

# Family Page

We have talked about how the light of God's love must shine in all you do. But light does more than shine. A streetlight protects you after dark. Headlights light up the road so a driver can see ahead. Traffic lights warn you when it is not safe to cross. And a night-light in your room comforts you and softens the darkness. Light protects, guides, warns, and comforts. To be a light for God, you must try to do all these things for others. Here is a project to help you think about this.



## explaining GOD'S WORD

Fifth Sunday in Ordinary Time (A) • Matthew 5:13–16 • February 8, 2026

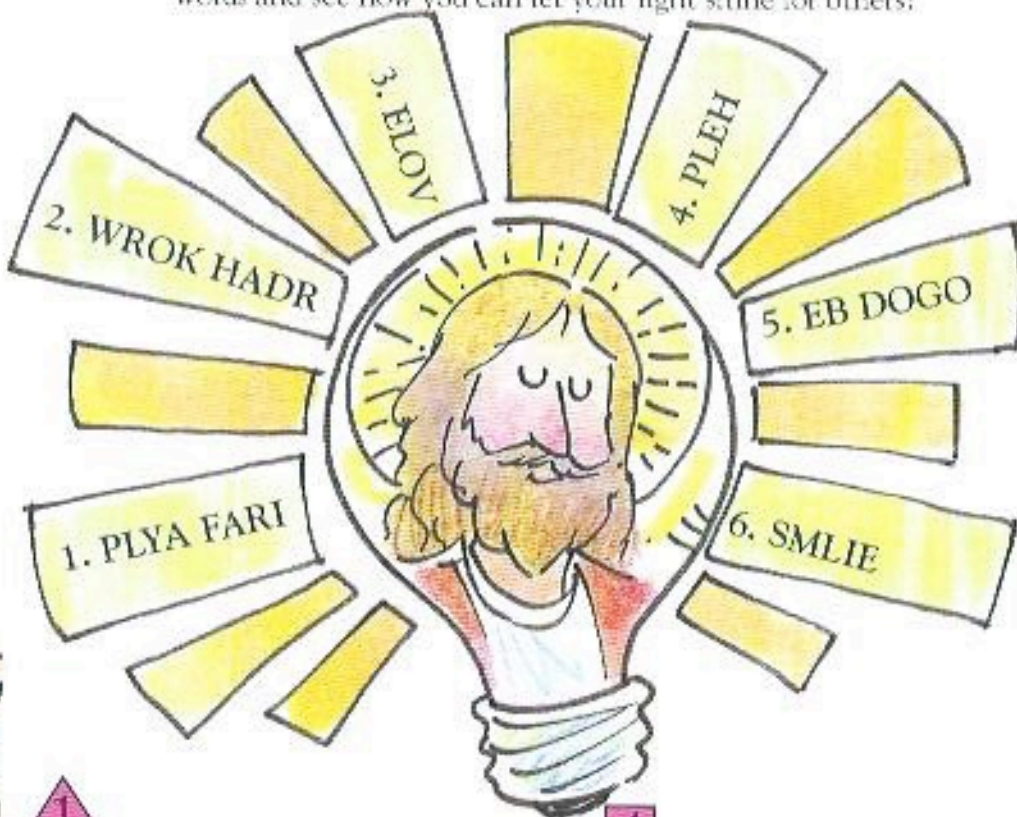
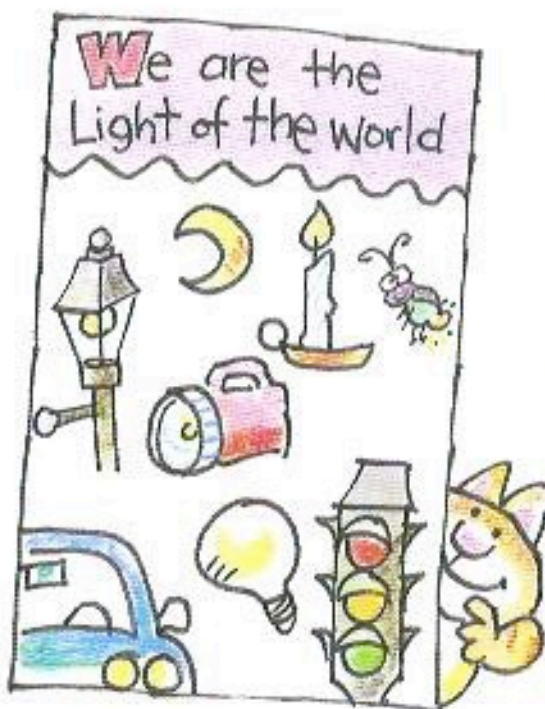
### Let Your Light Shine

The light within you is Jesus. Can you unscramble the words and see how you can let your light shine for others?

- 1 Make a poster showing different kinds of light. Use pictures cut from magazines or make your own drawings. Across the top of the poster write, **WE ARE THE LIGHT OF THE WORLD.**

- 3 After the poster is finished, hang it in a special place for all to see.

- 2 Each person in the family can add his or her own favorite source of light. Beneath each picture, write how that particular source reminds you of Jesus' words about light and how you can be a light to others. (For example, below a picture of a traffic light, you could write, "Light protects us from harm — I can take care of those who are younger than myself," or below a picture of the sun you could write, "Light helps things to grow — I can help others to grow in their love for God.")



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- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_



# You Are Light!

"Light of the world." That's what Jesus calls you in today's gospel story. Think about light, all kinds of light: lamplight, candlelight, flashlights, sunlight, headlights. Flip a switch, push a button, turn a knob, it's so easy to have light today.

Think about what light can do. Sunlight can keep you warm and brighten your day. Lamplight helps you to see and read and work. Headlights guide your family car when it's too dark to see.

You can be a light for others, for in everything you do the light of God's love shines through.

You can brighten someone's day with a smile or a joke or a helping hand. You can help others to see



the happy things in the world: flowers and trees and birds. You can lead others to Jesus and tell them how to get to heaven.

You really are God's light. Jesus is shining in your heart to help you every single day to be a light for others.

## Magic Square of Light

Hidden in this magic square are the names of people who may be a light in your life. How many can you find?

Word list:  
FATHER MOTHER SISTER BROTHER FRIEND

A	G	K	M	R	F	I	F	C
Q	X	C	F	W	A	B	P	F
B	U	O	M	O	T	H	E	R
V	U	S	Y	E	H	Z	O	I
N	S	I	S	T	E	R	T	E
E	J	T	A	D	R	L	H	N
C	B	R	O	T	H	E	R	D