)"

Check our website [mtcarmelsb.com](http://mtcarmelsb.com) for our Mass times, other services schedule and current parish events.

Please place the form into the Offertory basket or you can mail it to the parish office.



## Whole Community Faith Sharing

### Gospel

Matthew 3:13-17



**Reflection:** This Sunday we read about the act of the Baptism of our Lord Jesus by John. John's whole life was a preparation for this day. Both Jesus and John "met" once before when both were in utero at the Visitation of Mary and Elizabeth. Thirty years later they meet at the Jordan River where the humble John humbly attempts to refuse the baptism. Jesus tells John to baptize him to go ahead in order to "fulfill all righteousness". As soon as John completes the Baptism the heavens open up and the Holy Spirit comes down upon Jesus in the shape of a dove. This moment begins the ministry of Jesus and the world has never been the same since.

**Question:** *This is my beloved Son, with whom I am well pleased.* How can I please the Lord through my thoughts, words, and actions? How can I grow in my love for Jesus?

**Faith Response:** I will remind myself of my baptismal promises by reading the renewal prayer below every day this week and living its words.

I, (Your Name), who through the tender mercy of the Eternal Father was privileged to be baptized "in the name of the Lord Jesus" and thus to share in the dignity of his Divine Sonship, wish now in the presence of this same loving Father and of his only-begotten Son to renew in all sincerity the promises I solemnly made at the time of my holy Baptism. I, therefore, now do once again renounce Satan; I renounce all his works; I renounce all his allurements. I believe in God, the Father almighty, Creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, Who was born into this world and Who suffered and died for my sins and rose again. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting.

Having been buried with Christ unto death and raised up with Him unto a new life, I promise to live no longer for myself or for that world which is the enemy of God but for Him who died for me and rose again, serving God, my heavenly Father, faithfully and unto death in the holy Catholic Church.

Taught by our Savior's command and formed by the word of God, I now dare to say:

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.



YOU ARE INVITED TO

# NEW YEAR'S BINGO

MONDAY

12

6:30PM-8PM

JANUARY

OLMC PARISH HALL

OPEN TO ALL AGED 18 AND

UP! PLAY FOR PRIZES!

BRING A FRIEND, A SNACK  
TO SHARE AND \$3.00 FOR

TWO CARDS.

