

# Family Page



Here is a family prayer service for strength against temptations.

## Devotion for Spiritual Strength

**Leader:** Dear Jesus, listen to our prayer.

**All:** Help us to make right choices.

**Leader:** Make us strong against temptation.

**All:** Help us to make right choices.

## Prayer:

Heavenly Father, Jesus beat out the devil in the desert by the power of your love. He taught us to pray, "lead us not into temptation." We want always to be a good and loving family, to do the right things, and to make the right choices. Please make us strong when we are tempted to go wrong. Guide us in our choices and help us to recognize and avoid the devil. When we are weak and about to give in, please send your Spirit to guide us and guard us. We ask this through your Son, Jesus, who always remembered to STOP, THINK, and PRAY. Amen

## Litany:

**Leader:** In the classroom, in the office, in our home, Lord, help us to follow your way.

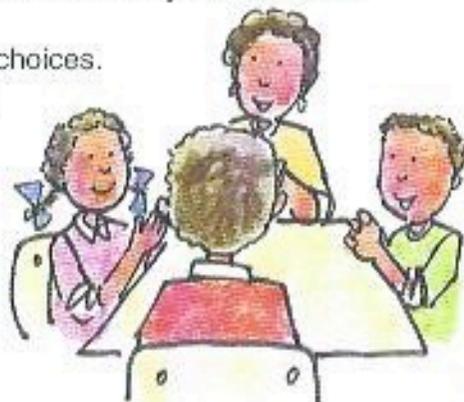
**All:** Lord, help us to make right choices.

**Leader:** Guide our friends and neighbors that they too will know the power of your love.

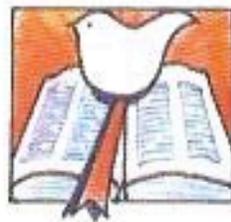
**All:** Lord, help us to make right choices.

**Leader:** Lead us not into temptation.

**All:** And deliver us from evil.  
Amen



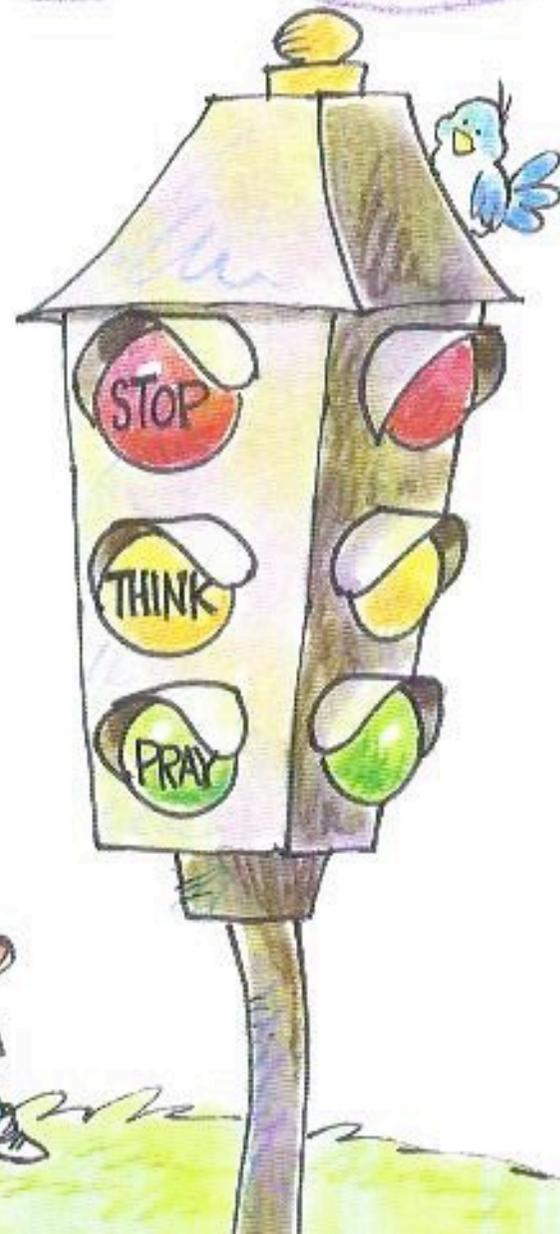
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# explaining GOD'S WORD

First Sunday of Lent (A) • Matthew 4:1-11 • February 22, 2026

Everyone is tempted sometimes to do things that are not right. Here is a special traffic light to help you remember what to do when temptation comes.



# STOP, THINK, AND PRAY!

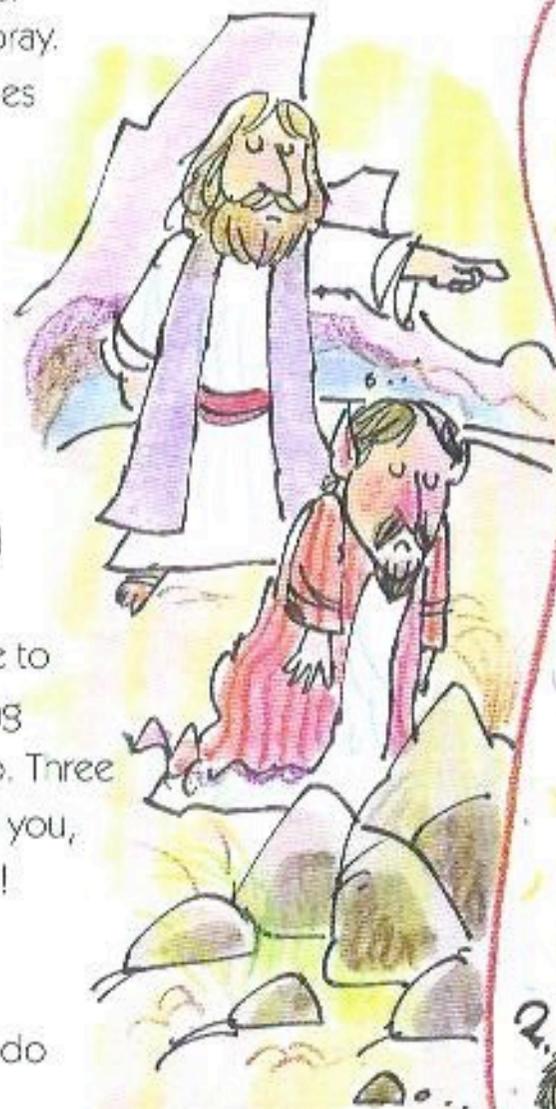
**In** this week's gospel story before Jesus begins his teaching, he goes into the desert to pray.

The desert is a terrible place: miles and miles of hot sand, jagged rocks, and swirling dust. There are no trees, no shade, no green grass to rest on.

But Jesus wanted time alone with God. He had a very important job to do and he wanted first to STOP, THINK, and PRAY.

Three times the devil came to tempt him, to trick him into doing something that he should not do. Three times Jesus refused. "Away with you, Satan!" Jesus said. And, whoosh! the devil disappeared. God's power made Jesus strong.

When you are tempted to do something you should not do, remember what Jesus did.  
**STOP! THINK! PRAY!**  
God's power will make you strong.



## Help Billy Find the Way

Billy wants to follow Jesus. There are three roads he can take, but only one will take him to Jesus. Can you show Billy the way?