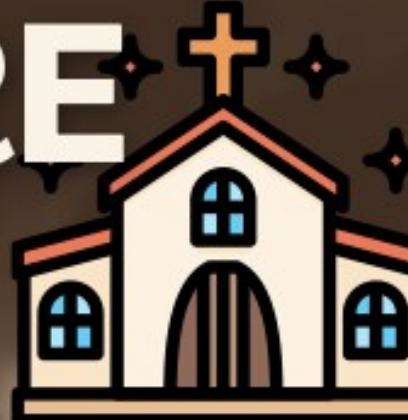
TEXT SARAH

805-574-9941 FOR INFO



Our Lady of Mount  
Carmel Parish

# SCRIPTURE STUDY



**Join Us for Another Fun, Interactive  
and Engaging Study Led by our very  
own Justin Mack**

**Please purchase The Ignatius Press Study  
Guide - "The Book of Genesis" (Amazon or  
Local Bookshop)**

**Every  
Thursday**

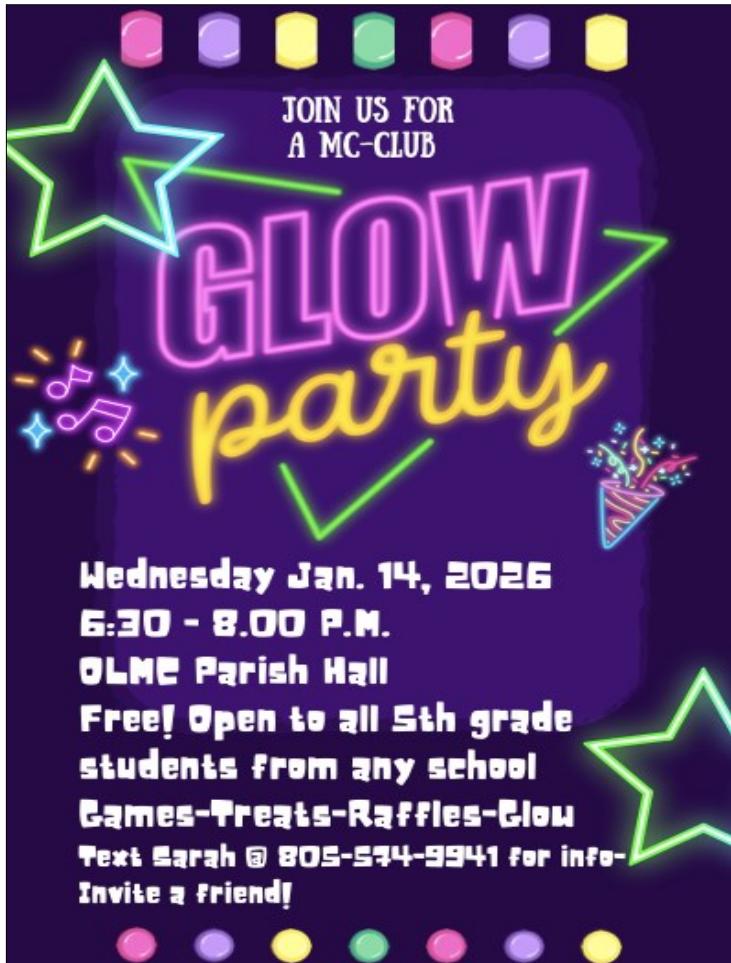
**| 6:45pm-  
8:00pm**

**Our New Season of Study  
Kicks off on Jan. 15, 2026**

**1300 East Valley Rd.  
Parish hall**

**EVERYONE IS  
WELCOME!**

**Text Sarah Mack at  
805-574-9941 for  
more information**



Our Lady of Mount Carmel  
Faith Formation

As we celebrate the Baptism of Jesus today,  
let us celebrate our own Baptism.  
We are God's beloved children.

May you always remember this day filled  
with  
God's love, joy and peace!

Family Mass Today 10:00 AM  
Jan 18 - Martin Luther King Day  
(No Class)  
Jan 25- Family Focus Day

Faith Formation (805) 969-4868  
Director: Sister Rosalie Callen, CSJ  
RCALLEN@MTCARMELSB.COM

YFM  
WINTER  
STAY AND PLAY

JOIN OTHER FAMILIES  
WITH YOUNG CHILDREN  
FOR FUN, SNACKS,  
DONUTS & DRINKS

Postponed to January 25th  
11:00-NOON  
MEET ON THE SCHOOL  
PLAYGROUND

Text Sarah at 805-574-9941  
for more info

Community Faith Academics

OUR LADY of  
MOUNT CARMEL  
SCHOOL

Learn what's possible in a school community  
committed to **faith values & academic excellence!**  
Educating the whole child since 1944  
Serving students PreK to Gr. 8  
Call to schedule your tour today!

530 HOT SPRINGS  
805.969.5965

mountcarmelschool.net  
@mountcarmelschoolsb



## “Once a Catholic, always a Catholic.”

There's an old saying that goes “once a Catholic, always a Catholic”. Maybe you have been away from the church for a little while, or for quite some time. But now you feel a tug at your heart calling you back to your Catholic faith.

Listen to that tug; it's the holy spirit. We hope you respond to this spiritual invitation and rediscover the truth, wonder, and mystery of the Catholic faith.

As your brothers and sisters in Christ, we welcome you back home. We've missed you, and our church is not the same without you. If you would like to meet with one of our priests to learn more, please call our church office at

**805-969-6868.**

We look forward to welcoming you home!

## Adoration of the Blessed Sacrament

Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

Adoration is held every Wednesday from 3:30pm to 6pm in the Main Church & First Fridays from 8:15~11AM



**All are welcome!**

## Tax season is coming!

Our Lady of Mount Carmel Church appreciates your generous donations in 2025. If you are interested in getting information for your tax filing, please contact the parish office. Tax receipts will be mailed by request only.

Phone: **805/969-6868**

Email: [info@mtcarmelsb.com](mailto:info@mtcarmelsb.com)

## Knights of Columbus Sponsored Jan. 31st Men's Seminar

The Knights of Columbus are sponsoring a Seminar for men entitled “Understanding a Men's role in Faith Formation and Leadership within the Family and the Community.” This Seminar will take place on Saturday, Jan. 31<sup>st</sup> at the St. Raphael's Parish Hall from 10:00 AM to 2:00 PM. Leading the Seminar is Jose Pulido, a Yale graduate and Catholic best-selling author. With all the things going on in our world today, it is important now, more than ever, that Catholic men find their voice and their leadership just as many impactful Saints have. The cost of this Seminar is only \$10 and includes lunch. Young adults under the age of 25 will have free admission.

Contact Mark Vampola at 805-708-2631 to register and to purchase advance tickets. Tickets will also be available at the door.



### Eucharistic Ministers

#### Lectors

4:30pm  
Kathy Wilson

8:00am  
Guille Reynoso

10:00am  
Beth Boyd

12:00pm  
Clay Jordan

4:30pm  
Jack Stratford

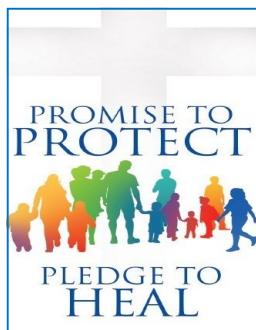
8:00am  
Jack Casey  
Sheila Neary

10:00am  
Jane Osumi  
Meg Pearson  
Gretel Rothrock

12:00pm  
Hank Peterson

### **SAFEGUARD OUR CHILDREN** How to advocate with children for their safety

As a safe adult, you have tremendous power to make a profound difference for children – not only by recognizing and responding to unsafe situations, but also by teaching children about their rights to safety and creating environments where they can speak up and get help. There are skills we can teach to children to help them to better protect themselves when faced with tough situations like child sexual abuse or grooming experiences where their boundaries are violated. It is important to make sure children know this, so they don't feel guilt or shame if abuse does happen, to them or to a friend. For more information, read the VIRTUS® article "How to Advocate Directly with Youth for their Safety and Wellbeing" at [lacatholics.org/did-you-know](http://lacatholics.org/did-you-know).



### **Mass Intentions**

SAT.	<b>JANUARY 10TH</b>
7:45AM	Tyler & Scottie Hester †
4:30PM	Gino & Rosetta Guadagnini †
SUN.	<b>JANUARY 11TH</b>
8AM	For All Parishioners
10AM	Intentions of Gary & Beth Boyd
12PM	Intentions of Martha Lange
MON	<b>JANUARY 12TH</b>
DAILY	Intentions of Carol Wathen
TUES	<b>JANUARY 13TH</b>
DAILY	Marta Chalbaud †
WEDS	<b>JANUARY 14TH</b>
DAILY	Intentions of Kathy Esparza
THURS	<b>JANUARY 15TH</b>
DAILY	Tina Lorge †
FRI	<b>JANUARY 16TH</b>
DAILY	Jan Pass †
SAT	<b>JANUARY 17TH</b>
DAILY	Intentions of Mario Mondragon
VIGIL	Anne M. Daly †
SUN	<b>JANUARY 18TH</b>
8AM	Christopher Guadagnini †
10AM	Joseph Nunez †
12PM	Lori Seyer †

### Please Pray For The Sick Of Our Parish



Amy Warren ~ Mary Ann Nielsen  
Domini Tarman — Mary Press  
Cheryl & Tom Elder—Jim Clement  
Madryn Neuman-Francoise Cogburn  
Carolyn Groth-Marnat—Mary Cannon  
Meagan K.—Spencer Vaughn  
John Ryan — Guadalupe Diaz De Leon  
Zofia Uznanska — Bill Whittenberg  
Bret Dougherty—Molly Rosecrance

Please contact us if you would like to add or remove a name from the prayer list.